



Around Laronde March 12, 2021



HAPPY SPRING BREAK...

Dear families,

We want to wish everyone a very joyful, relaxing and safe spring break! Thank you to everyone for doing their part to keep our Laronde community safe during COVID. We truly appreciate your support and following the rules/guidelines set out for us. We hope that our families will continue to follow the PHO restrictions and guidelines during the break to ensure everyone comes back healthy. Thank you to our staff and students for working together, during the past six months, to make learning fun and safe!

We look forward to seeing all of you again on Monday, March 29th! Bonnes semaines de relâche!



Just friendly reminder that on Sunday March 14, 2021 we spring forward 1 hour.

With warmer weather and possibly rainy weather coming our way after spring break Please make sure your children are dressed appropriately to go outside.


Sunny: hats/caps, sunscreen, light jacket or a hoodie

Rainy: waterproof shoes or rain boots, rain coat, umbrella

Important Dates and INFORMATION

March 15-26, 2021  Happy Spring Break

April 2, 2021 - Good Friday—No School

April 5, 2021 - Easter Monday - No school 

April 7, 2021 - Reading Link Challenge

May 7, 2021 - Non-Instructional Day
School Closed

May 24, 2021 - Victoria Day Stat - No school

May 31, 2021 - Non-Instructional Day
School Closed

REMINDER

- * **Laronde Lost & Found box** is overflowing with lost items such as water bottles, jackets, sweaters, hoodies, shoes, hats, mittens, etc. Please talk with your children to see if they have any items missing and ask them to come and check out the lost and found box. All unclaimed items will be packed and sent out for donations after spring break.
- * **Water Bottles** Please send your child with a water bottle every day. All water fountains are closed. Students can use our water bottle refill stations during the school day.



Stay safe by limiting travel & staying close to home this spring break

Spring break is traditionally a time to relax and get away, but the district is reminding parents, students and staff that non-essential travel restrictions are still in effect in B.C.

While it may be tempting to fly or drive somewhere for a family escape, the Provincial Health Officer's [current travel advisory](#) states all non-essential travel should be avoided, including trips out of province and between health regions. Residents should not travel for vacation or visit friends or family outside of [their household](#).

Anyone who travels outside of Canada must self-quarantine for 14 days upon return. [Federal flight entry requirements](#) now include providing proof of a negative COVID-19 test result, taking an additional arrival test at the airport, and staying at a government-authorized hotel for three nights at your own expense while you await test results.

The Canada/U.S. border remains closed to non-essential travel, and residents are not to travel outside of their health region unless it is an essential trip. Essential travel within B.C. includes regular travel for work or travel for medical appointments and hospital visits. Even a short vacation to Vancouver Island or Kelowna, for example, would be discouraged as they are outside the Fraser Health region.

We understand the last few months have been trying, and we hope our students, staff and parents can still find opportunities to have fun close to home. This could include:

- Trips to provincial parks within your health region
- Taking in the ocean views at White Rock Beach and Crescent Beach
- Exploring and hiking local trails
- Enjoying a scenic drive from here to Hope

No matter what you choose to do this break, please remember to:

- Checkup – do your daily health check before you go. Stay home if you aren't feeling great
- Back up – maintain physical distance from others, even if you are wearing a mask
- Wash up – ensure you wash or sanitize your hands regularly
- Mask up – whenever you are on the move, wear your mask
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For more information on current travel restrictions, visit the provincial government's website for [Travel and COVID-19](#)

Hello everyone,

We here at Community Schools Partnership love to focus on helping our students health, mental well-being and physical fitness.

Over Spring Break we encourage our students all around Surrey to use these resources to stay physically and mentally healthy over the two weeks.

During normal times, our recreation centres and partners would have Spring Break Camps and other resources for parents and our students.

Our belief is that even though we are living through COVID, it is still important to take charge of our physical health.

Active Home Open Phys. Ed:

<https://openphysed.org/activeschools/activehome>

Boks:

<https://www.bokskids.ca/news/20-bursts-that-allow-students-to-stay-active-at-a-distance/>

YMCA:

<https://www.ymcahome.ca/ygym>

Game Ready:

[Aaron Myette's Leg Workout IGTV](#)

Football Champ: Casey Chin

[Casey's Running Workout.](#)

Grey Cup Champion: Malcom Williams

[Malcolm's Jumping Video](#)

BC Lions Mitch Barnett's Workout:

[Mitch Barnett's Agility Workout](#)

[Sean's Backpack Workout](#)

[Karina's Circuit Workout](#)

See the CSP webpage on the Hub for Physical Health Education At Home

activities: <https://www.surreyschools.ca/Departments/CSPR/Pages/default.aspx>