

# Maple Green Elementary Community Newsletter #4

November 3, 2025

# **Important Dates**

Tuesday, November 4 PAC Meeting 7pm in the library - DATE CHANGE!

Monday, November 10 Pro-D Day - No School

Tuesday, November 11 Remembrance Day - School Closed

Wednesday, November 19 Treat Day - DATE CHANGE!

Wednesday, November 26 Hot Lunch - Dominos - Pizza & Pasta

Thursday, November 27 Kindergarten Dental Screening

Monday, December 1 PAC Meeting 6:30 pm in the library

Wednesday December 10<sup>th</sup> Treat Day Wednesday December 17<sup>th</sup> Hot Lunch

# Upcoming PAC Meetings

The monthly PAC meeting has been postponed this month to tomorrow, Tuesday Nov. 4 starting at 7:00 pm. The next PAC meeting date is December 1 at 6:30pm. It has been awesome to have some new parents come out however, we need even more people to attend and to lend a hand with planning activities. Please try to come to support the school! We try to keep the meeting time short and everyone is friendly! Looking forward to seeing you!

### Halloween Festivities



We had almost 100 students bring in their amazing jack o' lanterns for our display! Thank you to staff for supporting this event and thank you to families for supporting students in this creative endeavour!

# Social-Emotional Learning at Maple Green

This November, our school community is embracing the theme of Peacefulness. Throughout the month, students will engage in activities and discussions that promote inner calm, empathy, and harmonious relationships by solving problems in peaceful ways. We believe that fostering a peaceful environment not only enhances learning, but also helps children develop essential life skills. From mindfulness exercises to collaborative projects, we aim to create a culture of respect and understanding. We encourage families to join us in this journey by practicing peaceful habits at home. Together, we can cultivate a more peaceful world for our children.



# The Poppy

Every year, from the last Friday of October to November 11, tens of millions of Canadians wear a Poppy as a visual pledge to honour Canada's Veterans and remember those who sacrificed for the freedoms we enjoy today. Our school will be handing out a poppy to each student for our Remembrance Day Assembly on November 7<sup>th</sup> and we will collect donations

during the week for The Poppy Fund. Funds donated across the country during the National Poppy Campaign support Veterans and their families. Wear a poppy. Give generously.

# Traffic Safety

Please do not park your vehicle in the school's circular driveway. It is for **drop off** only. Use it to "Kiss and Drop", pausing just a few seconds for the children to leave the car and for you to be on your way. The same is true for pick up time. This is a no stopping zone so you must drive through and circle back if your children are not ready for pick up. The City



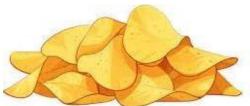
of Surrey requires that this area be available at all times for emergency vehicles and the Surrey Bylaws Department can ticket vehicles that are not following regulations. Ideally, families should walk to school, but if this is not possible, families may use a marked parking spot in the upper parking lot. DO NOT use handicapped parking spots for drop off or pick up. Thank you for modelling good traffic safety for our students!

# **Treat Day!**

# Wednesday Nov 19th

TREATS ARE \$0.50 - \$1.50 EACH

- Cookies
- Chips
- Candy
- Doritos
- Cheetos
- Fruit Roll Ups
- And more....





# **Order Your Hot Lunch!!!**

Domino's on Wednesday Nov 26th



- Pizza
- Pasta
- Breadsticks / Cinnastix
- Chicken Bites
- Chips
- Doritos
- Cookies
- Juice

# Order & payment deadline 11:59pm Tuesday Nov 18th

<u>www.munchalunch.com/schools/maplegreen</u> or find the quick link at <u>www.surreyschools.ca/maplegreen</u>

**REMINDERS:** Late orders cannot be accommodated. Refunds will not be given for student absences. If your child is not at school, contact us and we can put the order aside for you to pick up around 11:40am or consider it a donation to a student in need.

Please make sure you order and pay online, before the deadline, so your kids don't miss out!

If you have any questions or problems with ordering and/or payment through munchalunch please feel free to contact us at: maplegreenpac@gmail.com

#### Dress for the Weather at Recess & Lunch

We are getting closer to the rainy season and unless there is a severe weather warning, students will continue to go outside for recess and lunch. Free play, fresh air and social interactions outside are a valuable part of students' learning each day. Please make sure that your child is dressed for the weather (including proper footwear, change of socks / clothes, warm waterproof outerwear and maybe an umbrella). Students will not be calling home during the day to have dry clothing brought to school, so please prepare in advance.





#### Student Attendance

We ask that families ensure that children attend school on time, during scheduled hours, and minimize any mid-day interruptions, whenever possible. If your child is going to be away from school or late, please email the office at <a href="maplegreen@surreyschools.ca">maplegreen@surreyschools.ca</a> and provide the following information:

- First and Last Name of the student
- Teacher
- Division



Fall, 2025

#### Re: Supporting a Healthy Back-to-School

Dear Valued School Partners,

We look forward to supporting the health and well-being of your school communities during the 2025/2026 school year. Below you will find important information about public health services available for students, families and staff for the upcoming school year.

#### School health resources

- Our <u>Healthy Back-to-School Guide</u> has information on back-to-school anxiety, nutrition, safe travel to and from school, sleep and immunizations.
- Our <u>School Health</u> web resource has answers to the most frequently asked health related questions from parents, teachers and school administrators.
- Our <u>Healthy Schools Communications Toolkit</u> has monthly messaging on key health topics for parents/caregivers and students. Schools are encouraged to share these messages in school newsletters and on social media channels.

#### **Measles**

An important preventable illness to be aware of right now is **measles**, which has been increasing globally, including here in Canada. Symptoms of measles include fever, cough, runny nose and red, inflamed eyes, followed by a rash. The rash usually starts on the face and neck and spreads to the chest, arms and legs.

#### Measles vaccination

Immunization is the best way to prevent measles infection. It is important to ensure that children and caregivers (if born in or after 1970) have received at least two doses of a measles-containing vaccine. Find out how to check immunization records here.

Measles-containing vaccines are available at many <u>pharmacy locations</u>, physician offices and at all <u>public</u> health units.

If children have symptoms of measles, it is recommended that they stay home. If they do need to see a health care provider, it is important, to prevent spread, that they call ahead and wear a mask.

#### **Immunizations**

All <u>routine school-aged immunizations</u> are free in British Columbia. It is important that all students stay up to date with their immunizations.

#### For Kindergarten - Grade 5:

• Check your child's immunization record: Log in to Health Gateway at <u>HealthGateway.gov.bc.ca</u> to see what's on file.

- **Get immunized:** If your child is missing any vaccine, book an appointment with public health or check with your local pharmacist, family doctor, or nurse practitioner.
- **Report your immunizations:** If vaccines your child has received aren't on their public health record, get a copy from your provider and upload it at <a href="fraserhealth.ca/immunizationform">fraserhealth.ca/immunizationform</a>. Records can be submitted in any language.
- Learn more at fraserhealth.ca/immunize.

#### For Grades 6 -12, school-based immunization clinics:

- Fraser Health is offering routine immunizations at schools to students in grade 6 and 9 and catching up students in grade 6 to 12 on any vaccines they may be missing.
- **New this year**: Families can check their child's immunization records and provide consent for school immunizations online at <a href="immunizationconsent.gov.bc.ca/s/">immunizationconsent.gov.bc.ca/s/</a>.
  - Look at "immunization forecast" to see if your child needs any vaccines.
  - o Fill out the form to complete consent online.
  - You can fill out consent now or any time before the school clinic.
  - o Paper consent is also available and will be sent home with your child.

#### **Childhood health screening**

#### Dental:

- Every three years, a province-wide kindergarten dental survey takes place in all schools. The survey helps us monitor trends in early childhood dental health and evaluate the effectiveness of dental programs. Information about cavity rates in the Fraser Health region can be found here:

  Fraserhealth.ca/DentalHealth.
- Based on these results, in 2025/2026, dental screenings will be offered by Public Health in schools
  where there were a high number of students identified with dental health issues. A separate letter
  with more information and further instructions will be sent to schools who fall into this category.

#### Vision:

- Children should have a yearly eye exam with an optometrist to help detect issues early and provide treatments.
- Vision issues may impact learning in kindergarten and subsequent school years. Public Health does
  not currently provide vision screening in schools. All parents and caregivers are encouraged to book
  an eye exam for their child at their local optometrist (eye doctor).
- In B.C., basic eye exams are free up to the age of 18, although some optometrists may charge an additional fee per visit. The <u>Healthy Kids Program</u> may be able to support eligible low-income families with financial assistance for prescription glasses.
- To find an optometrist in your area, contact the BC Doctors of Optometry.
- For more information, visit fraserhealth.ca/ChildHealthScreenings.

#### **Hearing:**

- Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth.
- Public Health's community audiologists provide hearing services for children from birth to 19 years of
  age. For children who have hearing concerns, referrals can be made by a parent/guardian or by a
  health or education professional to the local public health audiology clinic using the <u>Audiology Clinic</u>
  Referral form.
- For more information about hearing visit: <a href="mailto:fraserhealth.ca/HearingServices">fraserhealth.ca/HearingServices</a>.

Your continued support in keeping our children and communities healthy is much appreciated. If you or your staff have questions about the information in this letter, please contact your local <u>public health unit</u>.

Warm regards,

Dr. Lindsay Bowthorpe, MD, CCFP, MPH, FRCPC

Medical Health Officer – Medical Director Population and Public Health, Fraser Health

Pronouns: she/her

Southorpe

Abbotsford HU	<b>Agassiz HU</b>	<b>Burnaby HU</b>	Chilliwack HU	Cloverdale HU, Surrey	<b>Guildford HU, Surrey</b>
Tel: 604-864-3400	Tel: 604-793-7160	Tel: 604-918-7605	Tel: 604-702-4900	Tel: 604-575-5100	Tel: 604-587-4750
Fax: 604-864-3410	Fax: 604-796-8587	Fax: 604-918-7630	Fax: 604-702-4901	Fax: 604-574-3738	Fax: 604-587-4777
<b>Hope HU</b> Tel: 604-860-7630 Fax: 604-869-2332	<b>Langley HU</b> Tel: 604-539-2900 Fax: 604-530-8138	<b>Maple Ridge HU</b> Tel: 604-476-7000 Fax: 604-476-7077	<b>Mission HU</b> Tel: 604-814-5500 Fax: 604-814-5517	New Westminster HU Tel: 604-777-6740 Fax: 604-525-0878	<b>Tri-Cities HU</b> Tel: 604-949-7200 Fax: 604-949-7211
Newton HU, Surrey	North Delta HU	North Surrey HU	South Delta HU	White Rock HU	
Tel: 604-592-2000	Tel: 604-507-5400	Tel: 604-587-7900	Tel: 604-952.3550	Tel: 604-542-4000	
Fax: 604-501-4814	Fax: 604-507-4617	Fax: 604-582-4811	Fax:604-940-8944	Fax: 604-542-4009	

# November – Vision, hearing and dental screenings and youth clinics

# Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.



#### **Dental**

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's Find a Dentist database. If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access affordable dentistry for your children. You can also contact the dental program at your local public health unit and ask about resources available in your community.

#### Vision

BC Doctors of Optometry recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's Find an Optometrist database. In B.C., one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment.

#### Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your <u>local public health audiology (hearing) clinic</u>.

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <a href="https://ow.ly/oK9z50PegZB">https://ow.ly/oK9z50PegZB</a>

#### Youth clinics

Let your teen know about our youth clinics. These clinics are located across the Fraser Health region and provide free, confidential information and education regarding sexuality and health to youth under 21 to 24 (age varies by site). Learn more about the services available at youth clinics: Youth clinics - Fraser Health Authority



### Great opportunities exist in your own community.

Surrey Schools is currently seeking people within your local neighbourhood to work as:

#### **Lunch Hour Supervision Aides**

What is every child's favourite time of the day? Lunch! This job is an ideal part-time opportunity for retirees, post-secondary students studying from home and adults who relate well to children and youth, that are free during lunch hour to head outside and spend time with kids at schools. Be part of their favorite time of day!

Supervision Aides work 1 hour per day.

The rate of pay is \$26.00/hour.

Followthis QR Code to view job posting!





For more information about working with Surrey Schools visit: www.surreyschools.ca/careers