



Holi is a popular and significant Hindu festival celebrated as the Festival of Colours, Love, and Spring.



Holi is primarily observed in South Asia but has spread across the world.
In Canada, Holi is celebrated by organising parties and events.
People throw colours at each other, distribute sweets, and dance to popular songs.



Rooted in Hindu mythology, Holi also celebrates the triumph of good over evil — symbolism that correlates with the passing of winter.



It lasts for a night and a day, starting on the evening of the Purnima (full moon day) falling on the Hindu calendar month of Phalguna, which is typically in the middle of March.

