




Kindness Rocks At White Rock

Be Kind To Yourself • Be Kind To Others • Be Kind To Your School

Settings	Be Kind To Yourself 	Be Kind To Others 	Be Kind To Your School 	
	Looks Like	Looks Like	Looks Like	
	Learning Spaces -Classrooms -Learning Commons -Pods	<ul style="list-style-type: none"> • Always giving your best effort • Focusing on your work • Meeting your deadlines • Following instructions • Participating in lessons • Asking for help when needed 	<ul style="list-style-type: none"> • Keeping hands and feet to yourself • Encouraging your peers • Listening to others • Asking before borrowing • Remembering to not tap on the Seaquarium glass (it scares the sea life) 	<ul style="list-style-type: none"> • Working quietly on choice days • Cleaning up after yourself • Using garbage / recycling bins • Using equipment properly • Keeping gum at home
	Studios -Theatre -Dance Studio -Visual Arts Studio	<ul style="list-style-type: none"> • Keeping eyes on the performance and or speakers • Having gentle hands with props 	<ul style="list-style-type: none"> • Keeping hands and feet to yourself • Listening to others • Keeping quiet during the performance • Using appropriate applause 	<ul style="list-style-type: none"> • Leaving food and drink in your classroom
	Assemblies	<ul style="list-style-type: none"> • Following directions • Keeping eyes on the performance and or speakers • Using the washroom before the assembly 	<ul style="list-style-type: none"> • Keeping hands and feet to yourself • Listening to others • Keeping quiet during the performance • Using appropriate applause 	<ul style="list-style-type: none"> • Leaving food and drink in your classroom
	Hallways & Stairwells	<ul style="list-style-type: none"> • Walking feet • Using silent waves • Keeping to the right • Holding doors open for others 	<ul style="list-style-type: none"> • Walking feet and quiet voices • Saying "Hello" to others • Holding doors for others • Appreciating others' work • Taking turns at water fountain 	<ul style="list-style-type: none"> • Cleaning up after working in the Pod • Wiping your shoes when you enter the school • Taking care of equipment
	Washrooms	<ul style="list-style-type: none"> • Leaving food and drink in your classroom • Washing your hands before you leave 	<ul style="list-style-type: none"> • Respecting others' privacy • Waiting your turn • Having a quiet voice • Flushing the toilet 	<ul style="list-style-type: none"> • Keeping water off the floor • Cleaning up after yourself • Reporting problems
	Grounds	<ul style="list-style-type: none"> • Keeping your eyes open • Dressing for the weather • Reporting problems to a supervisor • Using appropriate language 	<ul style="list-style-type: none"> • Keeping hands and feet to yourself • Walking your wheels • Sharing and taking turns • Inviting others to play • Helping others in need • Using appropriate language 	<ul style="list-style-type: none"> • Putting garbage in garbage cans • Returning equipment to your classroom • Listening to supervisors
Devices	<ul style="list-style-type: none"> • Logging out when finished 	<ul style="list-style-type: none"> • Deleting photos once task is complete • Passing device using two hands • Respecting the work of others • Taking photos of others with permission 	<ul style="list-style-type: none"> • Handling devices with care • Plugging in device when finish • Tucking in cords 	