

# TRACK AND FIELD TRY OUT SCHEDULE

All students Grade 3-7 are encouraged to come tryout for the track events they are interested in competing in at the track meet on **Wednesday, June 3** at Bear Creek Park.

There will be two weeks of tryouts starting **April 27 - May 8** before or after school. For all events two students per age group and gender will be selected. Teams will be posted approximately May 11<sup>th</sup>, outside the gym. An announcement will be made when ALL teams are selected. A permission form for the track meet will be sent home **ONLY** if your student is being selected to represent Latimer Road at the track meet on June 3. If students are selected for more than one event, there will only be **ONE** permission that covers all events. If the student has prior commitments during a try out, they must communicate this with the coach of the event and they **must** attend at least one try out.

\*If you want to try out for two events that are at the same time, please check-in with one teacher and communicate where you are. You can split the try outs. For example: You can do ONE or TWO jumps at high jump and then go try out for shot put. Students are responsible for all communication with coaches.

Thank you to our coaches who are volunteering their time to help our students experience this wonderful event.

**Shot Put:** Mr. Pinto and Mrs. Westlake

**Long Jump:** Ms. Millard and Ms. Oliver

**Sprints:**

- BANTAM: Mrs. Kavanagh and Mrs. Star
- PEEWEE: Mrs. Walker
- TYKE: Ms. Proctor and Ms. Wik

**High Jump:** Ms. Feldhaus and Ms. Sahaye

**Discus:** Mr. Helland

**Triple Jump:** Ms. Graham and Ms. Lawrence

**Long Distance:** Ms. Humphry and Ms. Parmiter

Any general track questions can be directed to Ms. Proctor ([proctor\\_r@surreyschools.ca](mailto:proctor_r@surreyschools.ca))

## Try Outs Schedule April 27-May 8<sup>th</sup>

| Monday<br>Apr 27/May 4/May 11   | Tuesday<br>Apr 28/May 5  | Wednesday<br>Apr 29/May 6  | Thursday<br>Apr 30/May 7  | Friday<br>May 1/May 8 |
|---|--|--|---|-----------------------|
| <p>The teams will be selected by May 11<sup>th</sup>. At this time, a list will be posted and coaches will give one permission form to students who have been selected.</p> | <p><b>Before School (7:50 - 8:20am)</b><br/><b><u>Shot Put</u></b><br/>Gravel area by portables with Mrs. Westlake and Mr. Pinto</p> <p><b>Before School (7:50 - 8:20am)</b><br/><b><u>High Jump</u></b><br/>Gym with Ms. Feldhaus and Ms. Sahaye</p> <p><b>After School (2:30-3:00pm)</b><br/><b><u>Triple Jump</u></b><br/>Meet at the Swings with Ms. Graham and Ms. Lawrence</p> <p><b>After School (2:30 - 3:00pm)</b><br/><b><u>TYKE Sprints/Relays</u></b><br/>Grass field with Ms. Proctor and Ms. Wik</p> | <p><b>Before School (7:45 - 8:15am)</b><br/><b><u>Long Jump</u></b><br/>Meet at Swings with Ms. Millard and Ms. Oliver</p> <p><b>After School (2:30-3:00)</b><br/><b><u>Discus PEEWEE &amp; BANTAM ONLY</u></b><br/>Meet at the Front Office with Mr. Helland</p> <p><b>After School (2:30 – 3:00pm)</b><br/><b><u>Sprints/Relays BANTAM</u></b><br/>Grass Field with Mrs. Kavanagh and Mrs. Star</p> <p><b>After School (2:30 – 3:00pm)</b><br/><b><u>Sprints/Relays PEEWEE</u></b><br/>Grass Field with Ms. Walker</p> | <p><b>Before School (7:50 - 8:20am)</b><br/><b><u>High Jump</u></b><br/>Gym with Ms. Feldhaus and Ms. Sahaye</p> <p><b>After School (2:30 – 3:00pm)</b><br/><b><u>Long Distance</u></b> Grass Field with Ms. Humphry and Ms. Parmiter</p> |                       |