

For more information please contact:
Surrey Association for Community Living

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The BUILD Program

Building Upon Individual Learning and Development

The BUILD Program supports teens to enhance or develop skills needed for transition.

The BUILD Program provides a safe environment where youth can identify the specific transition goals they need to learn and will receive support to achieve.

**The program will run September through June
3 days per week, supporting youth at a 1:3 ratio**

BUILD is a program for youth eligible for an over year,
but who are not wanting to return to the
school setting.

The youth who attend the BUILD program are
interested in working on:

LIFE SKILLS
EMPLOYMENT
TRANSPORTATION
HEALTH AND WELLNESS

About the program.....

The Build program provides transitional supports to target specific goals to assist youth with tools to support independence. Typically, the youth supported in Build will not be eligible for a CLBC Community Inclusion Program.

The Build program provides youth with a variety of activities that are customized to each individual's support needs and focused on the four main goal areas: Life skills, Health and Wellness, Transportation and Employment.

The program is provided 3 days per week. This allows for transportation goals to be worked on and the visitation to different sites that include post-secondary institutions, employment work sites, community services and recreation facilities.

In the Build program, each day is planned out specifically for goals targeted that day. The program provides certification and staff support in a variety of areas including first aid and food safe. Also on the job training in various Employment sectors, is provided and is included as part of the program.

The Build staff will accommodate the need to attend days outside of the three days per week. This is included in the program and allows for all additional training and Community workshops.

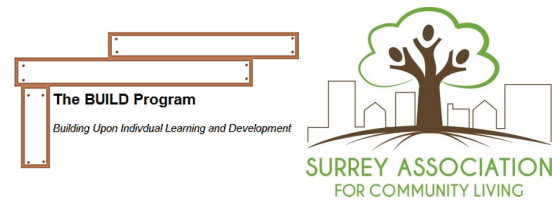
Individualized tours for the youth's employment preferences are arranged to provide information and future career goals.

Post-secondary tours and information sessions are attended by the youth. The Build staff then provide the information to families for their follow up.

Communication is sent home weekly to include parents in the youth's goal developments.

It is the hope of the Build program that each individual is ready to transition in June to post-secondary/employment/or additional transition programs.

When the Build program concludes SACL will provide resources and guidance to families for ongoing support.



The BUILD Program

EMPLOYMENT

**Resume and Interview Skills
Work Place Etiquette
Job Searching Skills
Work Experience/Job Shadowing/
Volunteering
Food Safe/ First Aid
Career Exploration
Self Employment
Post Secondary**

LIFE SKILLS

**Time Management
Budgeting Skills
Money Transactions and Cash
Handling
Community Connections
Interpersonal Development
Conflict Resolution
Self Motivation**

HEALTH AND WELLNESS

**Healthy Relationships
Hygiene
Personal Boundaries
Health / Diet / Exercise
Stress Management
Self Advocacy
Individual Goal Setting**

TRANSPORTATION

**Safety on Transit and in Community
Transit Training on all Lines
Online/ Phone/ Text
Compass Card/ Taxi/ Handy
Dart
Problem Solving Skills
Independence on Transit**

- **Confirmation with School District and Family that program is a fit for the youth.**
- **Youth is interested in working on transition goals**
- **Youth will benefit from 1:3 ratio**
- **Information given to school liaison by April of current school year for September program start.**