

I CAN

MAINTAIN BALANCE WHILE MOVING



PHYSICAL LITERACY NON LOCOMOTORS

SUCCESS CRITERIA

DYNAMIC BALANCE MAINTAINS BALANCE WHILE USING ALTERNATE STEPPING ACTION

MAINTAINS AN UPRIGHT POSTURE

MAINTAINS BALANCE USING ARMS AS NEEDED

EYES ARE FOCUSED FORWARD

GRADES K-2

Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments

GRADES 3-5

Develop and apply a variety of fundamental movement skills in a variety of physical activities and environments

GRADES 6-7

Develop, refine, and apply fundamental movement skills in a variety of physical activities and environments

I CAN

MAINTAIN BALANCE WHILE MOVING

**PHYSICAL LITERACY
NON LOCOMOTORS**



LEARNING CUES

- MOVE USING ALTERNATE STEPPING ACTION
- MAINTAIN AN UPRIGHT POSTURE
- FOCUS EYES FORWARD
- USE ARMS TO MAINTAIN BALANCE WHILE MOVING



SCAN ME