

FRASER HEIGHTS FOCUS

PRINCIPAL: Mr. D. Baldasso
VICE-PRINCIPALS: Mr. M. Khaira A-H
Ms. J. Johnson I-P
Ms. S. Hogg Q-Z
COUNSELLORS: Mr. D. Gill
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NEWSLETTER: August 2025

16060 – 108th Avenue
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PRINCIPAL'S MESSAGE

On behalf of the entire staff at Fraser Heights Secondary School, I would like to welcome everyone back to school. I hope that each of you enjoyed a very relaxing summer holiday. As we approach school opening, we need to acknowledge that this year will look a little bit different for some students. We are very excited to have our students and staff back together for the 2025-2026 school year as we transition to an extended day schedule. Personally, I am looking forward to welcoming our new students and returning students, as well as our new staff. This is a year of change, but together we are going to continue to succeed and do great things as Firehawks.

We welcome our Grade 8's, the class of 2030 as our newest Firehawks. I'm sure you are filled with excitement and anticipation for the start of your high school experience, and we happy to see you join our community. Welcome!

To our Grade 12's, the Class of 2026, this is a special time for you and we're going to do everything we can to make it great! We look to you as leaders within our school providing that sense of calm and purpose we really need. Let's build those lasting memories, let's thrive and continue to make Fraser Heights an amazing place to learn together!

We will continue to share relevant and up-to-date information with our community through our school website where you can find all important information throughout the year. We also encourage all members of our school community to download our FIREHAWKS App from your App store to learn more about life at our school, as well as to receive push notifications for important updates throughout the school year.

Grade 8's will receive their timetables on September 2nd in their Homeroom. Updated student timetables for Grades 9 to 12 will be available on the MyEdBC Portal tomorrow, Wednesday, August 20th after 3pm. Course correction procedures and opening day schedules are outlined in this newsletter, so please take a moment to read through it thoroughly.

I encourage all students to engage with the opportunities available to you at Fraser Heights. I also encourage parents to become actively involved in their child's experiences at our school. We are here for you, reach out to us when you have questions.

I wish you all the best for an outstanding school year. Stay safe, be well and take good care.

All the best,

Mr. Baldasso
Proud Principal

SEPTEMBER CALENDAR

August 28th

New student Tour 10 am

All students new to Fraser Heights: you are invited to come for a tour of Fraser Heights led by our wonderful senior students. Please come to the front of the school on Thursday, August 28, 2025, at 10:00 for a tour and time to ask questions. If you have your schedule, please bring it so you can look for your rooms. This is only for students new to our school in grade 9-12 and any student in grade 8 who did not take part in the tour in the spring with their elementary school.

September 1st

Labour Day

September 2nd

School Opens:

Grade 8 Homeroom 9:30 – 10:30

Grade 9 Homeroom 10:30 – 11:30

Grade 10 Homeroom 11:30 – 12:30

Grade 11 Homeroom 12:30 – 1:30

Grade 12 Homeroom 12:30 – 1:30

September 11th

School Photo Day

September 11th

Grad Cruise

September 16th

PAC Meeting 7:00 pm to 8:00 pm

September 18th

Grade 8 Focus Day A, B, C and D

September 19th

Grade 8 Focus Day A & B

September 29th

Pro-D Day (Classes Not in Session)

September 30th

National Day for Truth & Reconciliation (classes not in session)

FROM THE COUNSELLING DEPARTMENT

2025-26 Student schedules:

Student schedules will be made available on the MyEdBC portal for all returning students after 3 pm August 20th.

Please note that due to increased enrollment this year, we are still hiring teachers, and courses may be adjusted to balance the timetable.

Please log on and review your schedule for the 2025-2026 school year. If you need your password reset please email your preferred first and Last name and student number to fraserheights@surreyschools.ca (**resets will only be done when the office is open Mon-Fri 8 to 2 pm, not on the weekends or holidays**)

Grade 8-9 Students - Grade 8 courses are almost entirely the same for all students, and grade 9 timetables are pre-set with an ADST and Fine Arts elective. Classes are balanced and 8 and 9 timetables are set.

Grade 10-12 Students - if there is an urgent issue (missing course or course you have already completed) in your timetable, submit a course review to the counsellor using the online link below. The link opens on **Wednesday, August 20 at 3 pm and closes on Friday, August 22nd at 3 pm**. Other course requests may be submitted during this timeframe and will be considered on a priority basis, but please note that most courses are full and changes may not be possible. On occasion, we have had to give students a second-choice course do to timetable restrictions and capacity. Please note that we will not be accommodating requests for teacher changes.

Please do not email or phone counsellors for course changes. If you contacted a counsellor previous to this email, you should re-submit using the link below. When ALL students' submissions have been reviewed, an email will be sent back to students to confirm the review is complete. Changes that we're able to be made will show up on MyEdBC. If you need your MyEdBC password reset please email fraserheights@surreyschools.ca, they will be reset during regular office hours. **Please check your schedule on Friday, August 29th to receive your final schedule.**

To submit your course review request for grade 10-12 students, click on the following link. The link opens on Wednesday, August 20 at 3 pm and closes on Friday, August 22nd at 3 pm.

<https://forms.office.com/r/OuAW6i8Zbg>

PLEASE NOTE: Counsellors will return from Summer holidays on August 25, 2025. If you have any questions about the Counselling Department, please do not hesitate to email our Counselling Department Head Ms. Sykes (sykes_r@surreyschools.ca).

NEW TO FRASER HEIGHTS STUDENT TOURS

All students new to Fraser Heights: you are invited to come for a tour of Fraser Heights led by our wonderful senior students. Please come to the front of the school on Thursday, August 28, 2025 at 10:00 for a tour and time to ask questions. If you have your schedule, please bring it so you can look for your rooms. This is for students new to our school in grade 9-12 and any student in grade 8 who did not take part in the tour in the spring with their elementary school.

STUDENT INFORMATION - MEDICAL ALERTS

Each year, it is important that we have the most up-to-date information regarding your child(ren). If there have been any changes in your child(ren)'s personal information such as a change in address, contact numbers in case of emergency, or any changes in medical information or dietary information, it is extremely important that you inform the school office so we have it at our fingertips in case of an emergency. To update your child's information, parents or students can pick up a Change of Information Form from the office for you to make the appropriate changes. Once the change form has been completed, please return it to the office as soon as possible so that we can ensure that our information about your son/daughter is accurate.

BLOCK ROTATION AND BELL SCHEDULE

FRASER HEIGHTS SECONDARY

Timetable #1 (25/26)

(1st Sem Sep 3-Oct 16 2nd Sem Jan 28-Mar 11)

BELLS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM 9:20 AM	A	A	A	A	A
9:25 AM 10:45 AM	B	B	B	B	B
10:45 AM 11:30 AM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
11:30 AM 12:50 PM	C	C	C	C	C
12:55 PM 2:15 PM	D	D	D	D	D
2:20 PM 3:40 PM	E	E	E	E	E

FRASER HEIGHTS SECONDARY

Timetable #2 (25/26)

(1st Sem Oct 17-Dec 1 2nd Sem Mar 12-May 8)

BELLS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM 9:20 AM	A	A	A	A	A
9:25 AM 10:45 AM	C	C	C	C	C
10:45 AM 11:30 AM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
11:30 AM 12:50 PM	D	D	D	D	D
12:55 PM 2:15 PM	B	B	B	B	B
2:20 PM 3:40 PM	E	E	E	E	E

FRASER HEIGHTS SECONDARY

Timetable #3 (25/26)

(1st Sem Dec 2 - Jan 23 2nd Sem May 11-Jun 19)

BELLS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM 9:20 AM	A	A	A	A	A
9:25 AM 10:45 AM	D	D	D	D	D
10:45 AM 11:30 AM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
11:30 AM 12:50 PM	B	B	B	B	B
12:55 PM 2:15 PM	C	C	C	C	C
2:20 PM 3:40 PM	E	E	E	E	E

BELL SCHEDULE

2025 - 2026

Monday - Friday	Start Time	End Time
WARNING BELL	7:55 AM	
Period 1	8:00 AM	9:20 AM
Period Change Time	9:20 AM	9:25 AM
Period 2	9:25 AM	10:45 AM
Lunch	10:45 AM	11:30 AM
WARNING BELL	11:25 AM	
Period 3	11:30 AM	12:50 PM
Period Change Time	12:50 PM	12:55 PM
Period 4	12:55 PM	2:15 PM
Period Change Time	2:15 PM	2:20 PM
Period 5	2:20 PM	3:40 PM
Early Dismissal Schedule	3 per semester	
	Start Time	End Time
WARNING BELL	7:55 AM	
Period 1	8:00 AM	9:04 AM
Period Change Time	9:04 AM	9:09 AM
Period 2	9:09 AM	10:15 AM
Lunch	10:15 AM	10:55 AM
WARNING BELL	10:50 AM	
Period 3	10:55 AM	11:59 AM
Period Change Time	11:59 AM	12:04 PM
Period 4	12:04 PM	1:08 PM
Period Change Time	1:08 PM	1:13 PM
Period 5	1:13 PM	2:17 PM

ATTENDANCE

Regular attendance is a major factor contributing to student success in school. We expect that students enrolled at Fraser Heights Secondary will attend school regularly and arrive to class on time. If a student is absent or late, parents are requested to phone 604-582-9231 or email fraserheights@surreyschools.ca on the morning of the absence. If this is not possible, please send a note with your child to turn into the office on the day they return to school.

LEAVING SCHOOL EARLY

In some cases, it may be necessary for students to leave school before the end of the school day. Students wishing to leave the school early must come to the office and sign out. In order to sign out, students must have written permission from their parent/guardian. In cases where written permission is not provided, the office staff will contact parents or guardians for verification.

PARKING

There are a very limited number of parking spaces for students on school property. Students wishing to have the privilege of parking their car on school property must register their vehicle at the office. There is no charge for student parking, however, parking spots are available each morning on a first come, first served basis. Please Note: Students must park in marked parking stalls. If our parking lot is full, we are allowed to park in the Surrey Parks & Recreation parking lot along 160th Street.

SCHOOL SUPPLIES

We recommend that students purchase school supplies after they have met with their subject teachers during the first week of school. The school does not provide a supply list.

SCHOOL FEES

We anticipate that student fees will be available to pay online starting September 3rd. We'd prefer that school fees be paid online but we'll take payment at the office if you'd prefer to not use the online system. School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees. The portal is customized to meet your school's needs and allows parents to add students, make payments, check current balance/account history and print or view receipts. Please see the attached step-by-step instruction sheet. surreyschools.schoolcashionline.com/ [School Cash Online Instructions - Click here](#)

STUDENT PHOTOGRAPHS

Student photographs will be taken on Thursday, September 11, 2025. All students are required to have their picture taken for the Yearbook and School Identification/Go Card. Less than a week after photo day, Darby Photos will deliver:

A proof sheet of each student's portraits. A custom Student ID card.

The proof will include an access code for families to view images online and order printed or digital copies. Each student will also receive a Digital ID Card, available for free download through the gallery and compatible with digital wallets for convenience

GRADUATION PHOTOGRAPHS

Graduation Photographs scheduled for Nov 3-9 in the NLC. Grad friend groups in the NLC Nov 3-9. Photo sessions will be by appointment only.

PHOTO RE-TAKES

Students who are away or receive photographs of poor quality will be given an opportunity to have their photographs re-taken on Wednesday, October 22nd, 2025. Please mark these dates on your calendar.

PERSONAL PROPERTY

Fraser Heights Secondary and Surrey School District #36 do not accept responsibility for loss, damage, or theft of any articles including clothing, school supplies, vehicles, equipment, or cash. **Our advice is leave valuables at home, or make sure they are locked up at all times. This especially applies to the P.E. locker rooms.** Please lock any valuables (wallets, cell phones, etc.) that you bring with you to the locker room. Locks must be removed each period, so we recommend you buy a lock and keep it with your P.E. strip.

SNOW DAYS

Mark Pearmain, Surrey School District's Superintendent, makes the final call on snow closure days. On heavy snow days, when snowfall may cause problems with transportation and roads, Fraser Heights Administration may shorten lunch by up to 30 minutes and dismiss students early. We will use our School Messenger system to communicate with parents.

SCHOOL CLOSURES

Sometimes extreme weather conditions or other unusual circumstances can cause a school closure on short notice. In the event of a potential school closure during the school year, please monitor the following radio stations:

CKNW (980 AM or www.cknw.com)

News 1130 (1130 AM or www.news1130.com)

CBC Radio (690 AM or www.vancouver.cbc.ca)

Please do not call the radio stations as staff are very busy receiving updates and preparing newscasts. Surrey school closure information may also be broadcasted on the Weather Channel and local TV stations. Whenever possible, the Surrey School District will post such information on its website at www.surreyschools.ca/fraserheights.

LOCKERS

Grade 10-12: Students this year will be able to choose their own locker on-line. Please see the attached information sheet on how to access this on-line system. They should also access this website if they forget their locker combination. Students do not need to buy a lock or bring their own lock from home. Lockers will have locks on them. Only school locks may be used on lockers. At the end of the school year, students must turn in their locks to their homeroom teachers, or they will be charged a \$7.00 lock replacement fee. School lockers are the property of the school and may be searched by school officials at any time without prior notice. Students do not have to use a school locker. The on-line student locker selection will open up as follows:

Grade 12 – August 25
Grade 11 – August 26
Grade 10 – August 27

Grade 8-9: Due to increased enrollment this year grade 8's & grade 9's must share a locker. During homeroom on September 2 & 3 your homeroom teachers will assign you a locker and a locker partner fraserheights.lockerassignment.com/



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 School Website: www.surreyschools.ca/fraserheights
 Appazur: fraserheights.appazur.com/app/

School Day: 8:00 am - 3:40 pm
Lunch: 10:45 am - 11:30 am
Office Hours: 8:00 am - 3:30 pm



2025-2026 District Calendar

Legend	
	Schools open/reopen
	Non-instructional day (no classes)
	Schools closed

Sept. 1, 2025	Labour Day
Sept. 2, 2025	Schools open
Sept. 29, 2025	Non-instructional day
Sept. 30, 2025	National Day for Truth & Reconciliation
Oct. 13, 2025	Thanksgiving Day
Oct. 24, 2025	Non-instructional day
Nov. 10, 2025	Non-instructional day
Nov. 11, 2025	Remembrance Day
Dec. 22 - Jan. 2, 2026	Winter break
Jan. 5, 2026	Schools re-open after winter break
Feb. 16, 2026	Family Day
Feb. 20, 2026	Non-instructional day
Mar. 16 - Mar. 20, 2026	Spring break
Mar. 23 - Mar. 27, 2026	School closure days
Mar. 30, 2026	Schools re-open after spring break
April 3, 2026	Good Friday
April 6, 2026	Easter Monday
May 1, 2026	Non-instructional day
May 18, 2026	Victoria Day
May 25, 2026	Non-instructional day
June 26, 2026	Administrative day/schools close

September '25						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October '25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November '25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December '25						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January '26						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February '26						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March '26						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April '26						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May '26						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June '26						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Dates & Events are subject to change.
Please consult our school website for updated monthly calendars.

<https://www.surreyschools.ca/schools/fraserheights/Calendar/calendar.aspx>



Digital Devices – Responsible Usage at School

Please be advised that the use of digital devices at Fraser Heights follows the Surrey School District's [*Procedure 9410.1 Safe and Caring Schools – Use of Personal Digital Devices*](#) in line with the [provincial government's direction](#) to restrict the use of cellphones at schools.

At Fraser Heights students will no longer be allowed to use their digital devices, including cell phones, during instructional time, unless advised by their teacher and under their teacher's supervision.

Students who leave their classroom during instructional time, will be asked to leave their cell phone or digital device in the classroom, in their backpack, cell phone hotel or with the teacher.

Why the change?

We have experienced an increase in inappropriate use of digital technology in schools, especially cell phone use. We all want Fraser Heights to be a safe learning environment for all learners, and the inappropriate use of digital technology compromises this safety. The taking of photos without others' permission and the posting of those photos online is among the issues we are working to improve.

Furthermore, research shows that frequent cellphone interruption in the classroom, social media platforms with addictive algorithms and predators who seek to exploit young people all present significant risks to young people. The revised procedure will create appropriate structures around the use of personal digital devices at school and aims to positively impact students' mental health and ability to focus on learning.

What defines a personal digital device?

The definition of a personal digital device includes, but is not limited to, any personal electronic device that can be used to communicate or to access the internet, such as cellphones, tablets, smart watches, gaming devices and electronic toys, and includes the use of earbuds and headphones.

We do recognize that these devices are important tools which can be used to enhance learning and prepare children for the world in which they will work and live. Personal digital devices provide support for children who rely on these tools to access learning through services such as translation, adaptations for individual education plans, medical support, health needs, or to provide equity of access to resources.

What can students & families expect in classrooms?

As always, classroom teachers are responsible for the learning environment in the classroom, for guiding children to use personal digital devices appropriately, and for determining when personal digital devices should be used.

This work does not happen in isolation, families and students are also responsible for their own self-regulation and responsible use of digital devices. Our goal is to work alongside students and families to develop this responsible use.

The safe and responsible use of personal digital devices is expected by all Surrey School District students, employees, volunteers, parents, guardians, and community members who are on district property or interacting with students or staff. Some examples of responsible use include:

- Asking the classroom teacher for permission to use devices during class time to support learning.
- Using the device in a way that is respectful of other's learning and does not distract others in terms of light, sound, or by other means.
- Surrey School District staff and students should not be recorded, visually or audibly, for any reason without their prior consent.

- Avoid using personal digital devices during lock down procedures or drills. The use of personal digital devices during this time may impact the emergency safety response.

It is expected that students turn off and put their digital devices in their bags or their lockers. The school is not responsible for lost, damaged or stolen devices so we recommend leaving devices at home. Students can be contacted for emergencies through the office.

Some helpful tips to guide responsible use of digital devices

We are all working together to develop and support the responsible use of digital devices in schools for the benefit of our young learners. Please do your part to help.

Disable Notifications
Turn off gadget notifications to avoid distractions.

Set a Timer
Allocate limited time, then switch to more productive tasks.

Stay Active
Engage in outdoor activities and connect with friends.

Keep Gadgets Out of Bedroom
Prevent late-night browsing by leaving devices out.

Reconnect by Phone
Opt for voice calls instead of constant video chats.

Family Time
Enjoy gadget-free meals and activities with loved ones.

Bedside Makeover
Place calming items by your bedside to reduce screen use before sleep.

Embrace Boredom
Allow moments of boredom for creative thinking.

Create a Schedule
Establish a consistent routine to manage screen time effectively.