# AROUND LARONDE – April 29, 2019

Our commitment at École Laronde is to offer a fulfilling French experience while developing kind, respectful and responsible learners who are creative builders of their future.

À l'École Laronde, nous nous engageons à offrir une riche expérience du français et à former des élèves gentils, respectueux et responsables qui sont les créateurs de leur avenir.

We are very excited to be starting our track and field season once again. We are encouraging our grade 3 – 7 students to come try out! There are many different events to try and participate in. Soon parents of students who have participated in Orff and choir will have a chance to see their child(ren) perform at our annual Café Musique. We are looking forward to hearing some beautiful arrangements and singing.

# **TRACK & FIELD**

Permission forms were sent home on Friday, April 26 for students in grades 3 - 6. (Grade 7's you will receive your forms on Monday).

Track & field practices will begin on Tuesday, April 30<sup>th</sup> for all interested students. Please see attached schedule for info on practices.

#### INTERIMS

During the week of May 6 – 10<sup>th</sup> teachers will be communicating with parents about student progress. This can be done in a variety of ways: FreshGrade updates, email, phone call, conferencing (student-led or parent/teacher), via paper copy etc. Please look for an email from your child's teacher outlining how he/she will be communicating with you during this interim period. We encourage parents/guardians to stay in touch with their child's teacher on a regular basis via planners, FreshGrade, emails, meetings, phone calls...

# RSL (Ready Set Learn)

We are inviting all three and four year olds to our Ready Set Learn event on Wed. May 1<sup>st</sup> from 10:45 – 11:45 am in our gym. All Laronde three and four year old siblings are invited as well as neighbourhood children. Please pass this info on to your friends, families and neighbours. See attached flyer on page 4 of this newsletter.



#### Twitter: @larondelynx

Library: http://bibliolaronde.weebly.com

# Upcoming Events

Wed. May 1 – RSL (Ready Set Learn) for 3 & 4 year olds @ 10:45-11:45

Wed. May 1 – Ultimate Playday

Fri. May 3 - PRO-D

**Tues. May 7** – early dismissal for interims @1:32

**Wed. May 8** – Mini Track Meet @ 1:30 South Surrey Athletic Park

#### Wed. May 15 - Café Musique

#### **Orff Practice**

Tues. 7:45-8:30 (gr 5/6)

# Page 1 of 4

# **MORE IMPORTANT NEWS**

### **BREATHING EXERCISES**

Here is a website to visit if you want some ideas for breathing exercises. Breathing helps promote self-regulation and is a good way for children to reduce stress and/or anxiety.

https://www.mother.ly/parenting/3-breathing-exercises-to-calmkids-of-all-ages

#### **USED SCHOOL SUPPLIES**

Once again Canadian Food for Children's will be collecting used school supplies at the end of this school year. If you would like to donate your child's gently used supplies please let your child know. In late June students can bring their supplies to the front of the school and place them into the appropriate bins.

#### SCHOOL JERSEYS

Thank you everyone who returned a school jersey we are still missing a few jerseys. Please ensure you return all jerseys to the school office.

### YEARBOOKS

We still have 20 books available to purchase online. No need to send in a paper order.



Grade 7's at Camp!

# In the Community

### PAC NEWS:

Next PAC meeting → May 31 @ 9:00 am (staff room) (all parents/guardians are invited)

SPORTS:

Ultimate

Playday: May 1, 2019

Page 2 of 4

# TRACK AND FIELD PRACTICE TIMES [] April 30 – May 31, 2019

|                    | MONDAYS   | TUESDAYS   | WEDNESDAYS                                     | THURSDAYS   | FRIDAYS   |
|--------------------|---|--|--|---|---|
| 7:55-8:30          |   | Gr. 3 - 7<br>SHOT PUT<br>(le lancer du poids)                | Grade 5 - 7<br>DISCUS<br>(le lancer du disque) | Gr. 3 - 7<br>SPRINTS/<br>RELAYS<br>(sprints/relais) | Gr. 5 - 7<br>LONGJUMP<br>(le saut en<br>longueur)               |
| 11:45-12:10        | Gr. 3 & 4<br>HIGH JUMP<br>(le saut en<br>hauteur) | Gr. 3 - 7<br>LONG DISTANCE<br>(la course longue<br>distance) | Gr. 3 - 7<br>SHOT PUT<br>(le lancer du poids)  | Gr 3 & 4<br>LONGJUMP<br>(le saut en<br>longueur)    | Gr 5 - 7<br>HIGH JUMP<br>(le saut en<br>hauteur)                |
| 2:40-<br>3:15/3:30 | Gr. 5-7<br>DISCUS<br>(le lancer du<br>disque)     | Gr. 3 - 7<br>SPRINTS/<br>RELAYS<br>(sprints/relais)          |  | Gr 5 - 7<br>HIGH JUMP<br>(le saut en<br>hauteur)    | Gr. 3 - 7<br>LONG<br>DISTANCE<br>(la course longue<br>distance) |

Page 3 of 4

# You're Invited to...





Ecole Laronde Elementary 1880 Laronde Drive, Surrey, B.C. V4A 9S4 Phone: 604-536-1626 Fax: 604-536-4829 Website: surreyschools.ca/laronde

WHO: 3&4 Year olds and their families are invited.

- WHEN: Wednesday May 01, 2019
- TIME: 10:45 am to 11:45 AM
- WHERE: Ecole Laronde Elementary 1880 Laronde Dr, Surrey, BC



Ready, Set, Learn is an early learning initiative sponsored by the Ministry of Education. It is designed to provide children and parents/caregivers with an opportunity to participate in a series of play-based learning activities within a school setting. It also provides an opportunity for families to receive information from participating community agencies.



Please RSVP to Laronde Elementary at 604 536-1626 by Tuesday April 30, 2019. We look forward to seeing you !



Page 4 of 4