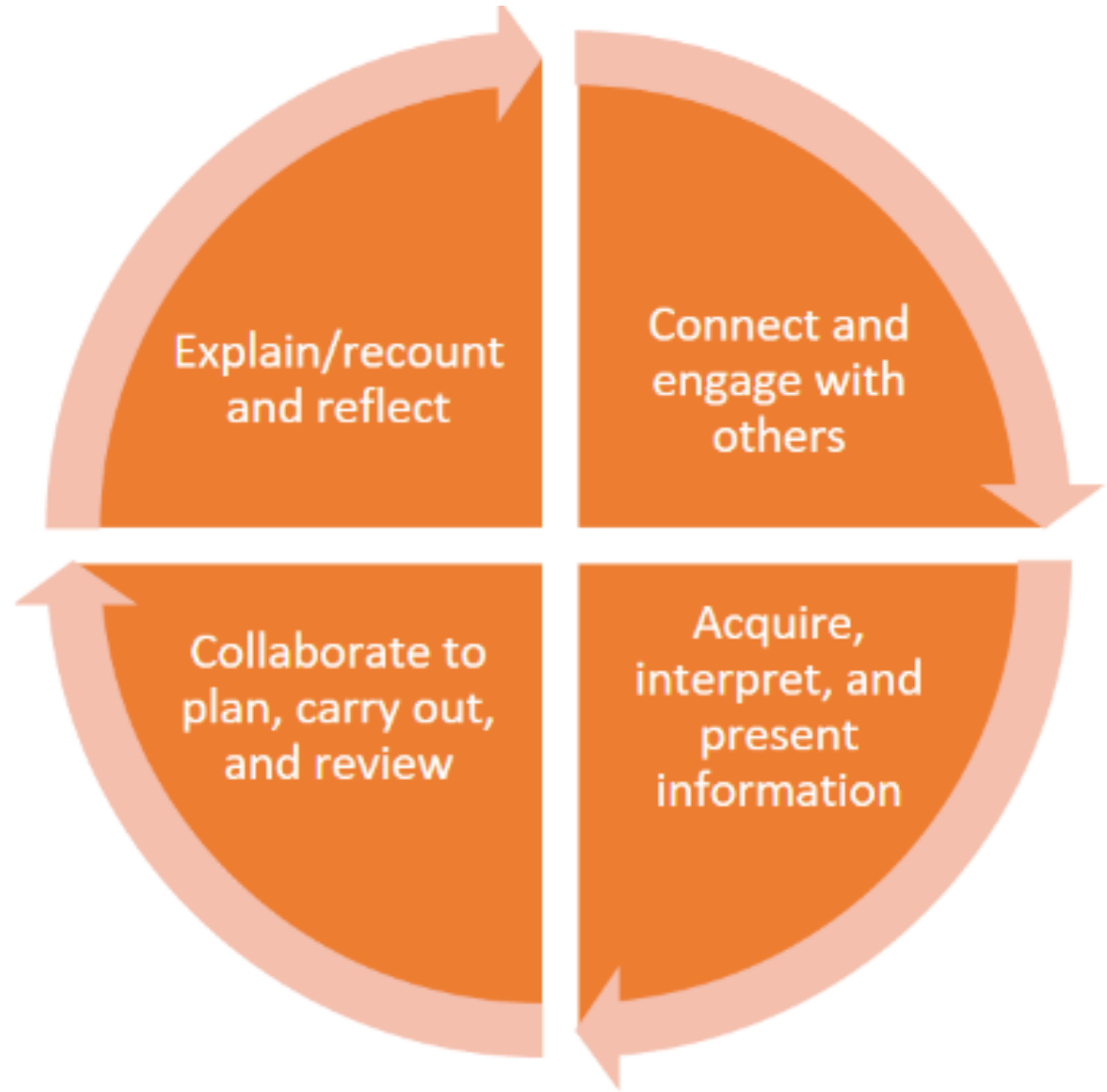


Core Competency Self- Assessment #2

February 2024



Core
Competency
Focus:
Communication

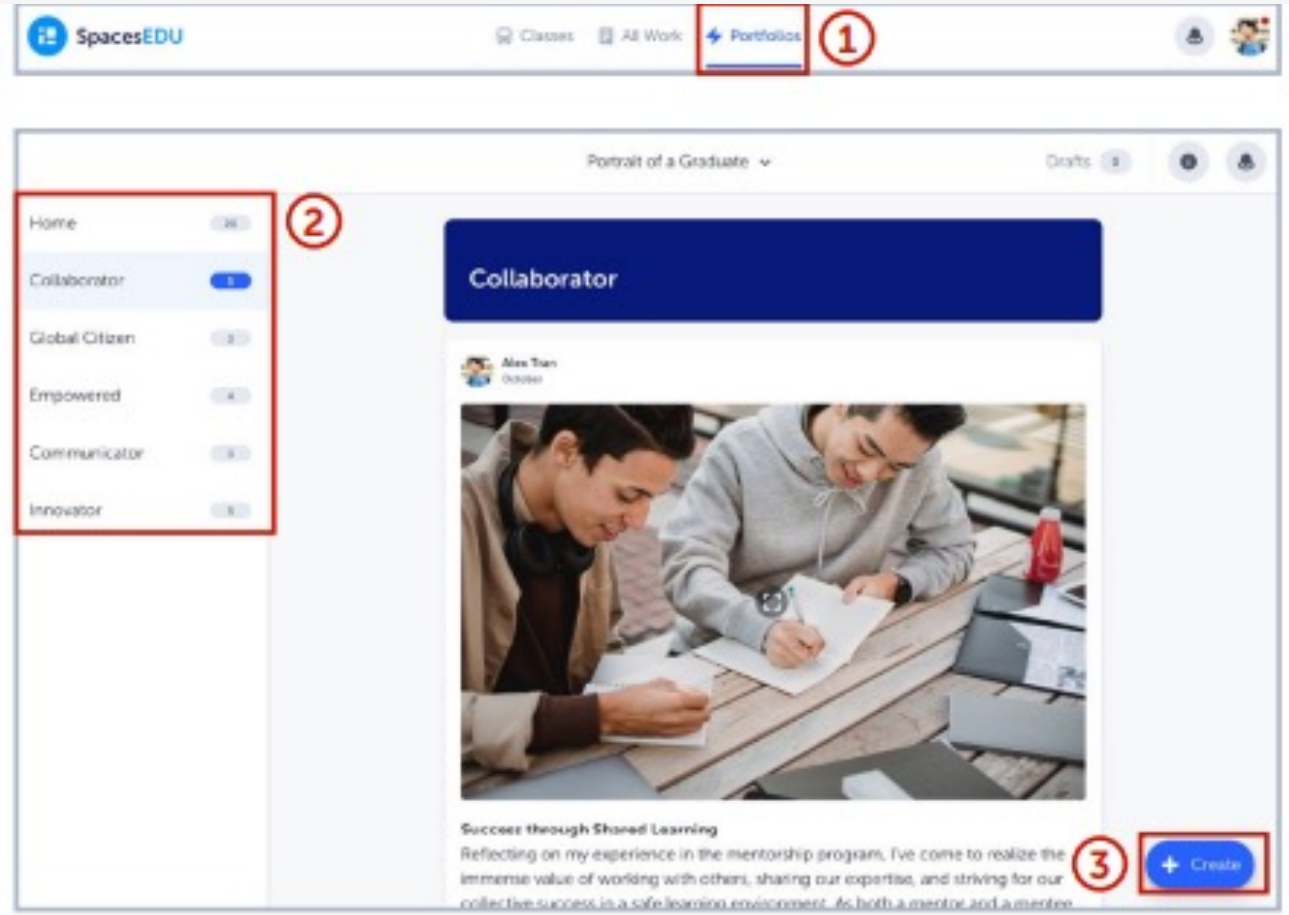


How to Find and Complete the Self-Assessment

- Go to: <https://ca.spacesedu.com/?lang=en> – Make sure you are on the Canadian Site (Canada flag in top corner)
- Login using **surrey schools username and password**, a pop up will appear for you to type in your password.
 - **If you are using Safari you will need to disable the pop-up blocker by going to**
 - **General Settings >>> Safari >>> Selecting the toggle to “Off” to allow pop ups**
 - **You will need to close all of your tabs and go to Spaces again**



How do I access my portfolio?



1. Click the Home button in the top right corner
 2. From your Dashboard, click Portfolios in the top navigation
 3. Click into your Portfolio "Core Competencies Self-Assessment". Click on the Communication (February) folder.
 4. Review the instructions and links that will support you in creating your first artifact
- When you're ready, click Get Started in the top right



In a nutshell:



1. **Find an example** of growth or success in communication.
2. **Explain** why you chose the example. Why are you proud of it?
3. Identify a **goal** and how you will get better in the way you **communicate or collaborate.**

Upload your work to Spaces!

To Help You Get Started: I Can Statements and Reflection Examples

Two documents containing examples to help you get ideas and see what your self-assessment COULD look like are available on Spaces.

Refer to the list of **“I can” statements** provided for some examples of ways you may have experienced the communication core competency. Think about how you may have demonstrated and grown in your classes, as parts of clubs/teams, or during school events, etc.

You can also refer to the **reflection examples** provided if you are unsure as to how the final product will look. Remember, you can showcase your learning and growth in many different ways!

1. Find an example of growth or success.

- The example or artifact should demonstrate success or improvement in your ability to communicate this year.
- How will you know?
 - Classroom discussions
 - Talking to friends
 - Asking your classroom teachers
 - Exploring examples (online)
- **Once you have identified your example, upload a picture, file, audio clip, or write a comment to show or describe your artifact to your portfolio.**



2. Explain why you chose the example/artifact.

- Describe how the example or artifact that you chose shows personal growth or success.
- You can choose to use the sentence starters to help you explain.
- The example that I chose ...
- shows that I can....
- I show this by....
- Type your response into spaced directly, take a picture of your written response, upload a typed document, or upload an audio clip of your explanation

3. Identify a goal to work towards improving your communication core competency

I can continue to work on this competency by... _____

Specific ways I will work towards my goal(s) include.... _____

- Add your goal setting to your portfolio using a method of your choice



Example: Communication- Culinary Arts

The example that I chose of cooking in my culinary arts class shows that I can work with others to achieve a common goal. I show this everyday that my classmates and I work together to create something. We show respectful behaviour, kindness, and help each other when we need it. I have shown growth in my ability to work with different people at different times, which has gotten me out of my comfort zone. I can continue to work on my communication skills by being able to better act on constructive feedback to improve my skills. To do this, I will make sure that I understand the feedback, by stating it back, and asking the teacher questions if I am unsure of what to do to improve.

