



PAC MEETING MINUTES

February 13, 2023 — 7pm

This meeting was held via Zoom
Meeting ID 940 9634 9403 Passcode 781504

1. Welcome/Call to Order
 - a. 7:00 pm
 - b. Land Acknowledgement
 - c. 41 in attendance

2. Approval of Agenda
 - a. Motion to approve (Anjie) and seconded (Chandra), majority approved

3. Approval of Minutes of Last Meeting [January 23, 2023](#)
 - a. Motion to approve (Anjie), majority approved

4. Principal's Report
 - a. Highlights / upcoming events
 - February 15 Course selection assemblies
 - February 22 Pink Shirt Day, activities planned
 - February 24 Pro d day - focus on assessment,
 - February 21 First Peoples in residence week, district multicultural
 - March 1-3 Interim reporting week, let's parents know where students are
 - March 3 Java and Jazz night 7pm, run by Ms. Smith
 - March 9 Parent Teacher night, get to meet new teachers, review interim
 - March 13 Spring Break - March 27 School re-opens

[VIEW SCHOOL CALENDAR HERE](#)

b. Student Course Selection 2023-2024

- Feb 15 Grade 8-11 Course selection assemblies, will be going over course selection for each grade
- Feb 15-26 All students will log into MyEdBC and enter their course selections, no paper submissions. The instructions are self explanatory, quicker and more accurate. No changes after Feb 26th
- Please take time to plan and select courses carefully as there will be little room for changes, especially Gr 9 going into Gr 10. Contact your counselor for assistance
- 3 AP classes offered next year, 25 plus students needed to run each class
- There are live link beside the courses
- Course Selection Information Book
<https://sbsurreystor.blob.core.windows.net/media/Default/fgg/8515/GH-2023-2024-Course-Description-Book.pdf>
- More information on school website TAB Resources-Grandview Heights Courses
- Student MyEdBC login reset / help
<https://forms.office.com/r/tUM2ac0B1J>
- Very important to make informed choices as teachers are hired based on selection

c. **Q & A period** (Principal Bedard)

- If you have any questions pertaining to an individual matter please email Mr. Bedard directly. bedard_d@surreyschools.ca
- Please download the Grizzly APP

5. Guest Speakers - Dean Shiels and Nathan Fleming from GHSS Hockey Academy Big hockey community, school is passionate about it, grade 10-12 with a couple of grade 9's. Currently a week and ½ into it, open to all grades 2023/2024

a. Our purpose

- To provide our Grandview students who play hockey an opportunity within our school to develop their hockey skills, improve their fitness, create life-long friendships and build their leadership skills. We strive to create an inclusive environment and to inspire each player to reach their goals.

b. What makes us unique

- No need to move from association or move to a new school, program is built around keeping players at their home association and catchment
- We are a single block academy that prioritizes Academics

- Inclusive Academy for top level and recreational players, making it inclusive for everyone
- You don't have to transfer schools to receive an Academy experience
- Students can play with their association or zone team while in Academy
- Top level coaches and professionals with Pro, College & Junior experience, looking for more female athletes
- Academy experience includes all aspects of the game
- Community and school leadership component
- Official Hockey Canada Skills Academy, access to b
- Partner with Semi's hockey team and Surrey Falcons female association

c. Dean Shiels

- Grandview Teacher
- Former UBC Hockey Player
- 20 Years Coaching Experience in Minor Hockey & Junior
- Former Pro, College & Junior Strength and Skills Coach

d. Nate Fleming

- Grandview Teacher
- Former UBC Hockey Player & Assistant Coach
- Played Pro Hockey in Europe
- U15 AAA Coach for Valley West Giants

FEBRUARY 2023						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Semester 2 Begins Orientation /Testing	2 On-Ice @ SSLC 8:00am-9:00am	3 Testing @Grandview Block D	4
5	6 On-Ice @ SSLC 2:15pm-3:15pm	7 Off-Ice Training @Grandview 11:57am-1:19pm	8 Off-Ice Training @Grandview Block D (2 nd Block)	9 On-Ice @ SSLC 8:00am-9:00am	10 Off-Ice Training @Grandview Block D	11
12	13 On-Ice @ SSLC 2:15pm-3:15pm	14 Off-Ice Training @Grandview 11:57am-1:19pm	15 Off-Ice Training @Grandview Block D (2 nd Block)	16 On-Ice @ SSLC 8:00am-9:00am	17 Off-Ice Training @Grandview Block D	18
19	20 FAMILY DAY	21 Off-Ice Training @Grandview 11:57am-1:19pm	22 Off-Ice Training @Grandview Block D (2 nd Block)	23 On-Ice @ SSLC 8:00am-9:00am	24 PRO-D DAY	25
26	27 On-Ice @ SSLC 2:15pm-3:15pm	28 Off-Ice Training @Grandview 11:57am-1:19pm				

- Ice is very limited and to keep transportation costs down, bus picks up and drop at the last block, parents pick up rink
- Thursday parents drop at the rink first thing and bus picks up to take to school



GRANDVIEW HEIGHTS HOCKEY ACADEMY 2023 Weekly schedule

Monday: A B C D ON-ICE DAY

- 8:00 AM – 8:15 AM – Hockey gear drop at gear storage locker
- Block A – 8:52 AM – 9:47 AM
- Block B – 9:52 AM – 11:14 AM
- LUNCH – 11:14 AM – 11:57 AM
- Block C – 11:57 AM – 1:19 AM
- Block D – Hockey Academy
 - 1:20 PM – 1:30 PM – Meet at gear storage
 - 1:30 PM – Bus leaves gear storage for SSLC
 - 1:50 PM – Arrival at SSLC
 - 2:15 PM – 3:15 PM – Ice Session at SSLC [BE READY FOR ICE AT 2:10 PM]
 - 3:30 PM – Parent pick up at SSLC

Tuesday: B A D C

- Block B – 8:52 AM – 9:47 AM
- Block A – 9:52 AM – 11:14 AM
- LUNCH – 11:14 AM – 11:57 AM
- Block D – 11:57 AM – 1:19 AM – Hockey Academy
 - Meet at Grandview Weight Room at 11:57 AM
- Block C – 1:24 PM – 2:47 PM

Wednesday: C D A B

- Block C – 9:10 AM – 10:21 AM (Late start day) 8:25 AM – 9:36 AM (Early dismissal day)
- Block D – Hockey Academy – Meet at Grandview Weight Room at start of block
 - 10:26 AM – 11:37 AM (Late start day) 9:41 AM – 10:52 AM (Early dismissal day)
- LUNCH – 11:37 AM – 12:20 PM (Late start day) 10:52 AM – 11:35 AM (Early dismissal day)
- Block C – 12:20 PM – 1:31 PM (Late start day) 11:35 AM – 12:46 PM (Early dismissal day)
- Block D – 1:36 PM – 2:47 PM (Late start day) 12:51 PM – 2:02 PM (Early dismissal day)

Thursday: D C B A ON-ICE DAY

- Block D – Hockey Academy
 - Parents drop off at SSLC by 7:30 AM
 - On-Ice Session – 8:00 AM-9:00 AM [BE READY FOR ICE AT 7:55 AM]
 - Bus departs SSLC – 9:15 AM
 - Bus arrives at Grandview – 9:35 AM
 - Gear dropped at gear storage – 9:35 AM- 9:40 AM
- Block C – 9:52 AM – 11:14 AM
- LUNCH – 11:14 AM – 11:57 AM
- Block B – 11:57 AM – 1:19 AM
- Block A – 1:24 PM – 2:47 PM
- Gear pick up at gear storage – 2:50pm-3:00pm

Friday – Blocks Rotate Each Week

Check the Grandview App for the Friday block order

- Block D – Hockey Academy – Meet at Grandview Weight Room at the start of the block

e. On Ice Development Program

- Two on-ice skill development session per week
Mondays: 2:15-3:15PM and Thursdays: 8:00AM-9:00AM
- Three on-ice development coaches , goalie coaches once per week
- Explosive skating and speed development
- Multi-directional skating and change of speed

- Offensive creativity, puck protection & evasive moves
 - Hockey IQ, vision, and game awareness
 - Position specific skating patterns and skills
 - Advanced individual skills, tactics, and small space games
- f. On Ice Development Coaches
- MIKE SANTORELLI, play with the Canucks
 - MARK SANTORELLI, played with National Predators
 - RICHARD MUELLER, played 20 years of prof hockey
 - SHANE KUSS, MATT ERHART OR TOPHER PLONKA, coaches from Semi
 - KAI MCDONALD AND LYNDEN SAMMARTINO, goalie development coaches
 - DEAN SHIELDS
 - NATE FLEMING
- g. Off Ice Development Program
- 2- 3 Off-Ice training sessions per week
 - Hockey specific strength and power development
 - Speed, quickness, agility, and acceleration
 - Movement mechanics and efficiency
 - Stability and mobility
 - Core strength and rotational power
 - Anaerobic Conditioning
 - Recovery and regeneration
- h. Other Program areas
- NHL combine level testing, similar to NHL draft
 - Sports nutrition
 - Mindset and sports psychology
 - Visualization training
 - High performance habits
 - Goal setting
 - Off-ice cross over sports (floorball, floor hockey, small space games)
 - Field trips – UBC Hockey, Vancouver Canucks, Grouse Grind

- i. Community/School School Service
 - Foundational part of the Academy- "Giving Back" and "Becoming a Leader"
 - Each student must complete a minimum of 10 hours of community/school service
 - Must be completed between February 2 and June 16

- j. Expectations
 - BE READY
 - Positive attitude
 - Be the hardest worker everyday
 - Commitment
 - Make other players better
 - Be a leader
 - Bring energy
 - Stay focused and disciplined
 - Contribute to the academy team, school & community
 - Enjoy the journey

- k. Questions
 - Parent questions: Does everyone who applies get in? The process is an application that is prioritized by time with a teacher reference and must have a good standing with the school i.e. attendance. Limited to semester 2 only and capped because of the ice time. The hockey season ends at spring break so only a month of crossover. There is a level of hockey skill required, not a learn to skate program.
 - For next year Junior group from 8/9 and senior 10/11/12
 - ,Reach out to Dean or Nate with any other questions at the school

- 6. PAC Executive Reports
 - a. President (Anjie)
 - Moving forward we will be moving ALL PAC meetings to Zoom as we found the in person meetings were not well attended, we love to have a bigger turnout
 - Guest Speakers - it is our priority to work toward the goals set gathered by the surveys, list of people that will be invited to next meeting i.e. police liaison and school heads of depts

b. Vice President (Brooke)

- GH Scholarship Committee

Thank you to our Scholarship committee members for your time and participation. With your help we have successfully and thoughtfully established the framework for our 5 PAC funded scholarships this year.

- The list for all in house Scholarships is set to be published this week.

Look for that link on our school website under “Graduation Information”

- Application deadline will be mid March

<https://www.surreyschools.ca/grandviewheights/page/138024/scholarships>

- In addition here is a link to the posted list of Scholarships for Surrey Schools. Grade 12 students can apply to these as well

<https://www.surreyschools.ca/page/11480/post-secondary-scholarships>

- Donut Day Fundraiser

On Friday February 10th 2023 we had our LAST donut day for this school year. Decision has been made to stop the Donut Day fundraiser due to a combination of decreased interest (sales approx 30-40% of previous sales) and a HUGE increase of wholesale cost of donuts in the past 6 months previous cost \$6.00/Dzn now \$8.50/Dzn = 41% increase

THANK YOU all very much for your support of our donut days for the past 2 years. A HUGE Thank you to our Volunteer helpers !!

- Will reassess next year

- Reach out anytime: grandviewheightspac@gmail.com

c. Chandra Blouin, Secretary

- Email Subscribers: 712 (up 0)

- Facebook: 295 members (up 5)

- 6 parent emails sent including last month’s meeting minutes, donut and Grad Pub Fundraiser emails, and tonight’s meeting invitations

- Links to subscribe to our email and Facebook page

Email subscribe:

<https://surreyschools.us6.list-manage.com/subscribe?u=347d1a1dde9d97a29536172d7&id=f85b29883e>

Facebook: <https://www.facebook.com/groups/359856008831010>

d. Janeen Caissie, Secretary (Chandra reported while Janeen took minutes)

- Jan 23rd meeting minutes went out to parents by email on Jan 25th

- Next meeting will be Apr 17th via Zoom

- e. Stephanie Barritt, DPAC Rep
 - Student and Family Assistance Fund. Questions re: carry over to next year. Trustee Holmes to provide further update, will be updated the next meeting
 - Funding for technology in schools being specifically requested by PAC's vs plan for funding from District, and why PAC's aren't asked for input to the technology purchased with PAC raised funds, school admin are sending requests to the PAC for tech, PACs are doing fundraising but not having any input on spend, parents have concerns on vast variety of tech being used, it is a struggle and frustration that there is no consistency
 - DPAC scholarships and bursaries
<https://surreydpac.ca/surrey-dpac-scholarship-bursary/>
 - Parents interested in attending: <https://surreydpac.ca/dpac-meetings>

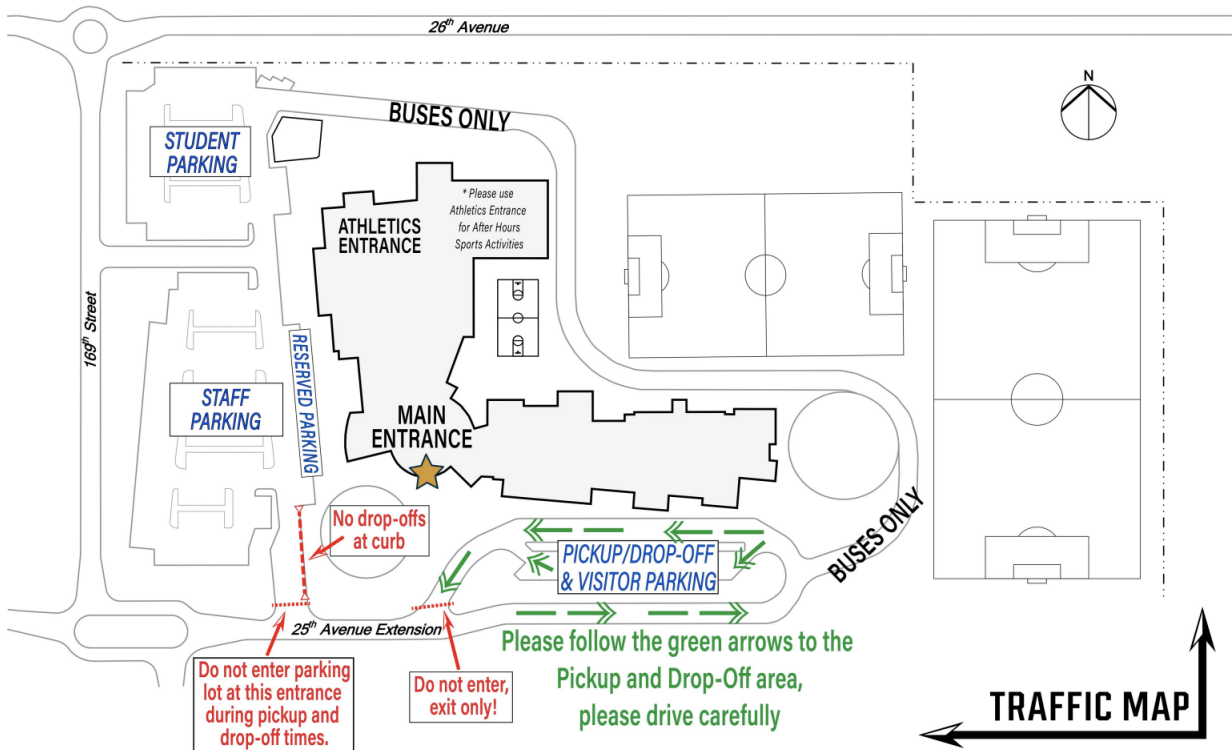
- f. Lakhbir Johal, Treasurer
 - Bank Report

GRANDVIEW HEIGHTS SECONDARY SCHOOL – TREASURER’S REPORT – Monday February 13, 2023

The screenshot shows a web interface titled "Account Details" with a "SHOW FAVOURITES" link. Under the heading "Select an account", there is a "MEMBERSHIP 40749733" section. Three account cards are displayed:

Account Name	Account Number	Balance
Coast Community Che...	110021927748 (100)	\$11,492.68
GAMING ACCOUNT	110021927805 (101)	\$27,302.51
DRY GRAD	110025095583 (102)	\$16,850.44

- g. Traffic update (Darren) always a reminder to slow down for the parents, any immediate concerns please let us know



- grandviewheightspac@gmail.com to volunteer

6. New Business (reported)


a. Dry Grad

- Donations or Sponsor Scholarship email: lakhbirjohal@yahoo.com
- Dry Grad Tickets \$50 - School Cash Online or e-transfer to grandviewdrygrad@gmail.com
- Volunteers Parent Gr 10/Gr 11/Gr 12 email l_cheema@hotmail.com
- Pub Night Fundraiser approx. \$7,200.00, it was very successful
- Sold 112 tickets = Net Proceeds \$1537.73
- Silent Auction, 45 items = Net Proceeds \$4,352.27
- 50/50 draw - Total sales \$900.00 / Pot \$450.00
- Wine Raffle - Total sales \$860.00
- Grad Donations & Sponsorship email: lakhbirjohal@yahoo.ca
- Looking to set a dry grad parents meeting Feb 27th at 6:30pm, link to be provided

7. Reminders

- a. PAC donations to support the remaining non-funded activities
 - Donations support school clubs, equipment, events, programs, families and more.
 - Send e-transfer to grandviewheightspac@gmail.com (Auto deposit is set-up, no password required)
 - Make cheque payable to Grandview Heights PAC (send with your child to school/have them drop it off at the school office)

- b. School App
 - Go to App store on your Android or iPhone device
 - Search “Grandview Heights Secondary”
 - See daily block rotation, serverly menu, report an absence and more
 - Notification is set to go out with major announcements only otherwise parents would get 50 notifications per day

- c. Would you like to volunteer to help PAC
 - All parents and guardians welcome
 - No commitment to be Member at Large (MAL)
 - We email all MAL’s when we need help
 - If you can help, great! If not, maybe next time.
 - Email grandviewheightspac@gmail.com and let us know you want to be a MAL 

Next Meeting - Monday, April 17, 2023 - 7pm on Zoom

Adjournment - 7:56pm