

# Chantrell Creek Elementary

## Weekly Update

### Week - Nov. 18 - 22, 2024



**Principal - Mrs.C. Koppensteiner**

### Next week:

Monday - Girls' volleyball practice 2:45-3:30 pm

Tuesday -Boys' volleyball practice 2:45-3:30 pm

Wednesday -Hot lunch - Kesari

-Boys' volleyball AWAY game at Laronde 2:45-4:00

Thursday - Girls' volleyball AWAY game at Laronde 2:45-4:00

Friday - Boy's volleyball practice at lunch

## Reminders

- The "Nest" (the supervised, forested area where students are allowed to play at recess and lunch) and the grass field can get quite wet and full of puddles. Rain boots are a great idea, if you have a child that enjoys playing in these areas.

## Important

### Nov. / Dec. Dates

Tuesday, Dec. 5th -

Chantrell Creek Craft Fair

Friday, Dec. 13th - Term

1 reports sent home

Tuesday & Wednesday,

Dec. 17 & 18 - Christmas

concert at 1:15 pm

# News and Highlights

## Traffic Safety Reminder

As we work together to keep our students safe, please remember the importance of following all traffic rules during pick-up and drop-off times. Recently, there have been incidents where drivers have not followed the rules or have been less than courteous to others, which creates unnecessary risks and delays. Let's set a positive example for our children by being polite and respectful to everyone, especially our dedicated parent traffic volunteers who give their time to ensure safety and a smoother flow for all drivers. Thank you for helping to make our school community safe, kind, and respectful.

## Children's Foundation Before/After School Care

Are you needing before or afterschool care for your child? The Children's Foundation runs a before and after school care program out of Chantrell Creek Elementary.

### **Our core values are:**

- provide a healthy, comfortable, stimulating environment and enriching program for children to develop their whole self.
- provide opportunities for children to gain self-confidence and to develop good self-esteem.
- provide opportunities for children to learn respect for self, for others, for the environment and to learn the value of co-operation in work and play.
- work together with parents to meet the needs of each child.
- value our staff and respect their skills and commitment to their profession.

### **Hours of operation:**

7:00 am to morning bell

Afternoon bell (2:33 pm) to 6:00 pm

Early dismissal and professional days included.

Christmas and Spring Break programming available at an extra cost

Please email: [angie.casoria@childrens-foundation.org](mailto:angie.casoria@childrens-foundation.org) if you would like to register your child, or for more information.

# November - Vision, Hearing, and Dental Screenings and Youth Clinics

## **Make dental, hearing and vision checks part of a healthy routine -**

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

### **Dental**

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's [Find a Dentist database](#). If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access [affordable dentistry for your children](#). You can also contact the dental program at your [local public health unit](#) and ask about resources available in your community.

### **Vision**

[BC Doctors of Optometry](#) recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's [Find an Optometrist database](#). In B.C., one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment.

### **Hearing**

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your [local public health audiology \(hearing\) clinic](#).

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <https://ow.ly/oK9z50PegZB>

### **Youth clinics**

Let your teen know about our youth clinics. These clinics are located across the Fraser Health region and provide free, confidential information and education regarding sexuality and health to youth under 21 to 24 (age varies by site). Learn more about the services available at youth clinics: [Youth clinics - Fraser Health Authority](#).

\*\* Message from Fraser Health - Healthy Schools