

Are you looking for support for a child or youth whose loved one has a mental illness or substance use issue?

BCSS Youth programs provide youth with age-appropriate educational resources and information about mental illness and substance use disorder. Participants can gain:



Healthy coping strategies



Understanding of mental illness



Self-care and boundary-setting



Safe space and community

For more information, contact us at manager@bcssyouth.org



Scan the QR code
or visit www.bcssyouth.org

