November Core Competency Reflections 2026

GRADE	NOVEMBER: **Self-Awareness, Identify Values**	REFLECTION QUESTION:	FORM LINK:
8	Self-awareness and goal setting	**Personal Shield**: Write 4 words that represent your strengths, interests, and goals. Reflect on how these can help you succeed this year.	Grade 8 FORM
9	Personal strengths and identity	**Strengths Map**: List 3 strengths you have in and out of school. Briefly explain how they shape your identity and help you in everyday life.	Grade 9 FORM
10	Resilience and adapting to change	**Resilience Timeline**: Name 3 challenges you've faced this year. For each, write what you learned or how you grew.	Grade 10 FORM
11	Personal values and self-regulation	**Values and Actions**: List 3 personal values. Next to each, write an action that demonstrates this value in your life.	Grade 11 FORM
12	Exploring purpose and direction	**Purpose Pathway**: Write 2-3 sentences about what drives you (purpose, goals). How has it influenced your choices this year?	Grade 12 FORM

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Grade 9 - November Core Competency Reflections 2026

Strengths Map: List 3 strengths you have in and out of school. Briefly explain how they shape your identity and help you in everyday life.

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Resilience Timeline: Name 3 challenges you've faced this year. For each, write what you learned or how you grew.



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Values and Actions: List 3 personal values. Next to each, write an action that demonstrates this value in your life.

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Purpose Pathway: Write 2-3 sentences about what drives you (purpose, goals). How has it influenced your choices this year?

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Grade 12 - November Core Competency Reflections 2026

Name:

Purpose Pathway: Write 2-3 sentences about what drives you (purpose, goals). How has it influenced your choices this year?