

Maple Green Community Newsletter #10

April 2024

Important Dates

Thursday, April 11	Young Entrepreneurs Event by Div. 1-4 in the gym
Friday, April 12	PAC Pancake Breakfast for students
Monday, April 15	Grade 7 Special Field Trip
Wednesday, April 17	Ready, Set, Learn for 3, 4 and 5-year-old children
Thursday, April 18	Project Lavender presentation
Friday, April 19	Treat Day
Friday, April 26	Hot Lunch - Little Caesar's

*****Kindergarten registration for Sept. 2024
is now due online!*****

Ready, Set, Learn - April 17, 2024

Three, four and five-year-old children and their parents/caregivers are invited to Maple Green's Ready, Set, Learn event on April 17, 2024 from 1-2 pm. Ready, Set, Learn is a program designed to provide children and families with an opportunity to participate in a series of play-based learning activities within the school setting. Parents/caregivers will receive helpful tips to support their child's learning and development, as well as information about the early learning programs offered by the school district and the community.

Please let us know if you can come by completing the following online form by April 12, 2024: [Ready, Set, Learn Sign Up](#)

Special Events this Month

March 10 was the start of Ramadan, a special month for our students who are Muslim. During the entire month of Ramadan, Muslims fast every day from dawn to sunset. Ramadan is the most sacred month of the year for Muslims as they focus on extra prayer, increased generosity and charity as well as study of the Quran. It is a time of joy and celebration to be spent with loved ones. It culminates April 9 with a 2 day celebration called Eid al-Fitr.

Other students will be celebrating Vaisakhi on April 13 and Sikh Heritage Month throughout April. It is a time to reflect the spirit of peace, love and justice. Regardless of where anyone is on their spiritual journey, this is a day of celebrating Sikh heritage and lineage which teaches to serve humanity with great love, the love that connects us all.

Regardless of a student's faith, hopefully everyone enjoyed special time with family and friends over Spring Break!

Student Learning Surveys

Help us plan for the future - tell us about your education experience. Once again, the Surrey School District is participating in the 2024 Ministry of Education Electronic Anonymous Student Learning Survey Project in cooperation with all other school districts throughout the province. Parents/Guardians/Caregivers can complete the survey **any time before 11:59 pm May 3, 2024** providing immediate results to the school and the district.

To complete the survey:

1. Go to any computer that has an up-to-date internet browser access at home, work, or school.
2. Go to www.bced.gov.bc.ca/sat_survey/access.htm
3. Under the section *Direct Access - no logon number required* select:
 - District: Surrey #36
 - School: Maple Green
 - Language: the language of your choice
4. Thank you for participating!

Student Absences



If your child is going to be away from school or late to school, please call (604-594-8838) and leave a message or email the office at maplegreen@surreyschools.ca and include the following information:

- First and Last Name
- Teacher
- Division
- Reason for Absence



Project Lavender is a unique program that was created in collaboration with high school youth and the Surrey RCMP. This presentation educates youth in grades 5-10 on positive choices and the power of finding your self-worth.

Topics discussed include texting and “sexting”, understanding sexual exploitation, increasing drug and alcohol awareness, and the importance of surrounding yourself with healthy relationships.

Facilitated by Surrey RCMP members, this one-hour presentation is for youth, parents, and the community. Punjabi translation available.

Presentation by Surrey RCMP Youth Section

April 18th at 6 pm

Maple Green Elementary - In the gym

Please click the link to sign up & attend: [Project Lavender Sign up](#)



Royal Canadian Mounted Police Gendarmerie royale du Canada



Order Your Hot Lunch!!!

Little Caesars on **Friday April 26th**

Cheese pizza

Pepperoni pizza

Hawaiian pizza

3Meatpizza

Veggie pizza

Crazy bread

Doritos, Chips, Cookies

Juice

Order & payment deadline

11:59pm Thursday April 18th

www.munchalunch.com/schools/maplegreen

or find the quick link at www.surreyschools.ca/maplegreen

REMINDERS: Late orders cannot be accommodated. Refunds will not be given for student absences. If your child is not at school, contact us and we can put the order aside for you to pick up around 11:40am or consider it a donation to a student in need.

Please makes sure you order and pay online, before the deadline, so your kids don't miss out!

If you have any questions or problems with ordering and/or payment through munchalunch please feel free to contact us at:

maplegreenpac@gmail.com



**Little
Caesars®**

Families, we need your help! On Friday April 12th we have a pancake brunch planned for all the kids and staff at the school. We will start making pancakes around 7:30am and will continue serving until approximately noon. If you, or a family member, can volunteer to help make or serve pancakes, please let us know at maplegreenpac@gmail.com. If you have an electric griddle, please bring it along! We are looking forward to making this a fun event for the students and staff and any help would be greatly appreciated, even if it's only for a short time.



April – Outside play, physical activity, and injury prevention

Get outside and play

Physical activity is a necessary requirement for optimal health – and the benefits are even greater if you can do it outdoors.

Regular physical activity in childhood helps to develop cardiovascular fitness, muscle strength and bone density, and being outdoors is known to improve mental health.

There are many benefits to unstructured, outside play. When children spend time outside, they:

1. **Sit less, move more and play longer** – key to cardiovascular health and fitness.
2. **Have healthier eyes** – 10+ hours a week outside reduces nearsightedness risks.
3. **Sleep better** – sunlight helps regulate melatonin and sleep patterns.
4. **Enjoy improved mood** – exercise reduces symptoms of anxiety and depression.
5. **Feel more connected to nature** – experience calm and develop mindfulness.

Planning active outings doesn't have to be challenging or costly. Here are some ideas that you can try this week:

- **Go for a walk or hike** – try these [10 hikes to take your kids on this summer](#).
- **Play in a forest or park** – try a new [regional park](#) every day for a week.
- **Climb a tree** – this [Vancouver climbing tree](#) is inspiring, but start smaller!
- **Explore a local stream** – check these [beautiful watershed walks](#) in the region.
- **Play hopscotch or jump rope** – try teaching these [six fun jump rope games](#).
- **Swim at the pool, waterpark or beach** – check [beach safety conditions](#) first.
- **Ride a bike or scooter** – find [easy, family-friendly cycling routes](#).
- **Visit farms, fish hatcheries and bird sanctuaries** – this [local family fun guide](#) has unique ideas.

Find more ideas to keep your kids active through the year on Fraser Health's website:

<https://ow.ly/lrmm50PezbK>

Social media posts

Facebook

Physical activity is a necessary requirement for optimal health in children. Visit Fraser Health's website to learn about the importance of physical activity and how to incorporate it into your child's daily activities: <https://ow.ly/e3Zq50Pezc4>.

Twitter

Visit Fraser Health's website to find out how much physical activity is recommended for your child as well as tips to support your child to be physically active: <https://ow.ly/VFMv50PezeJ>.

Instagram

There are many benefits for children who play outside, like cardiovascular health, better sleep and improved mood. Fraser Health's guide to outdoor play can help you plan outdoor activities even when you're on a tight schedule: <https://ow.ly/x2E850Pezcn>.

Image to use with article or social media posts:

