Core Competencies

Reflections and Spaces Education

Download the Spaces App

or see the next slide for the website directions

Android

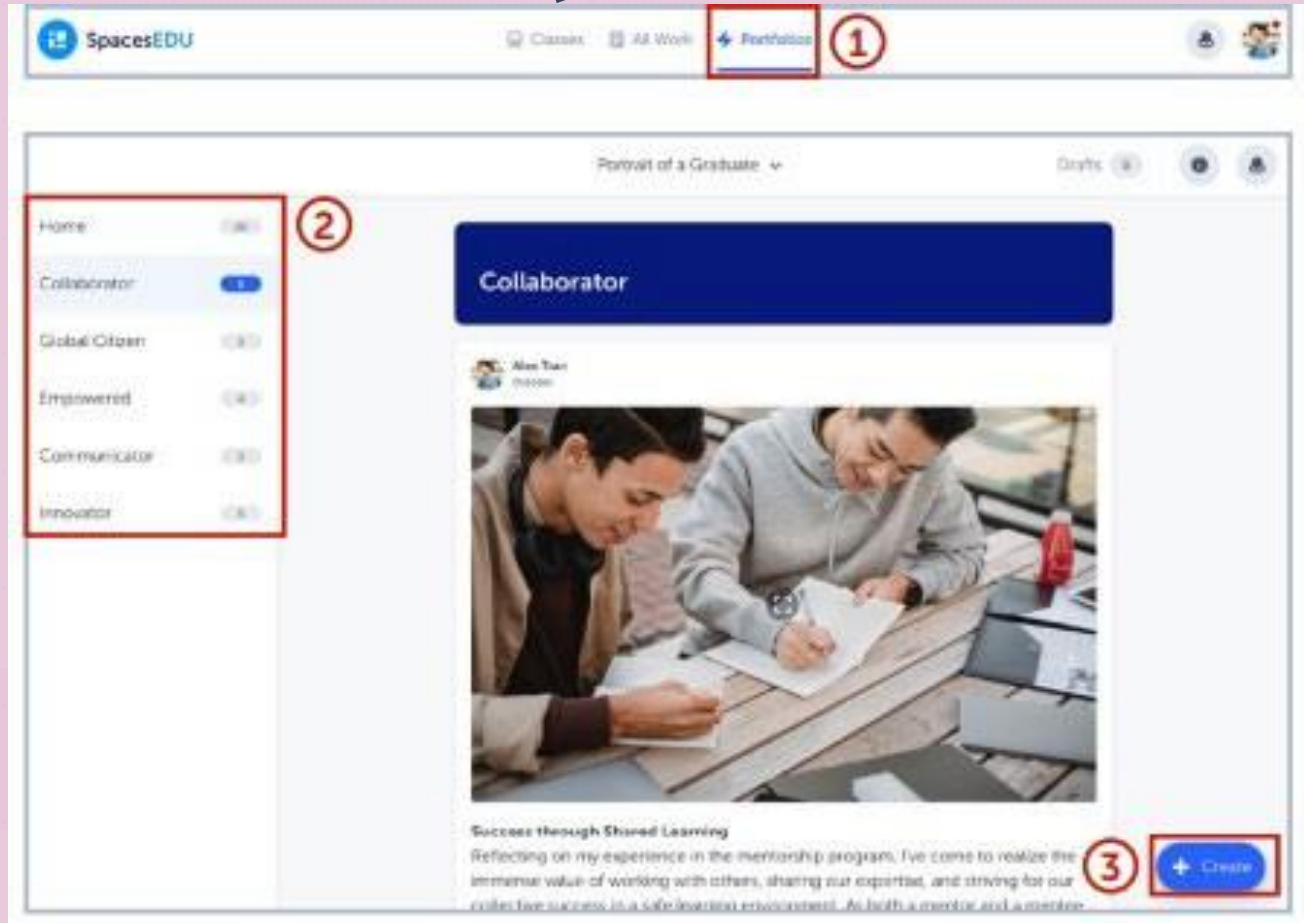**Apple**

How to Help Students LOGIN to Spaces

1. Visit Spaces Login Page and click Login

2. Enter your Surrey School email and password. **If this is not working, ask your teacher for a QR code.**

Important: APPLE users

- You will need to disable the pop-up blocker by going to:

- General Settings >>> Safari >>> Selecting the toggle to "Off" to allow pop ups

- Close all open tabs and re-open to the Spaces website again. You will only input your password from the Surrey Schools "pop up".
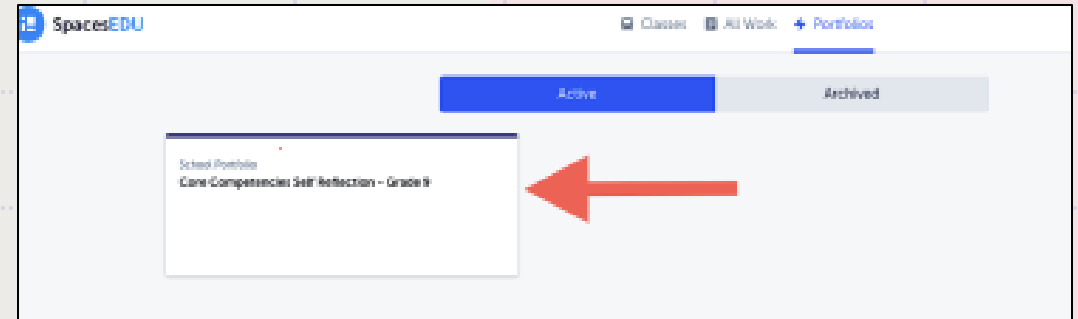
How do I access my portfolio once I've logged on?

1. Start from the Home Screen. Click the **Home button** in the top right corner if you are in a "Class Space"

2. From your Dashboard, click **Portfolios (lightning bolt)** in the top navigation

3. Click into your Portfolio "Core Competencies Self-Assessment". Click on the Core Competency that you are reflecting on.

4. **Review the instructions ("i" icon)** and links that will support you in creating your first reflection

Where To Go Next

- Create your **Post** by clicking on the **+Create** button

- You can include multiple pieces of multimedia evidence in your post

- Make sure you've selected to appropriate Section (i.e. Personal & Social in November)

Creating your Post

- First, create a Title. For example: "reflection #1 or Personal and Social Responsibility Reflection

- Next, write your reflection right in the Post Description area.

- Make sure you are posting their reflections to the right section!

To Help You Get Started:
"I Can Statements" and Reflection Examples

Two documents (found on the school website) contain examples to help you get ideas.

Refer to the list of **"I can" statements** provided for some examples of ways you may have experienced the core competency you are focussing on.

Consider how you may have demonstrated these skills in any of your classes, as parts of clubs/teams, during school events, or within the community this school year.

You can refer to the **reflection example** provided if you are unsure of how your final post might look. Remember, *you can showcase your learning and growth in many ways!*

Explain why you chose the example.

- Add details to your post by describing how the example shows growth or success.
  - You can write this under "post description", upload an audio recording of your explanation, or upload a file/picture

- Sentence starters to help you describe your choice:
  - The example that I chose improvement in how…
  - I am proud of how I…
  - This artifact or example shows that I can….
  - I have demonstrated _____ by….

Goal Setting

- Select your **"Goal Setting" folder** and click the blue **"Create"** button to make a new post.

- Set a skill-based goal related to a relevant core competency
  - Look at the "I can" statements for ideas
  - The next slide has points to consider when setting a goal.

- You can add your goal using a method of your choice (typing, audio clip, file/picture of your written response).

- Make sure to post to the "Goal Setting" section and you are done your Self-Assessment!
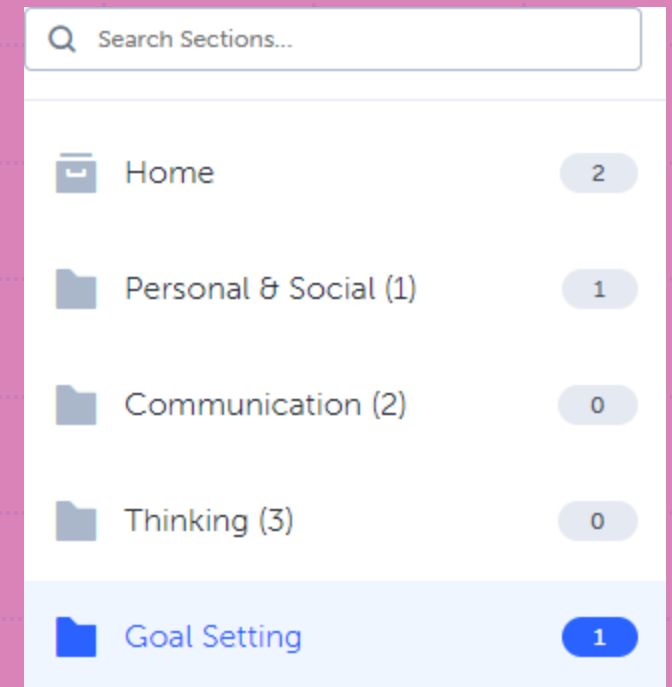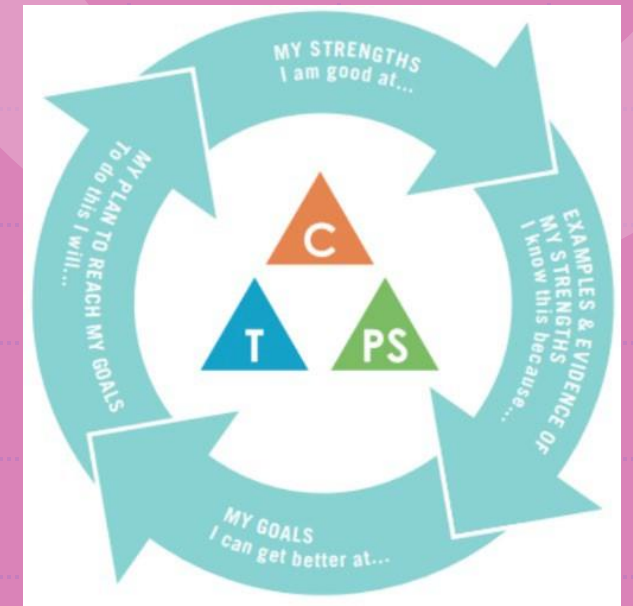
When setting goals, your goal should be:

- Specific- Define your goal clearly, consider how it will benefit you, your relationships, the community, or the environment.

- Meaningful- Consider how the goal aligns with your values, culture, or well-being. Why is it important?

- Achievable- Think about how you will reach this goal, and how those around you can support you in reaching the goal.

- Reflective and Flexible: How will you know you are improving? What will success look like?

- Time: When will you revisit this goal? At the end of the semester? June? A different point?