



Nowruz

Persian and Iranian
New Year

March 20, 2024



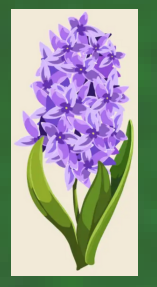
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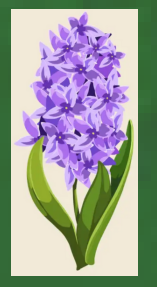
Persian New Year, known as Nowruz, marks the beginning of the New Year in the Iranian calendar and symbolizes the renewal of nature in spring.



The observance of Nowruz involves several rich traditions such as Haft Seen, a table setting of seven symbolic items, each beginning with the Persian letter 's'.



Also included in the celebrations are family gatherings, feasts, and visits to relatives, each aspect representing unity, prosperity, and the love of family.



Originating over 3,000 years ago in ancient Persia, Nowruz originally marked the Zoroastrian New Year.