

2SLGBTQ+ Community Resources

ELEMENTARY STUDENT RESOURCES

Kids Help Phone:

Text, phone or messenger support 24/7

<https://kidshelpphone.ca>

Kids Help Phone:

LGBTQ2+ Space

<https://kidshelpphone.ca/get-info/2slgbtq-youth-allies-this-is-your-space/>

Erase BC:

Building safe and caring schools in BC – learn about being safe at school and report any concerns

<https://www2.gov.bc.ca/gov/content/erase>

PSST:

Learn about SOGI in schools, report bullying or harassment through Surrey School District's secure, confidential and anonymous "Report It" function

<https://www.psst-bc.ca/resources/sogi/>

Qmunity

GAB Junior (Ages 10-13) Virtual drop-in GSA in for LGBTQ2+ juniors

<https://qmunity.ca/get-support/youth/>

SECONDARY STUDENT RESOURCES

Mental Health

Canadian Association for Mental Health: Suicide Prevention

<http://www.camh.ca/en/suicide-prevention/get-help>

Free2BU Youth Drop In:

Open to all LGBTQ2SI+ youth and allies aged 14-21, as well as questioning or unsure youth in Surrey. Wednesdays (alternating, starting Jan.10,2018) 6:30-8:30pm at Newton Youth Resource Centre, #114-13479-76 Ave. 604-592-6200

Rainbow Connection:

Alexandra House (South Surrey) program for LGBTQ2S+ youth, every Wednesday from 3:30-6:30pm.

<https://www.theyouthspace.com/rainbow-connection>



Friends of Dorothy (Foundry)

Youth Support Group for Queer Youth (12-24yrs)

<https://langleychildren.com/service-types/friends-of-dorothy/>

Foundry Queer Café:

Youth Peer Support Group (14-24 yrs)

<https://foundrybc.ca/virtual/groups-workshops/>

QMUNITY:

Youth Groups

<https://qmunity.ca/get-support/youth/>

OK2BMe:

Resources for Youth

<https://ok2bme.ca/>

YouthLine:

Confidential, non-judgmental peer support by phone, text and chat. Sunday to Friday, 1pm – 630pm PT

<https://www.youthline.ca>

SexandU:

Coming Out: Self-Acceptance and Support

<https://www.sexandu.ca/lgbttq/coming-out/>

Sher Vancouver:

Supporting the queer South-Asian community in Vancouver

<https://www.shervancouver.com>

Urban Native Youth Association:

<https://unya.bc.ca>

I Belong:

Mosaic & TransCare BC – services for newcomer LGBTQIA+ refugees

<https://mosaicbc.org/our-programs/services-for-newcomer-lgbtq-refugees/>

SEXUAL HEALTH

YouthCo:

Peer Education & Support

<https://www.youthco.org/resources>

TransCare BC:

Find inclusive care and support with a health navigator

<https://www.transcarebc.ca/how-to-get-care/health-navigators-trans-care-bc?term=health%20navigator>

TransCare BC:

Peer Support Directory

<http://www.phsa.ca/transcarebc/care-support/peer-community-support/srvc-directory>

Fraser Health Youth Clinic: – Surrey

<https://www.fraserhealth.ca/Service-Directory/Service-At-Location/F/F/youth-clinic---surrey#.YkSiXC296Rs>

PARENT/GUARDIAN/FAMILY RESOURCES

PFLAG Surrey Chapter:

Support for parents, guardians, friends and allies of LGBTQ2+

<https://pflagsurrey.ca>

Grounding Stone:

Individual counselling including identity and parenting

<https://groundingstonehealing.com>

Dragonstone:

Individual, relationship & family counselling for all genders and cultures

<https://www.dragonstonecounselling.ca/>

Foundry Caregiver Support:

Caregivers for youth ages 12-24 with mental health/substance abuse challenges

<https://foundrybc.ca/virtual/groups-workshops/>

PFLAG:

Quick Tips for Supporting Your Kids and Yourself During the Coming Out Process

<https://pflag.org/resource/parents-comingout/>

Qmunity:

Support for Parents

<https://qmunity.ca/get-support/youth/parents/>

Qmunity:

Parents of Trans Kids

<https://qmunity.ca/groups/>

Egale:

Supporting your Gender Diverse Child

<https://egale.ca/awareness/supporting-gender-diverse-child/>

Children's Hospital Gender Resources:

<https://www.bcchildrens.ca/clinics-services/endocrinology/gender-patient-and-family-resources>

OK2BMe:

Resources for Parents/Guardians

<https://ok2bme.ca/being-an-affirming-adult/>

PFLAG:

Asian Pacific Islander Chapter

<https://pflag.org/events/asian-american-pacific-islander-community/>

SARAVYC:

Resources in Cantonese, Mandarin, Korean, Japanese and English

<https://www.saravyc.ubc.ca/outathome/>

Asian Pride Project:

<http://asianprideproject.org/home/#projects>

TransCare BC:

Affirming Parenting Guide

[Taking care of your child Gender-Affirming Parenting Guide](#)

TransCare BC:

Support for Families

<http://www.phsa.ca/transcarebc/child-youth/support-for-families>

SOGI 123 for Parents:

Available in French, Cantonese, Mandarin, Russian, Punjabi, Arabic, Farsi, Korean and Tagalog)

<https://www.sogieducation.org/resources/>

Select Resource Type: Resources for parents

Amaze.org:

Videos for Parents (sexual health, LGBTQ)

<https://amaze.org/parents/>

Amaze jr. (4-9 years) <https://amaze.org/jr/>

Qmunity:

Queer Glossary

<https://qmunity.ca/wp-content/uploads/2019/06/Queer-Glossary-2019-02.pdf>

Lawyers Against Transphobia:

Legal Handbook and Resources to Fight Transphobia

<https://lawyersagainstransphobia.org/resources/>

OTHER:

TransCare BC:

Peer Support Groups Directory

<http://www.phsa.ca/transcarebc/care-support/peer-community-support/srvc-directory>

TransCare BC:

The Education Centre (Courses and Learning Tools for the Community)

<https://www.transcarebc.ca/education-centre?mid=4221&time=1755806867>

Surrey Youth Hub:

Provides one-stop access for youth and families to access drop-in resource rooms for support, food, laundry, showers as well as programming for social, health, education, housing, substance use support, employment, and life skills services at 2 locations. This services is offered out of Youth Resources Centres in both Netwon and City Centre. Please contact us at any one of our centres:

City Centre Youth Hub (CCYH)

10453 Whalley Blvd, Surrey, BC

604-587-8100

ccyh@pcrs.ca

Newton Youth Hub (NYH)

#114-13479 76 Ave, Surrey, BC

604-592-6200

nyrcreception@pcrs.ca