



Semiahmoo Trail Parent Advisory Council

3040 145A Street, Surrey, BC V4P 1P8 | semiahmootrailpac@gmail.com

PAC General Meeting Minutes Thursday January 25, 2024

Attendees: Sara Block, Vagmi Dholakia-Baxi, Fiona Fu, Sheri Hardcastle, Heather Neilson, Nina Hemmes, Karen Fadum, Jamie Lyn Hugh, Hye Seon Chang, Lily Cui, Hye Ja Kim, Tara Sheldrake, Zita Wang

Meeting called to order at 9:02am

Motion to Approve Agenda

🌱 Motion Approved by 2: Nina Hemmes, Vagmi Baxi

Motion to Approve Previous Month's Meeting Minutes

🌱 Motion Approved by 2: Nina Hemmes, Vagmi Baxi

Principal's Report and Updates - Karen Fadum

🌱 **Enrolment & Staffing**

- 457 Students
- Julie Cox LST Monday and Thursday, an increase to 4 LST days/week
- Pamela Andrews - Wednesdays Grade 1/2 (Yamaguchi's Class), Until Spring Break

🌱 **Lunch clubs/Activities**

- Off to a fun start with lunch activities, if we have more teacher sponsors, we will expand. Parents are welcome to run clubs, but a teacher must be present as well.
- Parents are welcome to connect with Karen if they feel their child could benefit from being in a lunch club

- | | |
|---------------------------------------|-------------------------------------|
| ▸ Nature Journals - Grades 4-7 | ▸ Social Justice - Grades 6-7 |
| ▸ Minecraft/Coding - Grades 5-7 | ▸ Card and Board Games - Grades 4-7 |
| ▸ STEM/Spatial Awareness - Grades 2-3 | ▸ Chess - Grades 5-7 |
| ▸ Knit & Sew - Grades 5-7 | ▸ Drawing - Grades 2-4 |
| ▸ Basketball Practice - Grade 7 | |

GagaBall Pit

- Working with district staff and will share the process and approximate cost as soon as we know. Students voted to save some of the ArtCard money raised for a GagaBall Pit. This will help give kids more to do before/after school as well

Construction

- Updates posted on website under construction
- Safety Education for students - teachers will incorporate slides/videos and information into lessons. Curriculum connections can be found in Physical & Health Education (hazards and potentially unsafe situations)
- WorkSafe BC attended the site on Jan.12 and reported zero orders or other items outstanding, they were impressed with the worksite
- Coming up, there will be some disruption/noise near the gym as they are removing stucco from the walls in this area.

Sports & Clubs - Jamie-Lyn Hugh

- Thank you Ms. Dhaliwal & Ms. Deo for coaching Gr.7 boys Basketball
- Thank you Ms. Shaw for coaching Gr.6/7 girls Basketball (Mrs. Hugh and Ms. Fadum will support as well)
- Lacrosse has been a fun and active school-wide activity - Thank you

Health and Safety

- Earthquake and Emergency Bins have been checked - nothing was expired. They are up to date and are the correct quantities per the amount of students, they are supplied by the district.
- School has been selected by the district to have a School Core Audit. This will take place on Feb.20. Various staff members are interviewed, they check in with any safety concerns and check in on paperwork that may need to be resolved. Feedback is given so that issues can be resolved.

Art Starts

- Thank you! Our first performance is April 4th with Andy the Musical Scientist

Kindergarten Registration for 2024/2025

- see our website or surreyschools site
- Ready Set Learn - April 4th (Ready for K 2025/26)
- Welcome to K - May 22nd (Kids starting Sept 2024)

Run Club

- Semiahmoo Trail PAC has facilitated Run Club for many years, it is an incredible community building and popular activity that also builds excitement for Jog-a-thon. With construction, we understand that the after school Run Club has many challenges. Staff will discuss possibilities for a

substitute as part of Physical Education. Added to January Staff Meeting Agenda.

Treasurer's Report - Vagmi Dholakia-Baxi

- 🌱 **General Assets: \$50,175.18**
- 🌱 **Gaming: \$26,505.58**
- 🌱 **Total Assets: \$31,795.70**

DPAC Report - Sheri Hardcastle

🌱 **Anxiety and Kids**

- 3 presentations about anxiety and many free resources on how to support kids
<https://www.youtube.com/c/SurreySchoolsMentalHealthandWellness>
<https://www.surreyschools.ca/page/12345/students-families>
<https://www.surreyschools.ca/ci/p/162282>
- Mental Health is part of our overall health
- Regulating ourselves in order to help struggling kids, co-regulation is key when a child is in an alarmed state, be the calm for our kids
- Stress and anxiety are important coping mechanisms and understanding why we need them can help us to stay safe, respond to danger and help us grow
- **Foundry - Surrey** - Services available virtually on their app, drop in counselling services for ages 12-24/families, access to doctors and nurses, resources for youth or caregivers for mental health - Surrey location opening Summer 2024
- Available for PACs for presentations, we can email out to parents with more information on Mental Health and Safety
<https://foundrybc.ca/virtual/>
<https://foundrybc.ca/virtual/groups-workshops/>
- **Family Smart** - Connecting with our kids when anxiety leads to social isolation, Ages 0-24, no diagnosis, no fee, no waitlist
- Available for PACs for presentations, Monthly Workshops Help for the Hard Times "*Children aren't giving us a hard time, they are having a hard time*"
<https://youtu.be/x5rvQPUbnSI?si=hTuReZUcCWteM30E>

🌱 **Current Topics**

- PAC Zoom Meetings, PACs can now launch meetings themselves - code given after filling out request on DPAC website
- DPAC looking for speaker on **Anti-Bullying** for upcoming DPAC presentation
- Hot Lunch Survey coming soon for coordinators, looking for feedback on current challenges and opportunities to support Hot Lunch - **Feeding Futures District Program** - currently feeding 3000 students daily

- Portable/Long Range Facilities Planning Survey Information coming in. Results will be shared with public in coming months — District reporting over 1000 new students since September
- Screen Time - Teacher's discretion on usage in classrooms, no district policy. Parents can help by modelling healthy screen habits - **Building Healthy Screen Habits** <https://keltymentalhealth.ca/healthy-screen-habits>
- BCCPAC - facilities committee looking for members to help/attend

Old Business

🌱 Confirm Jog-a-thon Spend Goals and Dates

- A bit more challenging with construction, but it will happen. Looking at May 1 or 2, need to confirm date with Karen, assembly to be held 2 weeks later
- Kids will be measured soon for shirts/confirming colours/logos
- Raised funds will go to GagaBall Pit and additional MacBooks

🌱 Lunar New Year

- Feb. 2 - Zita Co-ordinating Games, has everything prepared ahead - going to be a fun day for kids
- Fiona - Working on Volunteers - Nina will send Volunteer sign-up information
- Coffee and pizza for volunteers

🌱 Constitution and Bylaw Updates

- PAC Executive finished making updates to current bylaws, will be sent out to all members and voted on in sections at future PAC meetings

🌱 Mental Health and Cyber Safety Awareness Ideas

- How can PAC support? Sheri's links from DPAC, look into presentations. More ideas welcome
- Annual Anti-racism/Anti-gang workshop - Nina looking into who does this. Goes hand in hand with online safety. Even non-participating kids can be exposed and influenced, can have access to more than parents know

🌱 Construction Safety

- Ongoing issue, we will keep members up to date as things progress

New Business

🌱 Pink Shirt Day Orders

- 2 options for purchase - direct link for purchasing was sent out via email with Jan 31 as the deadline. Special Assembly held on Pink Shirt Day - Feb 28th

🌱 Jersey/New Sport Equipment Spend Vote

- Gaming Grant funds - All members voted yes to spend **up to \$2028** on:
 - **16 Larger Basketball Jerseys**
 - **48 Pinnies (12 Green, 12 Yellow, 12 Red, 12 Blue)**
 - **24 Volleyballs**

Open Forum

- Surrey School District has put out a call for Crossing Guards in a paid position - this is not specifically for our school.
- Tara - Will there be Saleema Noon (Sexual Health) Presentation this year? This is costly and the money may be better sent on other workshops. Less than half of the teachers wanted this presentation and some parents did not send their children that day.
- Nina - We should look at potentially using gaming grant funds for playground funds (GagaBall Pit) as well, we may be able to apply for a separate/additional Capital Projects Building Gaming Grant?

Meeting Adjourned at 9:51am

**Next Meeting
February 15, 2024**

Respectfully submitted by Heather Neilson