

Fleetwood Park Secondary School

THURSDAY REVIEW

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FPSS HIGHLIGHT

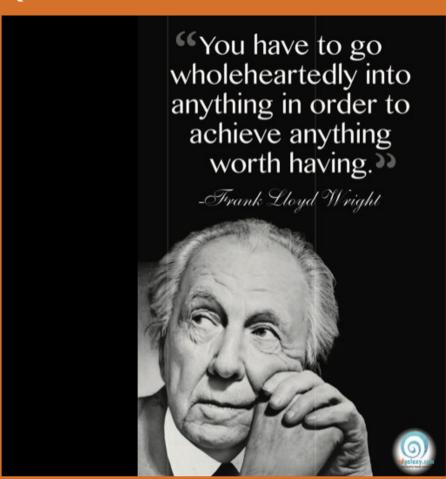
It's Basketball Season!



Go Dragons!!



QUOTATION OF THE WEEK



A LOOK AT THE WEEK AHEAD

Monday January 9

Tuesday January 10

Wednesday January 11 Secondary Dance Festival * Please note time change: Block D, A & part of B

Thursday January 12

Friday January 13Block Rotation: **BADC**Black Excellence Day



UPCOMING EXPLOS

NEWYEAR
2022
CUCC

Wednesday January 11 * Secondary Dance Festival* note time change: Block D, A and part of B

Mon - Fri Jan 23 - 27 * Assessments

Monday January 30 * Flex Day — Dismissal at 1:41 pm

* PAC Meeting

Mon-Tue Jan. 30-31 * Semester Completion Days



Wednesday February 1 * Semester 2 Begins

Wednesday February 8 * Reports Published

* Gr. 9 & 10 Parent Night

Wednesday February 15 * Canadian Computing Competition

* Jazz Night

Monday February 20 * Family Day — Schools Closed

Wednesday February 22 * Gr. 9 Immunizations

* Math Contests

* Gr. 7 Parent Night

Friday February 24 * Non-Instructional Day

Monday February 27 * Flex Day



Wednesday March 1 * Spring Concert
Thursday March 2 * Early Dismissal

Wednesday March 8 * Gr. 9 Immunizations

* Pulse Dance Competition

Friday March 10 * Locker Cleanout

March 13–25 * School Closure Days and Spring Break

Monday March 27 * Schools Reopen - Flex Day

Tuesday March 28 * Valedictorian Applications Available

Wednesday March 29 * Interim Reports



Tuesday April 4 * Euclid Math Contest

Friday April 7 * Good Friday Holiday — No Classes

Monday April 10 * Easter Monday Holiday — No Classes

Tuesday April 11 * Early Dismissal at 1:49 pm

Friday April 14 * Reports Publishes

Mon—Tue April 17 & 18 * Career 9 Conference

Monday April 24 * Flex Day—Dismissal at 1:41 pm

Mon-Fri April 24-28 * Assessments

Wednesday April 26 * Secondary Dance Festival

Poor Weather & Darker Days Require Extra Caution When Traveling To & From School

November 4, 2022

As winter weather begins to settle in and daylight hours decrease, we remind drivers and pedestrians to take care and use extra caution when traveling to and from school.

According to ICBC, nearly half of all crashes with pedestrians happen between October and January and about 80 per cent of those happen at intersections.

Even when drivers are being cautious, heavy rain and fog can limit visibility on the road, making it difficult to see pedestrians.

We all need to do our part - here are some important tips:



Safe walking:

- . Cross only at marked or controlled crosswalks & follow traffic signals: Do not jaywalk or cross when it isn't your turn.
- Make eye contact with drivers as it's hard to see pedestrians when visibility is poor in fall & winter: Never assume a
 driver has seen you! Be certain they see you and that they've committed to coming to a stop.
- Watch for drivers turning left or right through the crosswalk: Drivers may be focused on oncoming traffic and not see you.
- Wait until a crossing guard says it's safe to cross: If your school has a crossing guard, follow their instructions before
 crossing they will make sure it's safe before guiding you across.
- Be as reflective as possible: This will make it easier for drivers to see you in wet weather, and at dawn and dusk.

Safe driving:

- Leave your phone alone: Distraction is the leading factor for drivers in crashed involving pedestrians and cyclists. Poor
 weather only makes it riskier.
- Scan crosswalks & intersections from left to right as you approach: Take extra care in school zones and near transit stops, especially when turning at intersections.
- Give yourself enough stopping distance: You need more time to stop when roads are wet or slippery or when you're
 driving fast. At a slower speed, motorists have better chance to react when children or others are crossing the road.
 This could be the difference that saves a life!
- Stick to the speed limit: A 30 km/h speed limit is in effect in school zones from 8 a.m. to 5 p.m. every school day, unless otherwise posted. In playground zones, a 30 km/h speed limit is in effect every day from dawn to dusk.
- Notice if other drivers are slowing down or stopping: If a vehicle is stopped in front of you or in the lane next to you,
 they may be yielding to a pedestrian, so proceed with caution and be prepared to stop.

Whether driving, walking or cycling, expect the unexpected, stay alert and stay safe!



LET'S KEEP OUR SCHOOL COMMUNITY SAFE THIS COLD AND FLU SEASON





CLEAN HANDS OFTEN



COVER COUGHS AND SNEEZES



STAY HOME WHEN ILL



GET YOUR RECOMMENDED VACCINATIONS

Vaccinations remain the best defence against COVID-19 and influenza.

Stay home if you are not feeling well or are experiencing symptoms including fever and/or chills, recent onset of coughing, or diarrhea.

The general guidelines are:

- For fever: stay home until you do not have a fever and feel well enough to return to your regular activities.
- For undiagnosed vomiting and diarrhea: Stay home until there has been 24 hours since your last episode.

Staff, students or visitors can attend school if their symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies) or symptoms have improved enough to where you feel well enough to return to regular activities, and any fever has resolved without the use of fever-reducing medication (e.g. acetaminophen, ibuprofen).

if a staff member, student or visitor develops symptoms of illness while at school and is unable to participate in regular activities, they should go home until their symptoms have improved.



The decision to wear a mask or face covering is a personal choice for everyone. This choice will be supported and treated with respect in all our schools. Disposable masks will continue to be available at our sites for those who wish to use them.

If you are unsure or concerned about your symptoms, please connect with your health care provider or call 8-1-1.





ਜ਼ੁਕਾਮ ਅਤੇ ਫਲੂ ਦੇ ਇਸ ਸੀਜ਼ਨ ਦੌਰਾਨ ਆਉ ਆਪਣੇ ਸਕੂਲ ਭਾਈਚਾਰੇ ਨੂੰ ਸੁਰੱਖਿਅਤ ਰੱਖੀਏ!











ਹੱਥਾਂ ਨੂੰ ਕਈ ਵਾਰ ਧੋਵੇਂ ਖੰਘ ਅਤੇ ਛਿੱਕਾਂ ਨੂੰ ਢਕੋ

ਜਦੋਂ ਬੀਮਾਰ ਹੋਵੋ ਤਾਂਘਰ ਰਹੇ

ਤੁਹਾਡੇ ਲਈ ਸਿਫਾਰਿਸ਼ ਕੀਤੇ ਗਏ ਵੈਕਸੀਨ ਲਵਾਉ

ਵੈਕਸੀਨ ਕੋਵਿਡ-19 ਅਤੇ ਵਲੂ ਲਈ ਸੱਤ ਤੋਂ ਵਧੀਆ ਸੁਰੱਖਿਆ ਹਨ।

ਜੇ ਤੁਸੀਂ ਠੀਕ ਮਹਿਸੂਸ ਨਾ ਕਰ ਰਹੇ ਹੋਵੋ ਜਾਂ ਜੇ ਤੁਹਾਨੂੰ ਬੁਖਾਰ ਹੋਵੇ ਅਤੇ/ਜਾਂ ਪਾਲਾ ਲੱਗ ਰਿਹਾ ਹੋਵੇ, ਤੁਹਾਨੂੰ ਖੰਘ ਆਉਣੀ ਸੂਰੀ ਹੋਈ ਹੋਵੇ ਜਾਂ ਤੁਹਾਨੂੰ ਟੱਟੀਆਂ ਲੱਗੀਆਂ ਹੋਣ ਤਾਂ ਘਰ ਰਹੋ।

ਆਮ ਸੇਧਾਂ ਇਸ ਪ੍ਰਕਾਰ ਹਨ:

- 🛘 ਬਿਨਾਂ ਕੈਟਰੋਲ ਦੇ ਬੁਘਾਰ ਲਈ: ਉਦੋਂ ਤੱਕ ਘਰ ਰਹੇ ਜਦੋਂ ਤੱਕ ਤੁਹਾਨੂੰ ਸੁਮਾਰ ਨਾ ਹੋਵੇ ਅਤੇ ਤੁਸੀਂ ਆਪਣੀਆਂ ਆਮ ਸਰਗਰਮੀਆਂ ਵੱਲ ਵਾਪਸ ਆਉਣ ਲਈ ਠੀਕ ਮਹਿਸੂਸ ਨਾ ਕਰਦੇ ਹੋਵੇ।
- ਉਹਨਾਂ ਉਲਟੀਆਂ ਅਤੇ ਟੈਂਟੀਆਂ ਲਈ ਜਿਹਨਾਂ ਦੇ ਕਾਰਨ ਦਾ ਪਤਾ ਨਾ ਹੋਵੇ: ਉਨੀ ਦੇਰ ਤੱਕ ਘਰ ਰਹੇ ਜਿੰਨੀ ਦੇਰ ਤੱਕ ਤੁਹਾਨੂੰ ਆਮਰੀ ਉਲਟੀ ਜਾਂ ਟੇਂਟੀਆਂ ਆਈਆਂ ਨੂੰ 24 ਘੰਟੇ ਨਾ

ਸਟਾਫ ਦੇ ਮੈਂਬਰ, ਵਿਦਿਆਰਥੀ ਜਾਂ ਵਿਜ਼ਟਰ ਸਕੂਲ ਵਿੱਚ ਆ ਸਕਦੇ ਹਨ ਜੇ ਉਹਨਾਂ ਦੇ ਲੱਛਣ ਪਹਿਲਾਂ ਪਛਾਣੀ ਹੋਈ ਸਿਹਤ ਸਥਿਤੀ (ਜਿਵੇਂ ਮੌਸਮੀ ਅਲਰਜੀ) ਨਾਲ ਮੇਲ ਖਾਂਦੇ ਹੋਣ ਜਾਂ ਲੱਛਣਾਂ ਵਿੱਚ ਇੰਨਾ ਸੁਧਾਰ ਆ ਗਿਆ ਹੋਵੇ ਕਿ ਉਹ ਆਮ ਸਰਗਰਮੀਆਂ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਣ ਲਈ ਕਾਫੀ ਠੀਕ ਮਹਿਸੂਸ ਕਰਦੇ ਹੋਣ, ਅਤੇ ਕਿਸੇ ਵੀ ਤਰ੍ਹਾਂ ਦਾ ਸੁਮਾਰ, ਸੁਮਾਰ ਘਟਾਉਣ ਵਾਲੀਆਂ ਦਵਾਈਆਂ (ਜਿਵੇਂ ਐਸੀਟਾਮਿੰਨੋਫਿਨ, ਆਇਸ਼ਪ੍ਰੋਫਿਨ) ਲਏ ਬਿੰਨਾਂ ਠੀਕ ਹੋ ਗਿਆ ਹੋਵੇ।

ਜੇ ਕਿਸੇ ਸਟਾਵ ਮੈਂਬਰ, ਵਿਦਿਆਰਸ਼ੀ ਜਾਂ ਵਿਜ਼ਟਰ ਵਿੱਚ ਸਕੂਲ ਵਿੱਚ ਹਾਜ਼ਰ ਹੋਣ ਸਮੇਂ ਲੱਛਣ ਪ੍ਰਗਟ ਹੋ ਜਾਂਦੇ ਹਨ ਅਤੇ ਉਹ ਆਮ ਸਰਗਰਮੀਆਂ ਵਿੱਚ ਹਿੱਸਾ ਨਹੀਂ ਲੈ ਸਕਦਾ, ਤਾਂ ਉਸ ਨੂੰ ਲੱਛਣਾਂ ਵਿੱਚ ਸੁਧਾਰ ਹੋਣ ਤੱਕ ਘਰ ਚਲੇ ਜਾਣਾ ਚਾਹੀਦਾ ਹੈ।



ਮਾਸਕ ਪਾਉਣਾ ਜਾਂ ਚਿਹਰਾ ਚੋਣ ਹੈ। ਸਾਡੇ ਸਾਰੇ ਸਕਲਾਂ ਵਿੱਚ ਇਸ ਚੋਣ ਦਾ ਸਮਰਥਨ ਸਾਡੀਆਂ ਸਾਰੀਆਂ ਸ਼ਾਂਦਾਂ 'ਤੇ ਉਨ੍ਹਾਂ ਲੋਕਾਂ ਲਈ ਇਕ ਵਾਚ ਪਾ ਕੇ ਸੁੰਟਣ ਵਾਲੇ ਮਾਸਕ ਉਪਲਬਧ ਹੋਣਗੇ ਜਿਹਤੇ ਲੋਕ ਉਹਨਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨਾ ਚਾਹੁੰਦੇ



ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੇ ਲੱਛਣਾਂ ਬਾਰੇ ਪੱਕਾ ਪਤਾ ਨਾ ਹੋਵੇ ਜਾਂ ਉਹਨਾਂ ਬਾਰੇ ਫਿਕਰ ਹੋਵੇ ਤਾਂ ਆਪਣੇ ਸਿਹਤ ਸੰਭਾਲ ਦੇਣ ਵਾਲੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ ਜਾਂ 8-1-1 'ਤੇ ਕਾਲ ਕਰੋ।



Immunization Information

Public health is encouraging everyone to stay up to date on their immunizations, including for COVID-19 and influenza (flu). Vaccines are safe and the best way to prevent influenza and severe illness from COVID-19. Schools are encouraged to share that staff, parents, caregivers, and students can get trusted information from Immunize BC.









It's Important To Continue Doing Daily Health Assessments

Daily Health Assessments, staying home when sick, maintaining personal distancing when possible, frequent hand washing, cough and sneeze etiquette are all steps that remain in place in our schools and district facilities and help reduce the risk of COVID-19 transmission.

For those who are able, vaccination and wearing a mask while indoors also reduce your own personal risk and reduces the likelihood of transmitting to others.

For more information, check the <u>Provincial COVID-19 Communicable</u> <u>Disease Guidelines for K-12 Settings</u> or the province's <u>COVID-19 safeschools</u> website.

Thank you for continuing to keep our schools and workplaces healthy!









Financial Support

Financial support to make school more affordable for families that need it most.

In late August, the provincial government announced \$60 million in one-time funding to school districts in B.C. — including \$7.385 million to Surrey Schools — to make school more affordable for students and families.

Our district has now received this funding and has allocated amounts to all of our schools. Moving forward, these funds will be used to support families struggling with the rising cost of living due to inflation. We can use these funds at our school to ensure students can continue to participate fully in school, despite challenging financial situations. These funds can be used to help with school supplies, food and clothing costs, and additional fees so that students in need can take part in activities, such as field trips.

Families are encouraged to reach out to principals, teachers, or their school office staff if any financial support is needed for school-based supplies or activities.



Traffic safety around Fleetwood Park Secondary continues to be a critical priority for our community.

With increasing enrollment, the number of vehicles navigating around and within our school grounds also increases. It is essential that all drivers are very cautious while driving near the school and are aware of the many student pedestrians who are nearby. All students and parents/guardians are requested to consider the following:

- If possible, students please walk and/or bike to school. Fewer vehicles attempting to drop off and/or pick up students will be very helpful.
- Do not enter the school's parking lots for drop-off/pickup. Please drop off your children 2-3 blocks away from the school and avoid the traffic congestion around the school.
- Consider drop-off/pick up earlier and/or later in the morning/ afternoons to avoid peak traffic times.
- Do not turn left onto 80th Ave out of the school lot... this creates more traffic backlog.

Thank you for your help in keeping our students safe.











Fleetwood Park Secondary Dry Grad 2023



Upcoming Fundraisers

Tree Chipping, Bottle Drive & Clothing Drive

Date: Saturday, January 7th, 2023

Location: 7940 156 street

Time: 10am -2pm



Drop off bottles and clothing donations. Bring in your tree for chipping.

If you want bottles or clothing bags picked up, please email drygradfleetwoodpark@gmail.com

Chipotle Night

Date: Sunday, Jan 15th, 2023 Location Guildford Mall Time 4-8 pm

Students and parents go there to buy food. They will let the servers know they are ordering for Fleetwood Park Dry Grad. 33% of all sales go to Fleetwood Park Dry Grad.



Contact drygradfleetwoodpark@gmail.com

Please visit instagram **fpssdg** to get more information on fundraisers.

Please support Dry Grad 2023.





This Week at Fleetwood Park

Thursday January 5, 2023

Welcome Back Dragons,

I hope everyone had a relaxing and enjoyable Winter Break and Christmas with time for family, friends and special holiday traditions. We are now "back in business" and focussed on the completion of the first semester. Over the next month our students and staff will be working hard to complete their Curricular and Core Competencies and final assessments. It will be a very important time of learning, and we wish all Dragons a productive and successful semester-end. All students are reminded of the value of asking questions, seeking extra help, establishing healthy and structured study routines and asking for support as needed. Our staff are here for our students in order to ensure their success.





Principal's Message ~ continued

On the final evening before our Winter Break, I had the privilege of attending our Dragon Tales Theatre Company's production of "Lonely Hearts Club". The cast and crew played to a full house of family and friends, and it was a wonderful celebration of the hard work, dedication and talents of our students. I thoroughly enjoyed the show and send my thanks and congratulations to Mr. Rossiter and the entire Theatre company. Well done Dragons!



With our return to school, Basketball season is now in full stride. Over the next weeks our teams will be competing in a variety of tournaments including the Surrey Firefighter's Goodwill Games and the Surrey RCMP Classic. We are in for some exciting and entertaining games. Good luck to all of our Basketball teams this season.





Principal's Message ~ continued

Fleetwood Park's students and staff are very reflective and creative. The classroom hallway displays are powerful examples of their learning and thinking. We appreciate these glimpses into the learning process and celebration of our school culture.





I hope your first week back has been filled with the joys of friendships and re-establishing routines of health, discipline, growth and productivity. The next month at Fleetwood Park Secondary will be full of new challenges, excellence in learning, celebration and reward.

Happy New Year Dragons!

Ken





Kindness ...

Uplifts, heals, brings us together and also has health benefits.





Fleetwood Park Secondary School

7940 156 St. Surrey BC V3S 3R3 Tel: 604-597-2301 Fax: 604-597-6481 www.surreyschools.ca/fitsec

Daily Bell Schedule Rotation 2022 - 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25				
Period A	Period B	Period C	Period D	Rotation 8:30 - 9:51
8:30 - 9:51	8:30 - 9:51	8:30 - 9:51	8:30 - 9:51	
Period B	Period A	Period D	Period C	Rotation 9:56 - 11:17
9:56 - 11:17	9:56 - 11:17	9:56 - 11:17	9:56 - 11:17	
Lunch 11:17 - 11:57				
Period C	Period D	Period A	Period B	Rotation
12:02 - 1:23	12:02 - 1:23	12:02 - 1:23	12:02 - 1:23	12:02 - 1:23
Period D	Period C	Period B	Period A	Rotation 1:28 - 2:49
1:28 - 2:49	1:28 - 2:49	1:28 - 2:49	1:28 - 2:49	

Flex Days Schedule & Dates

Bell Schedule			
Period 1	8:30 - 9:34		
Period 2	9:39 - 10:43		
Period 3	10:48 - 11:52		
Lunch	11:52 - 12:32		
Period 4	12:37 - 1:41		
Dates			
Monday	September 19, 2022		
Monday	October 31, 2022		
Monday	November 28, 2022		
Friday	December 16, 2022		
Monday	January 30, 2023		
Monday	February 27, 2023		
Monday	March 27, 2023		
Monday	April 24, 2023		
Tuesday	May 30, 2023		
Wednesday	June 28, 2023		

Early Dismissal Bell Schedule

Bell Schedule		
Period 1	8:30 - 9:36	(66 mins)
Period 2	9:41 - 10:47	(66 mins)
Lunch	10:47 - 11:27	(40 mins)
Period 3	11:32 - 12:38	(66 mins)
Period 4	12:43 - 1:49	(66 mins)

Friday Rotation

Friday Dates and Block Rotation				
Sep. 9 ABCD	Feb. 3 ABCD			
Sep. 16 BADC	Feb. 10 BADC			
Sep. 23 CDAB	Feb. 17 CDAB			
Sep. 30 Holiday	Feb. 24 NID			
Oct. 7 DCBA	Mar. 3 DCBA			
Oct. 14 ABCD	Mar. 10 ABCD			
Oct. 21 NID	Mar. 13 - 24 Closure			
Oct. 28 BADC	Mar. 31 BADC			
Nov. 4 CDAB	Apr. 7 Holiday			
Nov. 11 Holiday	Apr. 14 CDAB			
Nov. 18 DCBA	Apr. 21 DCBA			
Nov. 25 ABCD	Apr. 28 ABCD			
Dec. 2 BADC	May. 5 NID			
Dec. 9 CDAB	May. 12 BADC			
Dec. 16 DCBA	May. 19 CDAB			
Dec. 19-Jan 2 Closur	e May. 26 DCBA			
Jan. 6 ABCD	Jun. 2 ABCD			
Jan. 13 BADC	Jun. 9 BADC			
Jan. 20 CDAB	Jun. 16 CDAB			
Jan. 27 DCBA	Jun. 23 DCBA			
	Jun. 30 Schools Close			



Our Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."



