

Document your Core Competencies Self-Reflection

You will have four opportunities to reflect and set goals around your competency development.

- 1. November Personal & Social Responsibility Reflection
- 2. January Thinking Self-Reflection
- 3. April Communication Self-Reflection
- 4. June Goal Setting

This year, we will be documenting our experiences and reflections in SpacesEDU.

How to Login to SpacesEDU

- 1. Visit https://ca.spacesedu.com/sso/sd36 and click Login
- 2. Enter your SD36 email and password. If this is not working, ask your teacher for a QR code.

How to Document your Core Competencies Self-Reflections

- 1. From your Dashboard, click Portfolios
 - If you're in a class when you log in, click the home button at the top left
- 2. Click on the **Core Competencies Portfolio** for your grade level

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3. Review the Writing Prompt for each of the four reflections you will be required to do. Once you have read the prompt for this reflection, click Get Started in the top right corner.



Need to revisit these resources later, click the i in the top right of your Portfolio.

- **4**. Create your first **Post** by clicking on the **+Create** button
 - Add a title and write a description this is a great opportunity to use "I Can" statements
 - You can include multiple pieces of multimedia evidence in your post
 - Make sure you've selected to appropriate Section (i.e. Personal & Social Responsibility in November)

5. Using SpacesEDU in other classes? You can easily copy posts from your Class to your Core Competencies Portfolio. Simply click the three dots on the post, Copy, and then select the destination.

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10.						Select a Sector
Cel Description						
Write your post						



Personal and Social Responsibility Competency (November)

The Personal and Social Responsibility Competency is the set of abilities that relate to students' identity in the world, both as individuals and as members of their community and society.

As you reflect on this competency you understand there are consequences for decisions and actions.

This reflection will be a part of your 2023/2024 school year record and be kept in your student file.

This September, we kicked off our school year with a variety of different activities or events for students.

- Terry Fox Run
- Grade 8 Welcome
- Orange Shirt Day
- Truth and Reconciliation Activity
- Purple Shirt Day (Spirit) Activity
- Gotcha Spartans

For the month of September and October, our theme across the school is "Identity". Being a part of the Spartan community involves being able to understand and see how you can:

-Take pride in who you are and understand that you are part of a larger community

-Understand that your identity is influenced by many aspects of your life. You are aware that **your values shape your choices** and contribute to making yourself a unique individual

-Identify how your **life experiences have contributed to who you** are and that your **identity is continuously changing** and evolving

To reflect on your identity and your personal and social abilities (competencies), select one of the following events and then comment on how this particular event has helped you understand one or more of the above points.