

FROST ROAD ELEMENTARY NEWSLETTER



1 - November 2024

-
- *Message from the Admin Team*
 - *Library News: Scholastic Bookfair*
 - *Fraser Health Article: Vision, hearing and dental screenings and youth clinics*
 - *Communicable Disease Prevention and Response Plan*
 - *Student Absences*
 - *PAC News: Purdy's Fundraiser*
 - *Student Spotlight*
 - *Calendar of Events*
-



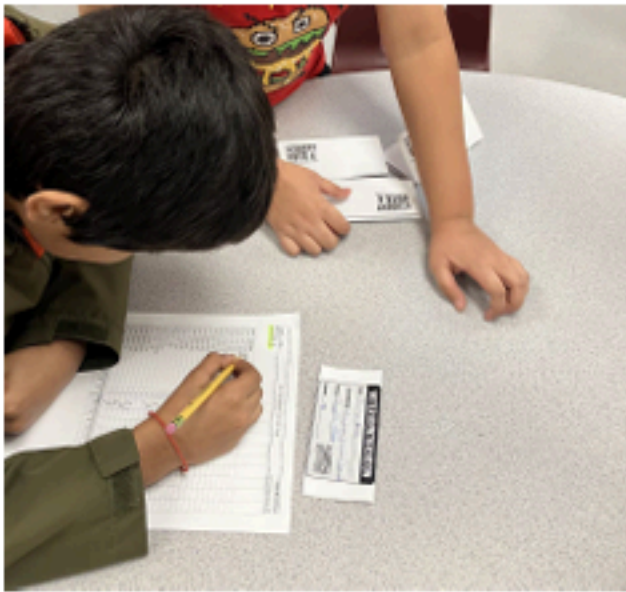
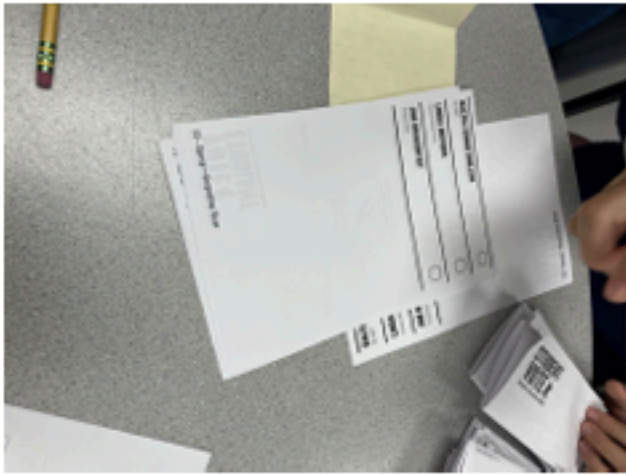
Message from the Admin Team

Ey' Swayel Frost Road families,

We can't believe it is almost December! It has been another wonderful month at Frost Road. We had such a great time on Halloween and such a fun first week of November. Students also took part in a more serious and solemn assembly as we paid tribute and respect to those affected by war. Students did a wonderful job sharing their words and artwork and participating in the learning of Remembrance. As we approach the busy month of December, please mark your calendars for our first formal report cards going home on December 13th and an early dismissal for parent-teacher consultations on December 17th. Of course, we will have lots of fun spirit days, sporting events and school activities coming up as well

Take good care,

Andrew Shook and Christie Switch





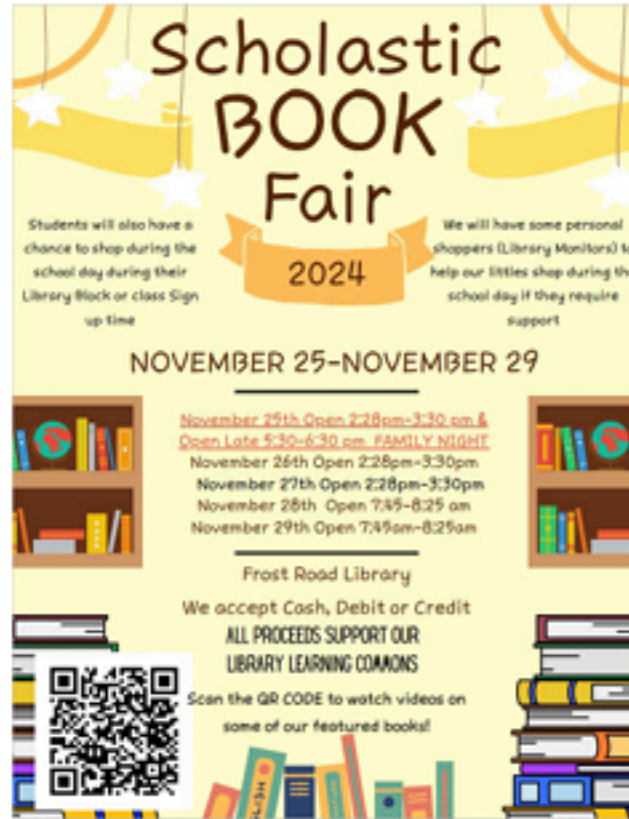


REMEMBRANCE DAY
Let's We Forget





Library Update



NOVEMBER 25-NOVEMBER 29

November 25th Open 2:28pm-3:30 pm &

Open Late 5:30-6:30 pm FAMILY NIGHT

November 26th Open 2:28pm-3:30pm

November 27th Open 2:28pm-3:30pm

November 28th Open 7:45-8:25 am

November 29th Open 7:45am-8:25am

Frost Road Library

We accept Cash, Debit or Credit

ALL PROCEEDS SUPPORT OUR LIBRARY LEARNING COMMONS!

Vision, hearing and dental screenings and youth clinics

Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's [Find a Dentist database](#). If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access [affordable dentistry for your children](#). You can also contact the dental program at your [local public health unit](#) and ask about resources available in your community.

Vision

[BC Doctors of Optometry](#) recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's [Find an Optometrist database](#). In B.C., one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your [local public health audiology \(hearing\) clinic](#).

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: [Child Health Screenings](#)

Youth clinics

Let your teen know about our youth clinics. These clinics are located across the Fraser Health region and provide free, confidential information and education regarding sexuality and health to youth under 21 to 24 (age varies by site). Learn more about the services available at youth clinics: [Youth clinics - Fraser Health Authority](#)



Communicable Disease Prevention and Response Plan

All staff, students and visitors are reminded of their responsibility to practice health awareness, including cough and sneeze etiquette and hand hygiene. Those with a fever should stay home for 24 hours after the fever recedes and is not controlled by medication.

Those who are exhibiting symptoms of illness, should stay home until they are well enough to participate in regular activities or otherwise advised by a healthcare provider. Those experiencing certain illnesses, such as gastrointestinal illness caused by norovirus, may be advised to stay home longer.

Staff, children, or other persons can attend school or work if their symptoms are consistent with a previously diagnosed health condition (e.g. seasonal allergies) or symptoms have improved, and they feel well enough to return to regular activities.

Masks continue to be available at all district sites by way of work order to the Transportation Department. The use of masks are a personal choice.

If you are unsure or concerned about your symptoms, connect with your health care provider or call 8-1-1.



Please let us know if your child will be away from school for any reason.

Your cooperation is required in reporting to the school, not just the teacher, when your child is going to be late or absent from school. The office staff calls all those students who are away and whose parents we have not heard from. We appreciate your co-operation.



e-mail: frostroad@surreyschools.ca

phone: 604/572-4050

••When you call the school you will hear a message, to bypass this message simply press '0'. If you are wanting to report a student absence press '1'.

•Please be sure to include the teacher's name, division number, and reason for the absence.

•If your child has had an episode of vomiting or diarrhea, please stay home for at least 1 day before returning to school.

Thank you!!

Reminder: School Snacks and Lunches

A reminder to families to make sure you pack everything your children need to ensure they have a successful day of learning at school, including cutlery if needed. **Unfortunately the office is not able to provide cups or cutlery (forks, spoons ,knives, etc.) to students.**

Reminder: Please pack a water bottle and a recess snack for students every day, including on Fun Lunch Days.



While we do have minimal snacks available for students in need, we are seeing increasingly more students who come to the office daily for more food. Please reach out to staff if any financial support is needed for your family.



Frost Road offers School Cash Online, which provides you with the convenience, easy, and quick way of paying online for school items such as trips, club/athletic fees, and spirit wear, which is the preferred method of paying for items.

School Cash Online is a great way to pay without the need for cash or cheques!

Which payment methods are accepted? Credit Card, Debit Card or eCheck (an electronic version of a paper check used to make payments online). Anyone with a chequing or savings account can pay by eCheck on SchoolCashOnline.

** If you require assistance please contact parent Helpdesk at parenthelpdesk@schoolcashonline.com or 1-866-961-1803 or call Frost Road at 604-572-4050



To register online (for new users of School Cash Online):

Step 1: Visit our school website at: ([Frost Road Elementary website](#))

Step 2: Click on the “Parent” tab and select “Pay Fees Online”.

Step 3: Register by selecting the “Get Started Now” and follow the steps.

Step 4: After you receive the confirmation email, select the “click here” option, login in and add each of your children to your household account.

Once you have registered your child, you will be able to see when they have a new item posted online for purchase. You also have the option to be notified whenever your child has a new school expense due, so you don't have to worry about missing the deadline.

** If you are a returning user, there is no set up required

Student Spotlight: Kayden Krestanovich

Grade 7 Student **Kayden Krestanovich** was one of the 12 Whalley Little League players who represented Canada at the Little League World Series this past summer, travelling all the way to Williamsburg, Pennsylvania where the team defeated Puerto Rico 12-5, but then were eliminated in the next round, by Mexico. They were recognized in October by Surrey Mayor Brenda Locke for their impressive victory as the Canadian National Little League Champions, when they beat Team Alberta 10-1 in the final.

[Peace Arch News Article](#)

- August 19, 2024





PAC News: Purdy's Fundraiser

Our PAC is doing a Purdy's Chocolate Fundraiser to raise funds for technology.

Each division has been given their own campaign link to place orders, sent by e-mail.

The top raising Primary & Intermediate class will win themselves a pizza party!

The deadline to place your [online] order is Saturday, November 30th.

Pick-up, from the school, will be Friday, December 13th.

Thanks in advance for your support.



Upcoming Dates



Date	Event
November 20, 2024	PAC Meeting at 6:00 PM (Zoom)
November 22, 2024	PAC: Boston Pizza Fun Lunch
November 25, 2024 - November 29, 2024	Scholastic Book Fair
November 26, 2024	Spirit Day: Moustache Day
November 30, 2024	Deadline to order Purdy's Chocolate
December 13, 2024	Pick Up Purdy's Orders from Frost Road
December 16-20, 2024	Spirit Week: Festive Theme
December 17, 2024	Early Dismissal – 1:28 pm
December 23, 2024 – January 3, 2025	Winter Break
January 6, 2025	School reopens after winter break
February 17, 2025	Family Day – No School
February 21, 2025	Non-Instructional Day – No School
March 17, 2025 – March 21, 2025	Spring Break
March 24, 2025 – March 28, 2025	School Closure Days
March 31, 2025	Schools reopen after spring break
April 18, 2025	Good Friday – No School
April 21, 2025	Easter Monday – No School

May 2, 2025	Non-Instructional Day-No School
May 7, 2025	Early Dismissal – 1:28 pm
May 19, 2025	Victoria Day – No School
May 26, 2025	Non-Instructional Day -No School
June 26, 2025	Early Dismissal – 1:28 pm
June 27, 2025	Administrative Day – Schools Close

Frost Road Elementary

8606 162 Street Surrey BC V4N 1B5

Tel: 604-572-4050

Fax: (604) 572-7569

E-mail: frostroad@surreyschools.ca

School Website: [Frost Road Elementary](#)

