



Semiahmoo Trail Parent Advisory Council

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PAC General Meeting Minutes

Thursday January 25, 2024

校家委会月度常务会议纪要

2024年1月25日 星期四

Attendees 出席者: Sara Block, Vagmi Dholakia-Baxi, Fiona Fu, Sheri Hardcastle, Heather Neilson, Nina Hemmes, Karen Fadum, Jamie Lyn Hugh, Hye Seon Chang, Lily Cui, Hye Ja Kim, Tara Sheldrake, Zita Wang

Meeting called to order at 9:02am

会议于上午9:02召开

Motion to Approve Agenda 待批准动议议程

🌱 Motion Approved by 2 动议获2人批准: Nina Hemmes, Vagmi Baxi

Motion to Approve Previous Month's Meeting Minutes 上月会议纪要待批准

🌱 Motion Approved by 2 动议获2人批准: Nina Hemmes, Vagmi Baxi

Principal's Report and Updates 校长工作报告及更新 - Karen Fadum

🌱 **Enrolment & Staffing 注册及员工**

- 457 Students
有457名学生
- Julie Cox LST Monday and Thursday, an increase to 4 LST days/week
Julie Cox 的LST课程从周一和周四增加到每周4天LST课程
- Pamela Andrews - Wednesdays Grade 1/2 (Yamaguchi's Class), Until Spring Break
Pamela Andrews – 周三带1/2年级 (Yamaguchi的班级), 直到春假

🌱 **Lunch clubs/Activities 午餐社团/活动**

- Off to a fun start with lunch activities, if we have more teacher sponsors, we will expand. Parents are welcome to run clubs, but a teacher must be present as well.
有趣的午餐活动开始了, 如果我们有更多的老师参与, 我们将扩大规模。欢迎家长经营社团, 但也必须有老师在场。
- Parents are welcome to connect with Karen if they feel their child could benefit from being in a lunch club
如果家长认为自己的孩子可以从午餐社团中受益, 欢迎与校长联系

- Nature Journals 自然期刊 - Grades 4-7
- Minecraft/Coding 游戏/编程 - Grades 5-7
- STEM/Spatial Awareness 科技/空间意识 - Grades 2-3
- Chess 国际象棋 - Grades 5-7
- Drawing 绘画 - Grades 2-4
- Social Justice 社会公正 - Grades 6-7
- Card and Board Games 棋牌游戏 - Grades 4-7
- Knit & Sew 编织缝纫 - Grades 5-7
- Basketball Practice 篮球训练 - Grade 7

🌱 **GagaBall Pit 加加球池**

- Working with district staff and will share the process and approximate cost as soon as we know. Students voted to save some of the ArtCard money raised for a GagaBall Pit. This will help give kids more to do before/after school as well
与学区一起筹划，一旦有消息，我们将立即分享流程和大致成本。学生们已投票决定将 ArtCard 筹集的部分资金存起来用于建加加球池。这也将有助于孩子们在上学前/放学后有更多的活动。

🌱 **Construction 施工**

- Updates posted on website under construction
网站上发布施工的状况更新
- Safety Education for students - teachers will incorporate slides/videos and information into lessons. Curriculum connections can be found in Physical & Health Education (hazards and potentially unsafe situations)
学生安全教育 - 教师将幻灯片/视频和信息融入课程中。课程信息可以在体育与健康教育（危险和潜在不安全情况）中找到
- WorkSafe BC attended the site on Jan.12 and reported zero orders or other items outstanding, they were impressed with the worksite
卑诗省安全工作机构 WorkSafe BC 于 1 月 12 日前往现场，报告零事故或其他未完成项目，他们对工地印象深刻
- Coming up, there will be some disruption/noise near the gym as they are removing stucco from the walls in this area.
接下来，体育馆附近将会出现一些干扰/噪音，因为他们正在清除该区域墙壁上的灰泥。

🌱 **Sports & Clubs 体育和社团 - Jamie-Lyn Hugh**

- Thank you Ms. Dhaliwal & Ms. Deo for coaching Gr.7 boys Basketball
感谢 Dhaliwal 老师 和 Deo 老师带 7 年级男生篮球训练
- Thank you Ms. Shaw for coaching Gr.6/7 girls Basketball (Mrs. Hugh and Ms. Fadum will support as well)
感谢 Shaw 老师带 6/7 年级女生篮球训练(副校长 Hugh 女士和校长 Fadum 女士也参与支持)
- Lacrosse has been a fun and active school-wide activity - Thank you
Lacrosse 长曲棍球很有趣且是全校活动 - 感谢

🌱 **Health and Safety 健康和安**

- Earthquake and Emergency Bins have been checked - nothing was expired. They are up to date and are the correct quantities per the amount of students, they are

supplied by the district.

地震应急箱已检查 - 没有任何物品过期。它们是最新的，并且是根据学生数量计算的正确数量，由学区提供。

- School has been selected by the district to have a School Core Audit. This will take place on Feb.20. Various staff members are interviewed, they check in with any safety concerns and check in on paperwork that may need to be resolved. Feedback is given so that issues can be resolved.

学区已选定学校进行学校核心审查。将于2月20日举行。各种工作人员都会接受采访，他们会检查是否有任何安全问题，并检查可能需要解决的书面工作。已反馈以便解决问题。

Art Starts 艺术启蒙

- Thank you! Our first performance is April 4th with Andy the Musical Scientist
感谢！我们第一次演出将于4月4日由Andy音乐科学家带领

Kindergarten Registration for 2024/2025 新学年幼儿园报名




- see our website or surreyschools site
详见学校或素里学校网站
- Ready Set Learn - April 4th (Ready for K 2025/26)
Ready Set Learn已设学习 - 4月4日（准备给2025/26学年幼儿园）
- Welcome to K - May 22nd (Kids starting Sept 2024)
欢迎活动 - 5月22日（孩子们2024年9月入学）

Run Club 跑步俱乐部

- Semiahmoo Trail PAC has facilitated Run Club for many years, it is an incredible community building and popular activity that also builds excitement for Jog-a-thon. With construction, we understand that the after school Run Club has many challenges. Staff will discuss possibilities for a substitute as part of Physical Education. Added to January Staff Meeting Agenda.

学校家委会Semiahmoo Trail PAC多年来一直为跑步俱乐部提供便利，这是一项令人难以置信的集体建设和受欢迎的活动，也为Jog-a-thon慢长跑增添了乐趣。鉴于施工，我们了解到课后跑步俱乐部面临着很多挑战。工作人员将讨论替代作为体育课一部分的可能性。添加到一月份员工会议议程。

Treasurer's Report 财务报告 - Vagmi Dholakia-Baxi

-  **General Assets 一般资产: \$50,175.18**
-  **Gaming 博彩账户: \$26,834.95**
-  **Total Assets 合计资产: \$31,795.70**

DPAC Report 学区家委报告 - Sheri Hardcastle

Anxiety and Kids 焦虑及孩子们

- 3 presentations about anxiety and many free resources on how to support kids
关于焦虑的3个演示文稿和如何给到孩子们支持的免费资源

<https://www.youtube.com/c/SurreySchoolsMentalHealthandWellness>

<https://www.surreyschools.ca/page/12345/students-families>

https://www.surreyschools.ca/_ci/p/162282

- Mental Health is part of our overall health 心理健康是人身健康的一部分
- Regulating ourselves in order to help struggling kids, co-regulation is key when a child is in an alarmed state, be the calm for our kids
自我调节以帮助陷入困境的孩子，当孩子处于惊慌状态时，共同调节是关键，让我们的孩子保持冷静
- Stress and anxiety are important coping mechanisms and understanding why we need them can help us to stay safe, respond to danger and help us grow
压力和焦虑是重要的应对机制，了解我们为什么需要它们可以帮助我们保持安全、应对危险并帮助我们成长
- **Foundry - Surrey** - Services available virtually on their app, drop in counselling services for ages 12-24/families, access to doctors and nurses, resources for youth or caregivers for mental health - Surrey location opening Summer 2024
Foundry - 萨里 - 在他们的应用程序上虚拟提供服务，为 12-24 岁/家庭提供咨询服务，获得医生和护士的帮助，为青少年或护理人员提供心理健康资源 - 萨里网点将于 2024 年夏季开业
- Available for PACs for presentations, we can email out to parents with more information on Mental Health and Safety
可供 PAC 进行演示，我们可以通过电子邮件向家长发送有关心理健康和安全的更多信息

<https://foundrybc.ca/virtual/> <https://foundrybc.ca/virtual/groups-workshops/>

- **Family Smart** - Connecting with our kids when anxiety leads to social isolation, Ages 0-24, no diagnosis, no fee, no waitlist
智能家庭 - 当焦虑导致社交孤立时与我们的孩子联系，年龄 0-24 岁，无需诊断，无需付费，无需等候
- Available for PACs for presentations, Monthly Workshops Help for the Hard Times "Children aren't giving us a hard time, they are having a hard time"
可供 PAC 进行演示、每月研讨会 帮助度过困难时期 "孩子们没有给我们一个艰难时期，他们正在经历一个艰难时期"

<https://youtu.be/x5rvQPUnSI?si=hTuReZUcCWteM30E>

Current Topics 当前话题

- PAC Zoom Meetings, PACs can now launch meetings themselves - code given after filling out request on DPAC website
PAC线上会议，PAC校家委会现在可以自行发起会议 - DPAC网站在会议申请提交后发送代码
- DPAC looking for speaker on **Anti-Bullying** for upcoming DPAC presentation
DPAC在为下次DPAC演示寻找**Anti-Bullying 反霸凌**演讲人
- Hot Lunch Survey coming soon for coordinators, looking for feedback on current challenges and opportunities to support Hot Lunch - **Feeding Futures District Program** - currently feeding 3000 students daily
即将为协调员进行Hot Lunch 热午餐调查，寻求有关当前挑战和支持热午餐的机会的反馈 - 学区未来膳食计划 - 目前每天为 3000 名学生提供食物

- Portable/Long Range Facilities Planning Survey Information coming in. Results will be shared with public in coming months — District reporting over 1000 new students since September
可移动/远程设施规划调查信息即将到来。结果将在未来几个月内与公众分享
- 学区报告自 9 月份以来已有超过 1000 名新生
- Screen Time - Teacher's discretion on usage in classrooms, no district policy. Parents can help by modelling healthy screen habits - **Building Healthy Screen Habits**
屏幕时间 - 教师自行决定在教室中使用屏幕时间，无学区政策。家长可以通过塑造健康的屏幕习惯来提供帮助 - **建立健康的屏幕习惯**
<https://keltymentalhealth.ca/healthy-screen-habits>
- BCCPAC - facilities committee looking for members to help/attend
BCCPAC - 委员会寻找成员提供帮助/参加

Old Business 遗留事项

🌱 Confirm Jog-a-thon Spend Goals and Dates 确认Jog-a-thon 慢长跑支出目标及排期

- A bit more challenging with construction, but it will happen. Looking at May 1 or 2, need to confirm date with Karen, assembly to be held 2 weeks later
在施工期更具挑战性，但它会发生。看5月1或2号，需要和校长确认日期，2周后举行集合
- Kids will be measured soon for shirts/confirming colours/logos
很快就会为孩子们定制T恤/确认颜色/标识
- Raised funds will go to GagaBall Pit and additional MacBooks
募集的资金将用于加加球池及更多的MacBook电脑

🌱 Lunar New Year 农历新年活动

- Feb. 2 - Zita Co-ordinating Games, has everything prepared ahead - going to be a fun day for kids
2月2日 - Zita 总协调，一切都已准备就绪 - 对于孩子们来说这将是有趣的一天
- Fiona - Working on Volunteers - Nina will send Volunteer sign-up information
Fiona – 统计志愿者人数 - Nina 将发送志愿者注册信息
- Coffee and pizza for volunteers
为志愿者们准备咖啡及披萨

🌱 Constitution and Bylaw Updates 章程及附则更新

- PAC Executive finished making updates to current bylaws, will be sent out to all members and voted on in sections at future PAC meetings
PAC 行政团队完成了对现行章程的更新，将发送给所有成员并在未来的 PAC 会议上进行分章节投票

🌱 Mental Health and Cyber Safety Awareness Ideas 心理健康和网络安全意识理念

- How can PAC support? Sheri's links from DPAC, look into presentations. More ideas welcome
PAC 如何提供支持？ Sheri 来自 DPAC 的链接，查看演示文稿。欢迎更多想法

- Annual Anti-racism/Anti-gang workshop - Nina looking into who does this. Goes hand in hand with online safety. Even non-participating kids can be exposed and influenced, can have access to more than parents know
年度反种族主义/反帮派研讨会 – Nina会做后续调查。与在线安全齐头并进。即使不参与的孩子也可能受到影响并接触到比父母知道的更多的东西

🌱 **Construction Safety 施工安全**

- Ongoing issue, we will keep members up to date as things progress
持续的问题，我们会保持更新进度

New Business新增事项

🌱 **Pink Shirt Day Orders 粉色T恤日订单**

- 2 options for purchase - direct link for purchasing was sent out via email with Jan 31 as the deadline. Special Assembly held on Pink Shirt Day - Feb 28th
2种购买选项 - 直接购买链接已通过电子邮件发送，截止日期为1月31日。
粉色T恤日 - 2月28日举行集合大会

🌱 **Jersey/New Sport Equipment Spend Vote 球衣/新体育用品花销投票**

- Gaming Grant funds - All members voted yes to spend **up to \$2028** on:
博彩补助基金 - 所有成员都投票赞成在以下方面可最多支出**\$2028** :
 - **16 Larger Basketball Jerseys**
16件大号篮球球衣
 - **48 Pinnies (12 Green, 12 Yellow, 12 Red, 12 Blue)**
48件马甲队服(12件绿色, 12件黄色, 12件红色, 12件蓝色)
 - **24 Volleyballs**
24个排球

Open Forum其他议题

- Surrey School District has put out a call for Crossing Guards in a paid position - this is not specifically for our school.
素里学区招募带薪路口警卫Crossing Guards – 这并不是专门针对我们学校的。
- Tara - Will there be Saleema Noon (Sexual Health) Presentation this year? This is costly and the money may be better sent on other workshops. Less than half of the teachers wanted this presentation and some parents did not send their children that day.
Tara - 今年会有 Saleema Noon (性健康) 演讲吗? 这个花销贵, 钱最好用到其他研讨会上。不到一半的老师希望参加这次演讲, 一些家长当天也没有派孩子参加。
- Nina - We should look at potentially using gaming grant funds for playground funds (GagaBall Pit) as well, we may be able to apply for a separate/additional Capital Projects Building Gaming Grant?
Nina - 我们也应该考虑使用游戏补助金作为游乐场资金 (GagaBall Pit加加球池), 我们也许可以申请单独/额外的资本项目建设游戏补助金?

Meeting Adjourned at 9:51am

会议于上午9:51结束

Next Meeting
February 15, 2024

下次会议时间
2024年2月15日

Respectfully submitted by Heather Neilson
谨发自Heather Neilson