

## Ministry of Education – Mental Health Priorities for 2024

- 1) To continue to educate on the ground staff (counsellors, administrators, support staff, teachers) on Mental Health First Aid (Canadian Mental Health Commission Training) and how to recognize mental health concerns/ issues in the classroom (selective mutism, anxiety etc).
- 2) Continue to secure and promote mental health, substance abuse, and wellness supports with students and families.
- 3) Working with our Safe Schools Department on developing a strategic and actionable plan - for 2024/2025 school year - to deal with the co-morbidity of Mental Health and Substance Abuse

### How will you accomplish?

#### 1) The Plan

- a) Work with a core group of district and school based staff and train them to train others in recognizing and triaging students and families with these issues
- b) Work with community agencies and other district departments in how to develop a peer and school based mentorship group with these issues in mind
- c) Develop a network of supports for staff encountering this co-morbidity in schools

#### 2) Education

- a) Continue to offer Mental Health first aid training
- b) Continue to offer Pro-D opportunities in district (5 district wide)

#### 3) Secure and Promote

- a) Continue work with Foundry in Surrey
- b) Continue with Healthy Schools Work in pilot schools
- c) Student centered conferences on mental health and substance abuse
- d) Supporting specific work in schools with district staff and training
- e) Continued work with community agencies to offer supports within schools

### How will you know you are successful and how will you measure?

- 1a) How will you know if you are successful? - When we have a core group of individuals trained and they are beginning the training with a group of educators.

1b) How will you measure success? - Pre and post survey, feedback from training sessions, feedback from mentorship sessions, and how many folks they are going to be training afterwards.

2a) How will you know if you are successful? To have another 2 cohorts trained in mental health first aid and to have at least 2 more sessions on Selective mutism and 3 more pro-Ds on Mental health and wellness overall.

2b) How will you measure - pre and post surveys, feedback from sessions, feedback from schools.

3a) How will you know if you are successful?

Foundry - when district staff are part of the foundry team once it opens. How will we measure? - Debriefing with Foundry Executive and Leadership team.

Healthy Schools Pilots - Have 10 more Pilot schools working hand in hand with Fraser Health. How will we measure? - Surveys from staff and school communities.

Student Conference and work in Schools - Have at least 2 substance abuse conferences and 1 mental health conference. Measure success? PST conference Surveys to attendees, Surveys to staff.

Continued work with community agencies - We will know when we are successful by the active partnerships we have. Measuring success? Debriefs and surveys with partner schools and agencies.