



Around Laronde April 09, 2021

COVID awareness and safety measures

Families, please continue to leave the school grounds immediately afterschool. Families are not to gather on school district property (this includes the forest) after school.

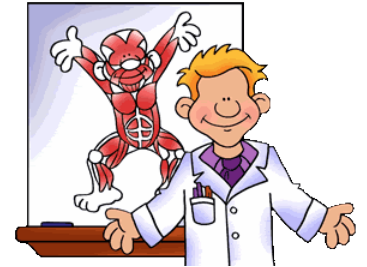
Students in grades 4-7 must wear mask indoors at all times, except when eating or drinking while sitting at their own desk. The Fraser Health Medical Officer and Surrey School District also strongly encourage students in K - gr. 3 to wear mask indoors.

Body Science Information

Each year our PAC generously pays for our students to receive workshops from Saleema Noon's sexual health educators. This year we will continue to provide these workshops to all of our students in K - 7, virtually.

Attached you will find information about the program and dates.

We also have a virtual parent workshop that will take place before the student workshops. It is a great workshop which gives a very good overview of the program and what students will learn.



May 7, 2021 - Non-Instructional Day
School Closed

May 12, 2021 - Early Dismissal @ 1:40pm

May 24, 2021 - Victoria Day Stat - No school

May 31, 2021 - Non-Instructional Day
School Closed

June 24, 2021 Last day of school &
Early Dismissal @ 1:40 pm



* **Water Bottles** Please send your child with a water bottle every day. All water fountains are closed. Students can use our water bottle refill stations during the school day.

* **Laronde Lost & Found** box will be outside at the front of the school (near flag pole). Please take a minute to come by and see if any of the items belong to your child. The box is overflowing with lost items such as water bottles, jackets, sweaters, hoodies, shoes, hats, mittens.

Concours d'art oratoire

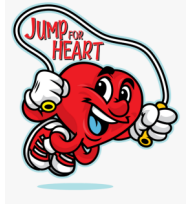
Each year students in Surrey French Immersion schools from grades 4 - 12 participate in the CPF concours d'art oratoire (French speech fest). This is a great way for students to research a subject or talk about a passion. Students develop research, writing and speaking skills in French. For some students it can make them anxious; we work with students and their families to ensure all students find success in writing their speech and then presenting it. As students get used to the format, they gain confidence and skills that will be useful into their adult years.



Jump Rope for Heart

During the week of April 26 - 30 our students will be jumping rope to gain jumping skills, to support healthy habits (exercising and eating properly) and to promote awareness of signs for heart attack & stroke. We would like to ask each student to donate \$2 or \$5 using the school cash online which will open on April 23 to support the cause. All proceeds will be donated to the Canadian Heart & Stroke Foundation.

(An email reminder will go out on April 23)



Upcoming EVENTS

Laronde Spirit Days...

- Fri. Apr. 16 - Backwards Day
- Fri. Apr. 23 - Blue and Green Day - wear the Laronde colours
- Fri. Apr. 30 - PJ Day
- Fri. May 14 - Tie Dye Day
- Fri. May 21 - Wacky/Silly Hair Day
- Fri. May 28 - Sparkly Day - wear something shiny or sparkly
- Fri. June 4 - Funky/Fun/Funny Hat Day
- Fri. June 11 - Cultural-Heritage Day - dress up in your family's cultural attire or very fancy clothes
- Fri. June 18 - Colour Day - (gr. 7 usually wear rainbow colours and other students wear red, blue, green or yellow)- we will let each class or group know what colour to wear



Dear Parents/Guardians of Laronde students,

Each year, students in all elementary grades throughout BC receive instruction in sexual health education. This information is included in the Physical and Health Education program mandated for all BC students by the Ministry for Education. From time to time, schools bring in experts in the field to address this topic with the school community. We are excited to inform you that this year, Dr Brandy Wiebe of Saleema Noon Sexual Health Educators will be joining us via Zoom to work with students Kindergarten to Grade 7. In addition, all parents will have access to Saleema's online learning platform, *Body Science Online*, for 30 days so they can see exactly what their children will learn in class. Please use this link to submit your email for access Body Science Online (BSO) videos for 30 days.

LARONDE (DEADLINE APRIL 16 12PM

<https://docs.google.com/forms/d/10PYoHB9zBnU3NS4t24xZgfZsh7y9L1VTcAsp4s7SRBo/edit>

A member of the Saleema Noon Sexual Health Educators team for eight years, Brandy has been involved in the field of sexual health education for over ten years. After completing her BA in sociology and women's studies at the University of Alberta, Brandy went on to volunteer at the University of British Columbia Sexual Assault Support Centre in public awareness and education upon starting her PhD at UBC. At the same time, Brandy became an OPT Certified Sexual Health Educator. Receiving her Ph.D. in sociology (specializing in sexuality) in 2009, Brandy has extensive experience teaching sexuality at the university level. She now focuses her attention on the elementary, middle and high school settings and loves teaching Body Science to children, teens and parents in a way that is fun, comfortable and meaningful. When not in the classroom, Brandy loves playing with her cat Cash and reading the Harry Potter series (over and over and over again). All this, AND she throws a mean fastball!

In their Body Science presentations, Saleema Noon and her team of educators work with children of all ages, teaching them about healthy bodies and healthy sexuality in ways they find non-threatening and entertaining. In their own language, children learn about how their bodies change, and what those changes mean.

Based on research and her many years of experience as a sexual health educator, Saleema identifies three reasons why providing this information starting at kindergarten is crucial:

1. Most importantly, studies from all over the world consistently show that children who are educated about healthy bodies, healthy boundaries and healthy sexuality are at reduced risk of child sexual abuse. Even if children are not asking questions yet (some never will) we need to give them information about their bodies and help them to develop strong personal boundaries. Sexual offenders (85% of which are known to the victim) prey on children who aren't educated about their bodies and therefore lack the skills to differentiate between appropriate and inappropriate touching. These children find it hard to say "no", especially to an adult, and may not report abuse for fear of getting in trouble.

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com





2. Young children are easiest to teach. They are excited to be body scientists, and accept the information very matter-of-factly. Older children and teens, however, often find it difficult to talk about sexual health openly, especially with their parents! This means we have to surmount the embarrassment barrier before they can accept the information they need. The good news is that young children only absorb information they are ready for...everything else just goes above their head. More good news, studies show that children who learn about healthy bodies at an early age from reliable adults in their life delay sexual intercourse.

3. Unfortunately, children today are exposed at earlier and earlier ages to all things involving sex. We, as responsible adults, need to stay one step ahead of this by arming our children with accurate information about sexual health before they get their questions answered on the playground, by older friends or on the internet. We need to teach them to think critically about what they hear, and this allows parents need to establish themselves early as their child's number one source of sexual health information throughout their development.

Please join us for an informative **live Zoom Presentation for Parents** on **Monday April 19th, 2021 from 6:30pm-8:00pm**. In this session, Brandy will give an overview of student presentations and, using humor and straight talk in an open, interactive environment, will show parents how easy it is to convey healthy, meaningful messages about sex and growing up to children. In addition, all parents will have access to Body Science Online for 30 days so they can see exactly what their children will learn in class. Link provided already.

Brandy will join students via Zoom in their classroom on **Wednesday & Thursday April 21st & 22nd**. Brandy will show pre-recorded, animated videos of Saleema Noon's Body Science Online workshops for each grade followed by a live Q and A sessions. The content of the presentations is supported by current research as being age appropriate and we believe that it contributes to healthy child development. Some of the topics Saleema Noon Sexual Health Educators cover in their workshops extend beyond the content of the BC Physical and Health Education curriculum. For this reason, parents may choose to have their children OPT OUT of the Body Science sessions with Brandy. If you do not wish your child to attend, we ask that you notify our office no later than Tues. Apr. 20, 2021. Attendance at the parent presentation is strongly encouraged before making this decision.

Please also feel free to phone me at the school if you have any questions and/or concerns about Saleema Noon Sexual Health Educators' presentations.

Sincerely,

Mme Niro
Principal

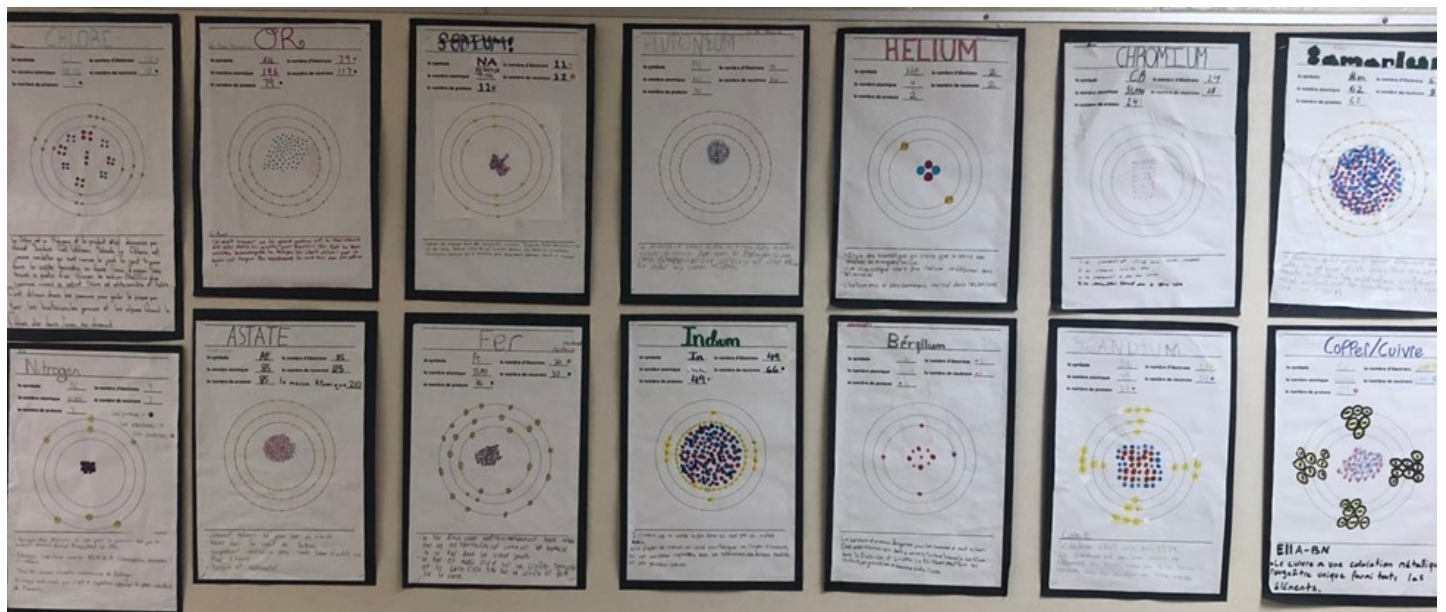
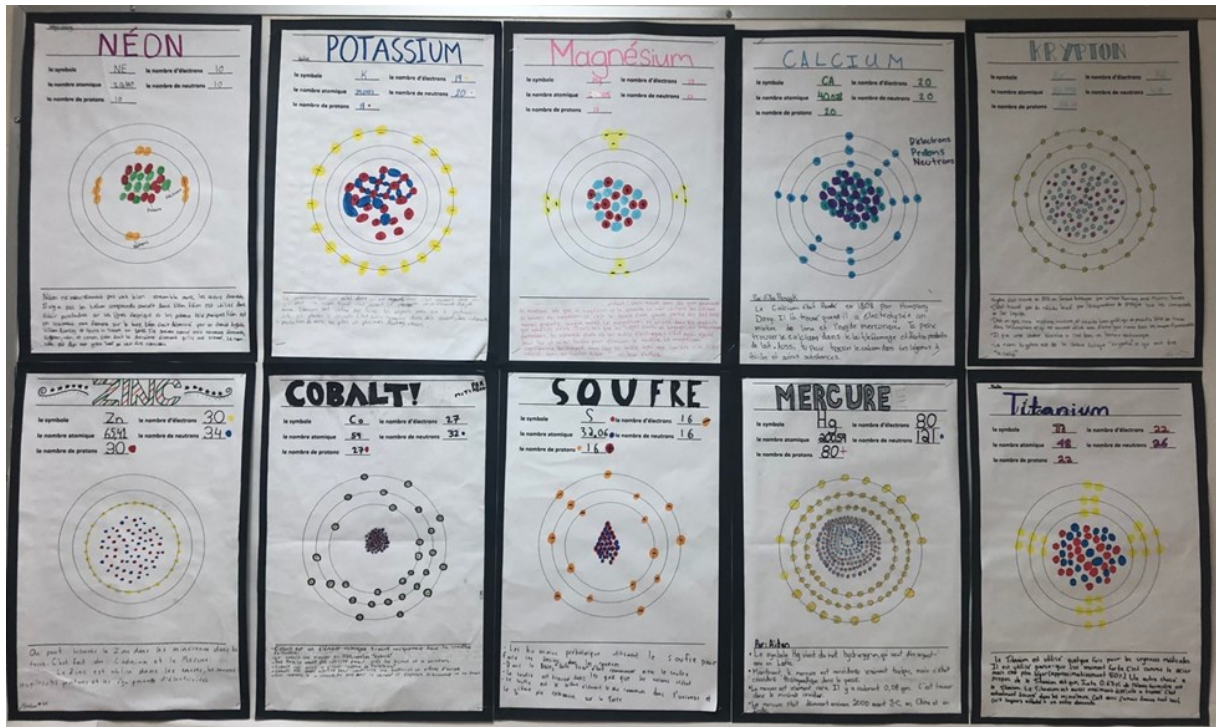
Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com



Art Gallery

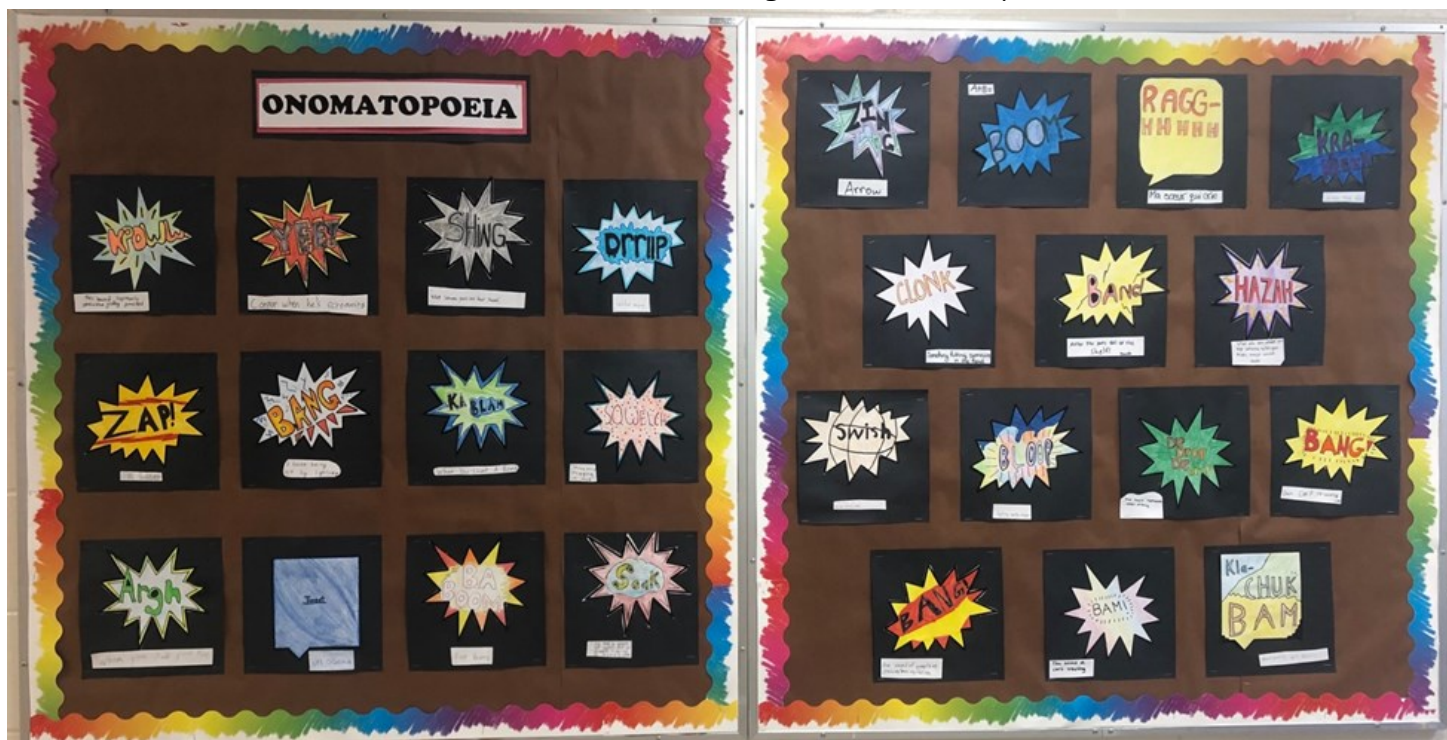
DIVISION 3 - quelques éléments du tableau périodique



DIVISION 4 - Il est essentiel de voler de ses propres ailes avec



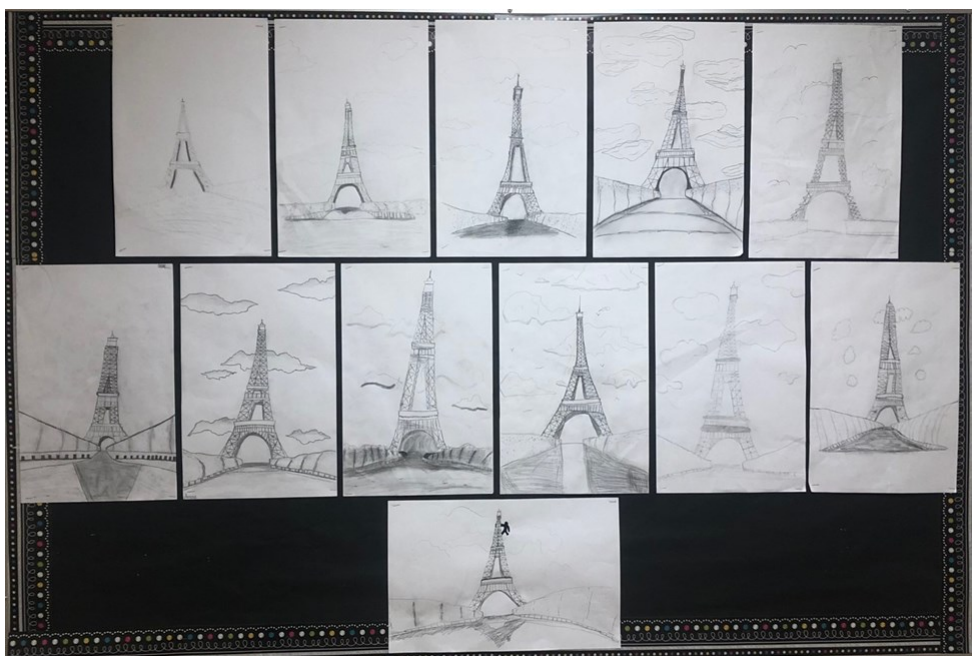
DIVISION 4 - sharing their onomatopoeias





RSB 6 - En cas d'eau offrez un parapluie en cadeau.

DIVISION 7 - un cœur pour nous rappeler d'être gentils les uns avec les autres



DIVISION 9 - la tour Eiffel - elle nous donne l'espoir que nous allons encore voyager un jour, bientôt

DIVISION 15 - des œufs de Pâques



LARONDE - la gentillesse en action - spreading kindness

