



*Around Laronde – April 01, 2022*

## **SECOND STEP PROGRAM**

This info comes from the makers of the Second Step program. They have a yearly campaign on the topic of sexual abuse prevention. We thought we should forward it to all of our parents. It contains lots of valuable information.

<https://www.cfchildren.org/resources/child-abuse-prevention/>

## **The Hot Chocolate Talk™ Returns to Help Prevent Child Abuse**

By equipping parents and caregivers with a free, research-based how-to guide (plus additional online resources) full of easy-to-use tips, simple conversation starters, and expert advice, the Hot Chocolate Talk™ takes the guesswork out of knowing what to say to children about sexual abuse prevention and when to say it.

[www.cfchildren.org](http://www.cfchildren.org)



## *Important Dates* **and INFORMATION**



April 15 - Good Friday  
School closed

April 18 - Easter Monday  
School closed

May 3 - **Early dismissal at 1:40pm**

May 6 - Non Instructional Day  
School Closed

May 23 - Victoria Day Stat  
School closed

May 30 - Non Instructional Day  
School closed

## **BODY SCIENCE**

Dear families,

We are happy to let you know that Body Science with Saleema Noon will once again be offered at École Laronde Elementary in April 2022. We want to thank the Laronde PAC for sponsoring these sessions.

We will have a parent info session on **Monday, April 11, 2022 @ 6:30 pm**. The PAC will send out the zoom link to all families (this helps keep the zoom meeting info secure).

Students will be viewing the Body Science videos in class and then have an online session for questions and answers with Saleema Noon or one of her colleagues.

Please see the informational brochure attached at the end of this newsletter.





# POSITIVELY PARENTING SERIES

FOR PARENTS & CAREGIVERS OF CHILDREN AGES 6 - 12

Tuesdays  
April 26 - May 17, 2022  
6:30-8:00 pm

**FREE PROGRAM - LIVE ON ZOOM!**

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***Learn positive parenting strategies,  
share ideas and gain new perspectives.***

**What's Love Got To Do With It?**

Relationship building and the connection to parenting

**Why Are You Acting This Way?**

Taking a look at the meaning of challenging behaviour and our response

**Listen to Me!**

Listening, understanding and communicating with your child

**We Have A Problem...**

Problem-Solving with your child

**Please register - space is limited!**



**To register and for more information  
Email: [parented@alexhouse.net](mailto:parented@alexhouse.net)**

**Phone: 604-538-5060 ext.24**



## Talk Sex Today.

Body Science Boot Camp for Parents

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

**In this workshop parents will learn:**

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students

**Join us via live Zoom! Link will be sent via PAC email.**

**When: Mon. Apr. 11, 2022**

**Time: 6:30 pm**

**SPONSORED BY LARONDE PAC**

For more information about Saleema Noon Sexual Health Educators go to [www.saleemanoon.com](http://www.saleemanoon.com).

