**Shape, logo, company name

Description automatically generatedSemiahmoo Secondary**

**Core Competency Self Assessment and Goal Setting**

Step 1: **Find an example** of growth or success.

* Your example should demonstrate success or improvement in your ability to critically and creatively think this year.
* How will you know?
  + Classroom discussions
  + Talking to friends
  + Asking your classroom teachers
  + Exploring examples (online)
* Once you have identified your example, upload a picture, file, audio clip, or write a comment to show or describe your artifact to your **THINKING** folder of your portfolio.

2. **Explain** why you chose the example/artifact.

* Describe how the example or artifact that you chose shows personal growth or success.
* Create a new post, type your explanation as a comment, upload a picture of your writing, or record and upload an audio clip to the **THINKING** folder.
* You can choose to use the sentence starters to help you explain.

The example that I chose shows that I can... I show this by….

3. **Identify a goal** and how you will get better in the way you **critically and creatively think.**

* You can choose to use the sentence starters to help you explain your goal.
* Type your goal setting as a comment, upload a picture of your writing, or record and upload an audio clip to the **THINKING** folder.

I can continue to work on this competency by…

Specific ways I will work towards my goal(s) include….