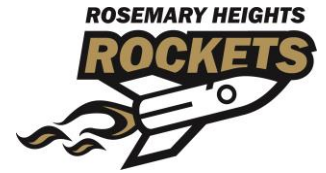


Community News Flash #18

December 20, 2024



Important Dates

- | | |
|----------------------------|-----------------------------------|
| December 20 | - PJ Day |
| December 23 -
January 3 | - Winter Break - School Closed |
| January 6 | - School Opens after Winter Break |



The Rosemary Heights Team wish you all a fantastic Winter Break, filled with joy, relaxation, and cherished moments with loved ones. Here's to a Happy New Year, brimming with good health, prosperity, and countless wonderful memories!

A big thank you to our Rosemary Heights PAC for the delicious donuts. It's always nice to have a little something sweet to brighten the day.



S.E.L. Newsletter



JANUARY

This month's S.E.L. theme is **Growth Mindset**.

"A growth mindset is when students understand that their abilities can be developed" – Carol Dweck.

It is the belief that one can get better at something by dedicating time and effort to it.

Students will be learning about Growth Mindset in their classes this month through activities, reading stories, class discussions, and more.

What is S.E.L.?

S.E.L. stands for Social Emotional Learning. It is the process of teaching students how to understand and manage their emotions, set goals, show empathy, build positive relationships, and make responsible decisions.

Why is it important at school?

S.E.L. helps students develop key life skills like self-awareness, self-control, and communication. These skills improve mental health, reduce behaviour problems, increase academic success, and create a positive school environment. By learning S.E.L., students are better prepared to handle challenges, build strong relationships, and thrive both in school and beyond.

How you can support your child's "Growth Mindset" at home:

- Praise effort, not just results
- Encourage challenges and perseverance
- Model learning from mistakes
- Use positive, growth-oriented language
- Promote problem-solving and independence
- Celebrate progress, not just perfection
- Set achievable, incremental goals
- Foster curiosity and a love for learning



KINDERGARTEN

Please join us for this informative series for families with children entering Kindergarten in September 2025.



No RSVP Required

Online Session #1: Registration & Beyond

- How and when do I register?
- What are Choice Programs and how do I register?
- What can I expect in September?

January 8th, 10am-11am

OR January 9th, 7pm-8pm



Scan the QR code
for the meeting link

Online Session #2: Helping my child be “school ready”

- What do schools expect in terms of learning? In terms of independence?
- How can I support my child to have a successful transition to Kindergarten?

February 4th, 10am-11am

OR February 6th, 7pm-8pm



Scan the QR code
for the meeting link

In Person Session #3: Emotional Well Being and School Readiness: How play and attachment are key!

- How does a strong attachment with my child provide safety at school and readiness for learning?
- How is play one of the most important, well-researched and effective ways to help my child be “school ready”?

April 15th, 6.30 - 8pm

District Resource Education Centre
14123 92 Ave
Child Care Provided Ages 2-10



Scan the QR code to
request child care

Further information please contact:

Leah Christensen, District Principal Early Learning and Child Care
Tel. 604.595.5164

SPORT EXPLORERS AFTER SCHOOL PROGRAM



Gym at 15516 36 Ave, Surrey

Grades 3-5



January 24- March 14 (7 Sessions)

No Session Feb 21



Fridays, 2:30-4:00 PM

Cost: \$157.50 + GST

About Sport Explorers

Unlock your child's potential through our engaging, multi-sport after-school programs designed to inspire and energize! Sport Explorers introduces athletes to a world of fun, teamwork, and skill-building in a safe, inclusive environment. Perfect for all experience levels, Sport Explorers makes after-school time active, social, and full of adventure.

Register today to secure your child's spot for sport exploration!

Powered by the Private Coaching Collective
www.privatecoachingco.com

Key Features

Multi-Sport Programming

Participants experience a variety of sports and activities including soccer, basketball, volleyball, pickleball, hockey and more

Experienced Coaches

Our coaches are dedicated to providing an unforgettable experience!

Suitable for All!

Programming suitable for all ages, skill levels, and backgrounds.

**JOIN
NOW!**



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Christmas

December 25

Christmas is an important and time-honoured tradition in Canada. It is both spiritually and culturally significant for millions of people in this country, Christians, and non-Christians alike. Christmas is generally defined as the Christian celebration of the birth of Jesus.



The Christmas tree, along with the Nativity scene are common physical symbols of Christmas across Canada in homes, businesses or public spaces. This is a time when families join for a special meal and exchange gifts.



Many Christians in Canada celebrate the beginning of the Advent season on the first Sunday of **Advent** (Dec. 3). It marks the start of the Christian year in western Christianity. Its length varies from 22 to 28 days, starting on the Sunday nearest **St Andrew's Day** and encompassing the next three Sundays, ending on Christmas Day.

Jan. 6 - Epiphany

(also known as Three Kings' Day & El Dia de los Reyes)

It occurs on the 12th day after Christmas. This Christian feast day is a special date as it's when people celebrate how a star led the Magi (Three Kings or Wise Men) to visit the baby Jesus after he had been born.



Jan. 7 - Orthodox Christmas Day (It is based on the Julian calendar instead of the Gregorian calendar.)

Boxing Day - December 26, 2023

With origins in England and the UK, Boxing Day is often linked to the opening of alms boxes in churches for collection of donations to those in need as well as gifts for employees of households on the day after Christmas. Today, many Canadians will look to their favourite stores for sales and shopping.



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Jewish people around the world celebrate Hanukkah (or Chanukah) to commemorate the victory of the Maccabees, a small rebel Jewish group, over the Greek-Syrian army in 165 BCE.



The word Hanukkah means dedication in Hebrew.



Following a fierce battle, the Maccabees reclaimed the Holy Temple in Jerusalem. They found it destroyed and desecrated. They discovered there was only enough oil to light the menorah (lamp) for one day. The oil lasted for eight days. Jewish people considered it a miracle!



Today, the Jewish celebration of Hanukkah lasts eight days in honor of this miracle. Jewish people light eight candles on the menorah or hanukkah (one candle the first night, two the second night, and so on), say blessings and sing songs.



Jewish people eat foods fried in oil such as latkes (potato pancakes) and sufganiyot (doughnuts) to celebrate this miracle.



With every Hanukkah candle Jewish people light, they remember the importance of bringing light into the world. They think about the resilience and perseverance of the Maccabees, and the freedom they have today to celebrate Jewish culture and traditions.



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HAPPY Kwanzaa

December 26 to January 1



Kwanzaa is a cultural festival that celebrates African communities, family and values. It takes place over 7 days.



The celebration was founded in 1966 in the United States, and Canada began to celebrate it in 1993.



The word Kwanzaa comes from the Swahili language and means "first fruits." There are seven central symbols of Kwanzaa.



An important tradition in Kwanzaa has to do with a candleholder called the kinara. Every candle represents a different value of African culture.



The 7 principles (Nguzo Saba) are: unity (umoya), self-determination (kujichagulia), community work and responsibility (ujima), building and supporting businesses within the community (ujamaa), purpose (nia), creativity (kuumba), and faith (imani).



A special feast, called karamu, is held on December 31st, the sixth day of Kwanzaa. Traditional African dishes are served. They can include items such as beans, rice, stew, chicken and countless sweet desserts.



On January 1st, the last day of Kwanzaa, families exchange gifts. The gifts are known as zawadi.



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WINTER SOLSTICE Longest Night of the Year

Shab-e
Yalda
(Chelleh)

DECEMBER
20th, 2024

HAPPY
YALDA

May the
spirit of
Yalda usher
in brighter
days

People from Afghan, Azeri, Iranian, Kurdish, Tajik and Uzbek communities in BC and around the world will celebrate Yalda, the Iranian celebration of solstice.

Families gather to read stories and poetry and share food, including fruits such as pomegranate and watermelon, whose redness represents sunrise.

RACIAL EQUITY
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Student Absences

If your child is going to be away from school or late to school please email the office at rosemaryheights@surreyschools.ca and include the following information:

- First and Last Name
- Teacher
- Division

Important Safety Reminders

To ensure the safety of our students, we kindly ask all families to use the crosswalk when walking from the parking lot to the school. Please **DO NOT block the crosswalk** when dropping off your children. If there are no available parking spots during drop-off and pick-up times, please continue to circle the school. It's crucial to maintain a steady flow of traffic and avoid stopping in the parking lot or cul-de-sac to wait for your children. Thank you for your cooperation in keeping our students safe!

Visitors at Rosemary Heights

A reminder that all visitors or volunteers coming into the school need to sign-in at the office. If you would like to meet with a classroom teacher, please email and make an appointment to ensure the teacher is available to meet with you.

Student Lunches

It's important to remember to pack utensils for your child's lunch and snacks, as the office won't be providing them. Also, don't forget to include a recess snack on hot lunch days. Many students come to the office looking for snacks on Thursdays.

Mobile Apps

Surrey Schools has a ne/w mobile App that is now available in the Apple and Android app stores. Anyone can download the app and subscribe to District or School Notifications, News and Events.

In the app store search for 'Surrey Schools' or use the links below.

Android: <https://play.google.com/store/apps/details?id=ca.schoolbundle.surrey>

iOS: <https://apps.apple.com/ca/app/surrey-schools/id1611336585>



ROSEMARY.HEIGHTS.ELEMENTARY

Rosemary Heights Elementary Instagram

Join our Rosemary Heights Elementary Instagram Account. We want to celebrate all the amazing events and learning opportunities that are happening at Rosemary Heights. Please give us a follow!!

**CHECK OUT OUR NEW
ROSEMARY HEIGHTS
ROCKETS SPIRIT WEAR AT
OUR ONLINE STORE!**



<https://rosemary-heights-elementary-school.square.site/>

FOLLOW ROSEMARY HEIGHTS ELEMENTARY PAC ON FACEBOOK AND INSTAGRAM



FACEBOOK

www.facebook.com/rosemaryheightspac



INSTAGRAM

www.instagram.com/rosemaryheightspac



SURREY SCHOOLS IS HIRING



Great opportunities exist in your own community.

Surrey Schools is currently seeking people within your local neighbourhood to work as:

Lunch Hour Supervision Aides

What is every child's favourite time of the day? Lunch! This job is an ideal part-time opportunity for retirees, post-secondary students studying from home and adults who relate well to children and youth, that are free during lunch hour to head outside and spend time with kids at schools. Be part of their favorite time of day!

Supervision Aides work 1 hour per day.

The rate of pay is \$26.00/hour.

Follow this QR Code to view job posting!



For more information about working with Surrey Schools
visit: www.surreyschools.ca/careers