

Name: _____

Start Date: _____

Career Life Education 10**- Career Life Plan, Connections to Community, Personal Development -***Students are expected to do the following:***A) Examine**

- 1) *Examine the influences of personal and public profiles on career-life opportunities*
- 2) *Identify risks and appreciate benefits associated with personal and public digital footprints*
- 3) *Consider the role of personal and employment networks in exploring career-life opportunities*

B) Interact

- 1) *Apply a mentor's guidance in career-life exploration*
- 2) *Collaborate with supportive community members to explore the reciprocal influences of career-life choices*
- 3) *Communicate with the intent to highlight personal strengths, talents, accomplishments, and abilities*

C) Experience

- 1) *Demonstrate inclusive, respectful, and safe interactions in diverse career-life environments*
- 2) *Identify career-life challenges and opportunities, and generate and apply strategies*
- 3) *Explore and connect experiential learning both inside and outside of school with possible and preferred career life pathways*
- 4) *Practise effective strategies for healthy school/work/life balance*

D) Initiate

- 1) *Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways*
- 2) *Develop preliminary profiles and flexible plans for career-life journeys*

UNIT 1: Employment Standards and Workplace Safety (Career Life Plan)

1. Employment Standards (C1)	_____/20
2. Workplace Hazards (C1)	_____/20
3. Top Seven Dangers (C1)	_____/20
4. Alive After 5 (C1)	_____/20
5. WorkSafeBC (C1)	_____/10
6. Lost Youth Video (C1)	_____/10
Total	_____/100

Date: _____ %

UNIT 2: Career Exploration (Career Life Plan)

1. Self-Assessment (B3)	_____/20
2. Career Exploration (C2 C3)	_____/20
3. Post-Secondary Education (C2 C3)	_____/20
4. High School Requirements (D1)	_____/20
5. Banner Image and Avatar (B3)	_____/5
Total	_____/85

Date: _____ %

UNIT 3: Connections to Community

1. Social Media (A1 A2)	_____/10
2. Career Networking (A3 B1 B2)	_____/10
3. Career Fit (A3 B1 B2 C3 D1)	_____/30
4. WorkBC (A3 B1 B2 C2 D1)	_____/10
5. Diversity and Inclusion (C1)	_____/30
6. Global Trends Affecting Jobs (D1)	_____/20
Total	_____/110

Date: _____ %

UNIT 4: Job Skills (Career Life Plan)

1. Work Experience Opportunities (C3)	_____/10
2. Resume (B3)	_____/20
3. Cover Letter (B3)	_____/20
4. Interview Skills (B3 D1)	_____/100
5. Employability Skills (D1)	_____/10
6. Workplace Etiquette Video (C1 D1)	_____/10
Total	_____/170

Date: _____ %

UNIT 5: Finance (Personal Development)

1. Financial Flight School (D2)	_____/16
2. Costs – Apartment or Car (D2)	_____/25
3. Chequing Account (D2)	_____/10
4. Making Money Grow (D2)	_____/10
5. Learning about Taxes (D2)	_____/15
6. My Financial Plan (D2)	_____/25
Total	_____/101

Date: _____ %

UNIT 6: Personal Development

1. School, Work, and Life Balance (C4)	_____/10
2. Stress Management (C4)	_____/15
3. Time Management (C4)	_____/15
4. Lifelong Learning (C4)	_____/10
5. Vision Board (C4 D2)	_____/30
6. Why Do We Fall Video (C4 D2)	_____/10
Total	_____/90

Date: _____ %