



## Around Laronde – February 18, 2022

**Second Step Program** - Our students in kindergarten to grade 5 are currently learning about Emotion Management while our grade 6 and 7 students will be learning about managing their emotions in unit 3. Students are learning to notice and recognize their feelings, to label their feelings and how to manage their emotions. Here are some things you can do at home to help support your child's emotions and learning how to regulate them.

### What to Look For:

Notice and praise your child when they recognize and label feelings - their own and other people's - or use clues to guess how someone else is feeling. You can say, "It does look like that person feels mad. Good job paying attention to their face and body and what's going on!"

Notice and praise your child when they choose to take a break at home. They may find a comfortable corner or just put their head down for a few minutes. You can say, "Good job taking a break when you needed it."

### **PAC FUNDRAISER - Emily Press Labels**

To help reduce the amount of clothing that ends up in the lost & found box Laronde has partnered with Emily Press Labels to help identify belongings. Please see shopping link to purchase labels and help reduce the lost items at Laronde. [www.emilypress.com/laronde](http://www.emilypress.com/laronde)

### Important Dates & Holidays

Mon Feb 21 - Family Day Stat  
School Closed

Wed Feb 23  - & Early Dismissal  
@ 1:40pm

Friday Feb 25 - Non-Instructional Day  
No School

March 14-25 -   
School Closed

March 28 - School Re-opens

### **Laronde Spirit Wear**

Just a friendly reminder that Laronde Spirit Wear is available for purchase online. Please follow the link below to order Spirit Wear for the entire family.



This year we are offering both our classic colour logo and last year's popular outline logo in various styles and colours. We have both youth and adult sizes available. Please note there is a sizing chart available on the item order page and ALL ADULT ORDERS WILL BE MEN'S SIZING MEASUREMENTS.

**Deadline to order will be this Sunday, Feb 20, 2022.**

Estimated delivery will be mid-March. Pick up will be before and after school with all Covid protocols adhered to. Start shopping today using the link below!

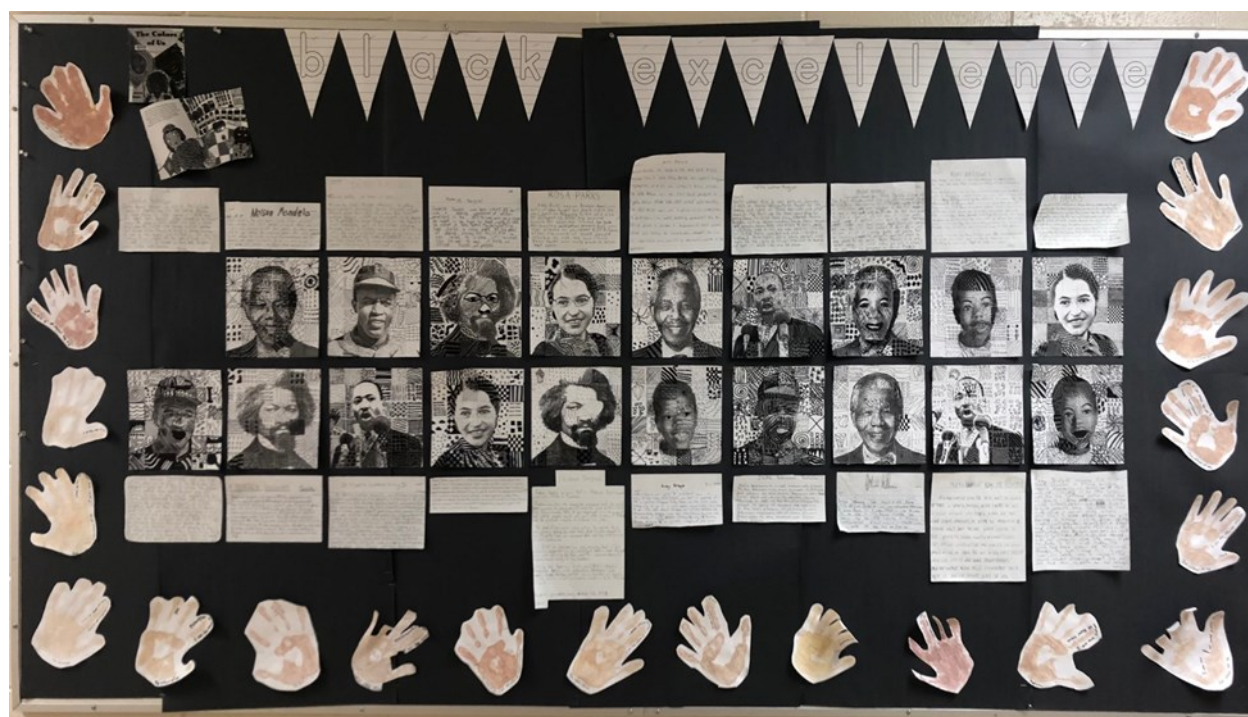
<https://laronde2022.itemorder.com>

If you have any questions, please email Catharine or Katie at [chair@larondepac.ca](mailto:chair@larondepac.ca).

Taking care of each other with messages of love, hope and care.



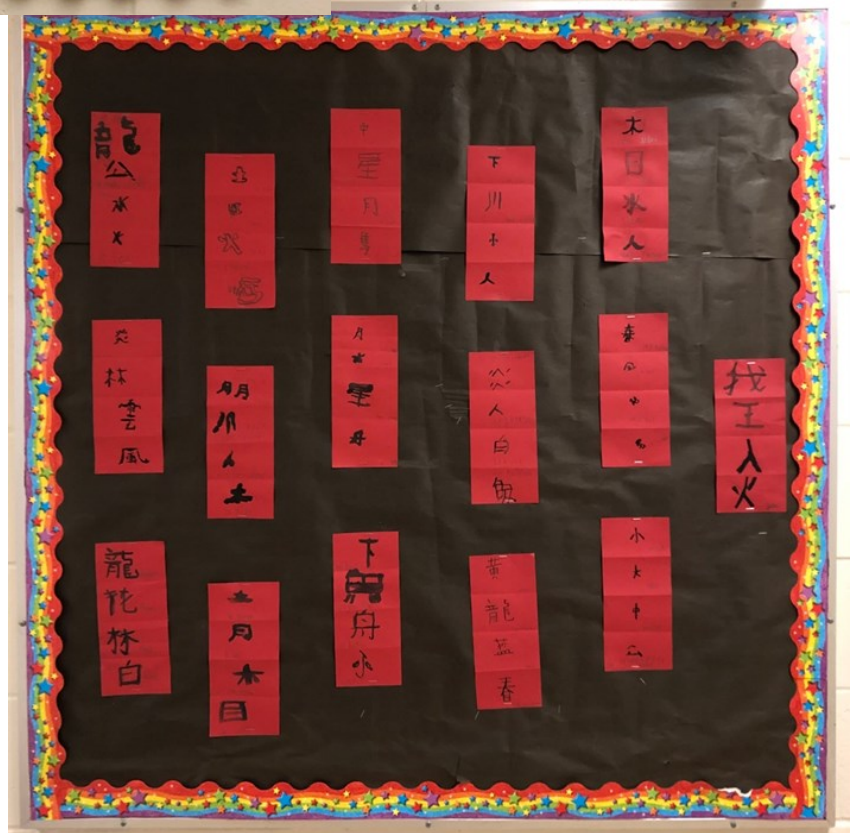
Learning about various Black Canadians and Americans who have made contributions to our history and world.





Celebrating Lunar New Year! "Gong Xi Fa Cai - Gong Hei Fat Choy"

恭喜發財



Learning, building, creating, playing and cooperating in kindergarten!

