FROST ROAD ELEMENTARY NEWSLETTER JUNE 2025



- Note from Admin and Departing Staff
- Upcoming Dates
- PAC News
- Fraser Health Article: Youth Vaping
- Office Reminders
- Library News
- Student Spotlight: District Pride Poster Contest Winner Yena from Division 9
- Before and After School Care: YMCA Kid's Club

Note from Admin and Departing Staff

We would like to congratulate Mr. Clark and Ms. Patterson on their upcoming retirements! As you close this chapter and begin a new one, we want to thank you for the incredible impact you've had on so many lives. Your dedication, patience, and passion for teaching have left a lasting impression on your students and colleagues alike.

You have not only taught lessons from textbooks but also shared wisdom, kindness, and encouragement that will be remembered for years to come. Your presence in the classroom will be deeply missed, but your legacy will continue to inspire. Wishing you a retirement filled with relaxation, joy, and all the adventures you have dreamed of. You have earned every moment!

Retiring Staff:

Mr. Rick Clark (Grade 7, Division 1)

Ms. Karen Patterson (Grade 1, Division 21)

Thank you to staff who are leaving us this year and for your contributions to Frost Road.

We wish you all the best!

Departing Staff:

- -Ms. Christie Switch (Vice Principal)
- -Ms. Clara Salja (Grade 7 Intensive French, Division 2)
- -Mr. Matthew Thornton (Grade 6/7, Division 4)
- -Ms. Jennifer Rossi (Grade 6 Intensive French, Division 5)
- -Ms. Isabella Smith (Grade 6 Intensive French, Division 5)
- -Ms. Parineet Sahaye (Grade 6, Division 7)
- -Ms. Mandeep Johal (Grade 4, Division 12, and Grade 3, Division 15)
- -Ms. Teri Randall (Grade 3, Division 14)
- -Ms. Sara Erickson (Grade 2, Division 17)
- -Ms. Narleet Grewal (Grade 2, Division 19)
- -Ms. Nikki Walker (Kindergarten/Grade 1, Division 23)
- -Ms. Ashlee Yoon (Integration Support)
- -Ms. Tina Dhaliwal (Learning Support)
- -Ms. Maninder Dhaliwal (Learning Support)
- -Ms. Soiban Pataky (Band)
- -Mr. Nielsen Smith (Library)
- -Ms. Sumeet Playia (French Prep)

Departing Support Staff:

- -Ms. Ritika Babuta
- -Ms. Jatinder Bharaj

Upcoming Dates

June 19, 2025 Grade 7 Year End Ceremony

June 20, 2025 Sports Day and Parent Appreciation

June 24, 2025 Spirit Day - Canada Day,

Year End Assemblies

June 26, 2025 Early Dismissal 1:28 pm, last day of school

Our office will be closed during the months of July and August.

If you need our assistance we will respond to you when the office reopens the week of August 25, 2025.

PAC News

Orders will close Friday, June 13th (TONIGHT) at 11 pm! Get your orders in Munch-A-Lunch! Little Caesar's Pizza on FRIDAY, June 20th, 2025

Ordering is now open via Munch-A-Lunch. Please be sure to place your orders no later than 11:00pm on June 13th. No late orders will be accepted!

How to Order:

If you are a new parent to Munch-A-Lunch please use this link: https://munchalunch.com/schools/FrostRoad

If you are a returning parent to Munch-A-Lunch please use this link: https://munchalunch.com/login



Calling all families with children born in 2020 - Kindergarten Registration

Kindergarten registration is online - Click here to Register for September 2025

For information on kindergarten registration for the 2025-26 school year please see our fact sheets available in <u>English</u>, <u>Punjabi</u>, <u>Chinese</u>, <u>Arabic</u> and <u>Spanish</u>. To register, children must turn five years of age by December 31 in the same calendar year that they begin school. **Students born in 2020 are eligible for kindergarten for the 2025-2026 school year.**

If you need help with the registration process, please contact the school office at 604/572-4050 - we are happy to help!



e-mail: frostroad@surreyschools.ca

phone: 604/572-4050

**When you call the school you will hear a message, to bypass this message simply press '0'. If you are wanting to report a student absence press '1'.



Please let us know if you are moving or your child will not be returning in September.

Your cooperation is required in reporting to the office, not just the teacher, when your child is going to be late or absent from school. The office staff calls all those students who are away and whose parents we have not heard from.

Please send an e-mail to frostroad@surreyschools.ca or leave a message on our voicemail if you prefer. For extended absences of more than 25 days, a form may be needed. We appreciate your co-operation.

- Please be sure to include the teacher's name, division number, and reason for the absence (Sick, Vacation, Parent Excused)
- •If your child has had an episode of vomiting or diarrhea, please stay home for at least 1 day before returning to school.

Thank you!!

LOST AND FOUND ITEMS



There are currently many Lost & Found Items spread out down the hall from the Library. If you are checking out the Book Fair, please take a look for any of your misplaced belongings.

Anything not claimed by the last day of school, June 26th, 2025 will be donated.



Library News

If you still have Library Books at home, please return them to the library as soon as possible.

Fraser Health: Youth Vaping

Vaping is popular among youth. Daily or near-daily use can increase the risk of mental and physical health harm.

In 2023, 26 per cent of youth in grades seven-12 in British Columbia reported having vaped. The most commonly reported age B.C. youth tried their first vape was 13.

How to support youth to prevent, delay or reduce vaping

Be supportive and expect that there may be setbacks. Here are some ways you can be a role model and offer support:

- Have open conversations about vaping. Try to understand their beliefs and see where you can offer facts that may help them better understand the risks.
- If you use tobacco, cannabis or vaping products yourself, be honest with your child about the risks and any regrets, difficulties and health effects resulting from your experience.
- Talk with your child about ways they might be able to refuse vaping in a way that makes them comfortable.
- If you vape, try quitting or reducing vaping for your own health and the health of your children. If you want to quit smoking or vaping, contact Quit Now for supports.
- If you vape, do not vape around your children to avoid exposing them to second-hand vapour.
- Keep vapour products out of reach of children and youth.
- Tip sheet for parents: Talking with your teen about vaping

Learn more about vaping products: Youth and Vaping - Fraser Health Authority

More information about child and youth substance use, including services, programs and resources available for children and youth: <u>Substance use in children and youth - Fraser Health</u>
<u>Authority</u>



Student Spotlight: District Pride Poster Contest Winner

Yena Y. from Division 9 is among the winners in the Surrey School District's fifth annual Pride Poster Contest. Students across the district from Surrey and White Rock were encouraged to create a poster with the theme "We've Always Been Here". More than 100 entries were received. Winners will receive a professionally printed poster of their creations, which will be displayed at the District Office.

Congratulations, Yena!



YMCA Child Care at Frost Road Elementary



Are you looking for before and after school care?

The YMCA Kids Club has opened a before and after school care program at this school.

They offer part time and full-time spaces.

For more information or to register please email ymcakidsclubs@bc.ymca.ca

Frost Road Elementary

8606 162 Street Surrey BC V4N 1B5

Tel: 604-572-4050

Fax: (604) 572-7569

E-mail: frostroad@surreyschools.ca

School Website: Frost Road Elementary

