

Crescent Park Cross Country

September 13, 2022

Dear Parents/Guardians:

Your child is interested in participating on the cross-country team this school year. This team is open to all students in grades 3-7. We practice every Monday, Thursday and Friday morning, rain or shine, beginning at 7:50 a.m. sharp! We meet in the school gym, please enter using the outside doors along 24th Ave. (****If your child arrives late and we have left for the run we are instructing them to not follow us into the park unless they are accompanied by an adult. Please go to the office until outside supervision starts at 8:20am).**

The first morning run will begin on Thursday, September 15th.

Every Tuesday after school for six consecutive weeks, beginning on Tuesday, September 20th, we run at Crescent Park with students from South Surrey schools. These races are divided by grade groups. All runners receive a cloth or paper placement ribbon. On Tuesdays, we meet after school in the gym and we walk up to the park with teacher supervision. The races begin with the grade threes and end with the grade sevens. The final race each Tuesday ends by approximately 4:30. Runners who do not go home with an adult must wait until the last race is over before returning to Crescent Park School with a teacher.

Tuesday run schedule (First race at each meet starts at approx. 3:30):
September 20, 27, October 4, 11, 18, 25

If you give your child permission to participate in morning fitness runs, and/or on the cross-country team please complete the permission form and have your child return it to the envelope outside the gym. **Each year Crescent Park parents volunteer to hand out the ribbons at the finish line. Please just show up there if you are able to help.**

Each athlete will also receive a Crescent Park jersey to keep for the cross-country season and return it washed at the end. Athletes are responsible for bringing their jersey each week for the races.

Consent and acknowledgment of risk:

Accidents can be the result of the nature of the activity and can occur with or without fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your child to participate in this activity, you are accepting the risk of an accident, and agree that this activity, as described above is suitable for your child.

Sincerely yours,
Mrs. Spoor, Ms. Dhanani, Ms. Schroeder

My Child, _____, Grade _____

May participate in morning fitness runs and/or Cross Country Team.

Parent/Guardian's Name: _____ Email: _____

PLEASE RETURN TO MRS. SPOOR (either at the office or to the envelope located outside the gym)

