



# WELCOME TO SEMIAHMOO!!

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GRADE 7 PRESENTATION  
FOR SEPTEMBER 2025



# A WORD ABOUT OUR NAME

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- In 2021/2022, Semiahmoo Secondary changed its mascot to the Thunderbird.
- We are no longer the Totems
- This renaming was done with our local Semiahmoo First Nation, and better reflects their history and culture here on the peninsula.
- Out of respect for the band, we no longer shorten the name Semiahmoo to Semi. Using the unabbreviated word shows respect to the peoples that have allowed us to use their name.
- GO SEMIAHMOO THUNDERBIRDS!!!!

## BEST THINGS ABOUT SEMIAHMOO ~ A CHANGE FROM ELEMENTARY SCHOOL

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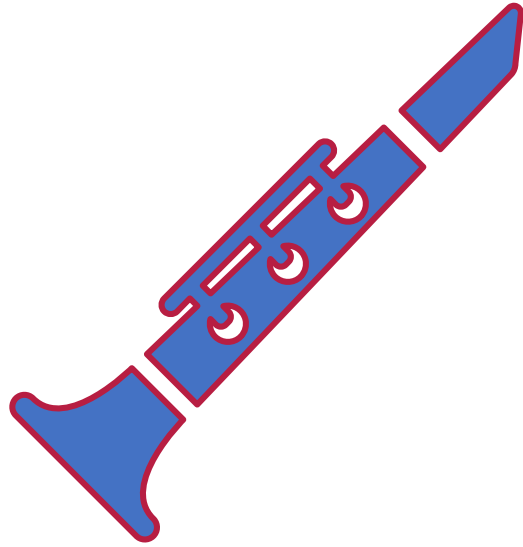
- Multiple classes/multiple teachers
- 1500 plus students
- More Clubs and Teams
- Cafeteria
- 3 gyms/multiple fields/weight room
- Youth Room
- Semester system





# EXPLORE SOME NEW OPTIONS

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- For next year, you will choose between two pathways for your classes:
  - **Band Pathway-** Taking Band, choose this option! Your other elective will be an Explorations Elective. OR
  - **No Band Pathway#1 - General Explorations** ~ choose this option if you are not taking band. (If you don't take Band, you will take the Fine Arts Rotation instead)
  - **No Band Pathway #2** If students, do NOT take band, then they can take General Explorations and a choice of regular PE 8 or PE 8- Softball/baseball (Cost is \$1000)

# OPTION ONE: BAND PATHWAY

- Choose this option on the Microsoft Form sent to your parents if you would like Band in grade 8 (you should have taken it in grade 7 if you choose this option).

**Note:** If you don't take Band in grade 8, you will not be able to choose it in grade 9.

Must take Concert Band to be considered for Jazz Band and Jazz Band runs after school.

Band
1. English
2. Social Studies
3. Math
4. Science
5. French
6. ADST General Explorations A
1. Textiles
2. Foods
3. Woodwork
4. Metalwork
7. Physical & Health Education
8. Band
I would like to be considered for Jazz Band 8
<input type="checkbox"/>

# OPTION TWO: GENERAL EXPLORATIONS PATHWAY

- Choose this option on the Microsoft Form sent to your parents if you did not pick the Band Pathway. (Concert Band)
- Also, Choose regular PE 8 (no cost) OR PE 8 Softball/baseball (\$1000 cost) if you do NOT choose band.

Explorations
1. English
2. Social Studies
3. Math
4. Science
5. French
6. ADST General Explorations A
1. Textiles
2. Foods
3. Woodwork
4. Metalwork
7. Physical & Health Education
8. General Explorations B
1. Visual Arts 8
2. Drama 8
3. Computer Studies & Communication
Devices 8
4. Careers 8



## MAKE YOUR TIME AT SEMIAHMOO GREAT **GET INVOLVED!**

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- **Clubs** ~ Take your pick!  
There are so many at Semiahmoo!
- **Teams** ~ play volleyball, basketball, soccer, ultimate, rugby, badminton, join track and field etc.
- Volunteer and Leadership Opportunities



# YOUTH ROOM

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- Open at lunch for drop in activities
- Full time Youth Care Worker
- Hang out and play foosball, air hockey and video games





# HAVE FUN!!!

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- Spirit days
- Hoe down
- Grade 8 week
- Pancake breakfast
- Pep rallies
- Christmas breakfast



# MAKE NEW FRIENDS

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- Meet new people from many different elementary schools
- Grow lifelong friendships!!
- Join the Semiahmoo community
- Meet others through TEAMS and CLUBS





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## • Semiahmoo Grade 7 Day:

- In April/May, your teachers will be bringing you to visit Semiahmoo Secondary
- You will get a tour of the school, and get to play games with our Leadership students.
- There will be a separate Parent Night on April 10 6pm – 7:30pm so parents do not attend Grade 7 Day, but you can attend this Gr 7 night with your parents.







# MOST IMPORTANTLY: HAVE BALANCE!

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- Spend time with friends, family, team and classmates
- Get outside! Be active!
- Regulate your screen time
- Homework is important, but down time and fun is just as important. Spend time on both.
- If finding balance is difficult, or you feel stressed, talk to a trusted adult, or your counsellor—do this earlier rather than later. We are here for you.

# A VIDEO TOUR OF SEMIAHMOO – MADE BY GRADE 7 TEACHERS FROM BAYRIDGE ELEMENTARY (15 MIN)

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# FAQS:

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## 1) What does the year look like?

- You will have four courses at a time, for 5 months each:
- Semester 1 = September, October, November, December, January
- Semester 2 = February, March, April, May, June

## 2) What does the daily schedule look like?

- You will have two classes in the morning with a short break in between, then lunch time, then another two classes in the afternoon with a break. After 5 months you will switch to four new classes, (Semester 2). You will have a total of 8 classes in Grade 8.



# FAQS:

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## 3) What about lunch time?

- You will have a 40 minute lunch time in the middle of the day. You should bring your own lunch, or you can buy your lunch from the cafeteria. Normally you can eat in the caf, on the floor by your locker, the Youth Room, or at a bench in the halls with your friends.

## 4) Can I go home for lunch?

- Yes, you can go home. Please be sure to be back in time for your afternoon class.

# FAQS:

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5) Is there anything to do at lunch besides eat?

- Clubs and sports activities often occur during lunchtime. Or, you can socialize and have fun with friends.

6) What if I can't find my classrooms?

- **DON'T WORRY!** Just find a teacher or adult and they will show you where to go. It will take you a few days to find out where everything is, but then you'll be a pro!

# FAQS CONTINUED:

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7) Will I get a locker?

- Yes, you will be able to sign up for a locker online in late August/early September.

8) What else do I need?

- If you are in PE, you need to bring a change of clothes, deodorant, runners and a lock etc. This is very important!
- You should have a binder separated into four sections (or four separate binders), with lots of lined paper. Pens, pencils, erasers, and a calculator if you have Math. If your teacher wants you to have specific items, they will let you know.



**A VERY WARM WELCOME TO  
OUR GRADS OF 2030!! WE  
CAN'T WAIT TO SEE YOU!!**