

 **Fraser Wood Community Friday Flash** 



Week of April 10-April 14, 2023



Week at a Glance

Monday

- No school - Easter

Tuesday

- Crepe Truck at Fraser Wood

Wednesday

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Thursday

- Div 14 Tynehead Park

Friday

- Happy Vaisakhi
- Kindergarten Egg Drop
- Wacky Hair Day

Weekly information

Ready Set Learn

This is an important message to our community about our upcoming Ready, Set Learn event happening April 18 @ 1:00 pm here at Fraser Wood Elementary. Ready set learn is for Pre-kindergarten students only – typically for 3-4 year olds who are just beginning their learning journey. Our incredible Kindergarten team has a number of fun activities and events planned along with a goody bag of books and small treats for our little ones. Parents / guardians of student in Pre-K, please reach out to the school by emailing us @ fraserwood@surreyschools.ca if you are interested in attending.

Please share this information with family and friends who may not be part of this email list so that they have the opportunity to register!

First Peoples in Residence Week

For the week of April 17-April 21, Fraser Wood will be hosting our First Peoples in Residence Week. During this time, we welcome elders and / or district presenters into our school and classrooms to share the teaching of the first nations to both our staff and students. This is a very special week for all and we look forward to great learning ahead.

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Best Wishes for Ms. Oulette

For the last few months, Ms. Oulette our student teacher from SFU has been actively observing and teaching in Ms. Chung's classroom. Ms. Oulette will be returning to SFU for the next few months although we hope to see her again in September for her long practicum. Congratulations on a great first practicum and we wish you well in your learning journey ahead!

Badminton – Fraser Wood badminton is fully underway! Practices have begun and students are showing some incredible skill! The schedule for grade 6 and 7 practices is posted outside the gym for all students to confirm. This week, Mr. Chambers made his way to take on the team during one of our morning practices. Mr. Chambers reports that his legs and back are a bit bruised up from being run all over the court, but rest assured the students were in far worse shape than him (ha). Mr. Chambers looks forward to dropping by more over the next few weeks – many thanks to our staff for all your work in providing coaching for all our young athletes.

Crepe Food Truck - On Tuesday, April 11th, our Intensive French classes have arranged for La Boehme Food Truck to be at our school preparing Crepes (made from a blend of wheat flour and organic wholegrain buckwheat flour) for our students and staff. Throughout the day, every division (at set times) is encouraged to come out to the food truck and order a French Crepe. * Please note that although they will not be working with any nut products on the day of our visit, they cannot 100% guarantee that there has been no cross-contamination. While they will clean everything there is always a risk. They work with nut products on other days, nuts are present in their commissary, and there could also be some residue burnt onto the griddles. We would like to share this information with parents so that they may make an informed decision as to the level of risk.



Affordability Fund- Financial support to make school more affordable for families that need it most.

In late August, the provincial government announced [\\$60 million in one-time funding to school districts in B.C.](#) – including \$7.385 million to Surrey Schools – to make school more affordable for students and families. Fraser Wood has received its allocated funds. These funds will be used to support families struggling with the rising cost of living due to inflation. We can use these funds at our school to ensure students can continue to participate fully in school, despite challenging financial situations. These funds can be used to help with school supplies, food and clothing costs, and additional fees so that students in need can take part in activities, such as field trips.

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Families are encouraged to reach out to the office- Mr. Chambers, Ms. de Groot, teachers, or any other staff if any financial support is needed for school-based supplies or activities. Please note, all information shared will be held in confidence.

Parent Information Sessions around digital well-being:



NATIONAL CHILD & YOUTH MENTAL HEALTH DAY

Online Event for Parents and Caring Adults

with Dr. Ross Greene

Join us to listen to Dr. Ross Greene speak about how Collaborative and Proactive Solutions can help us show our kids we care about them.

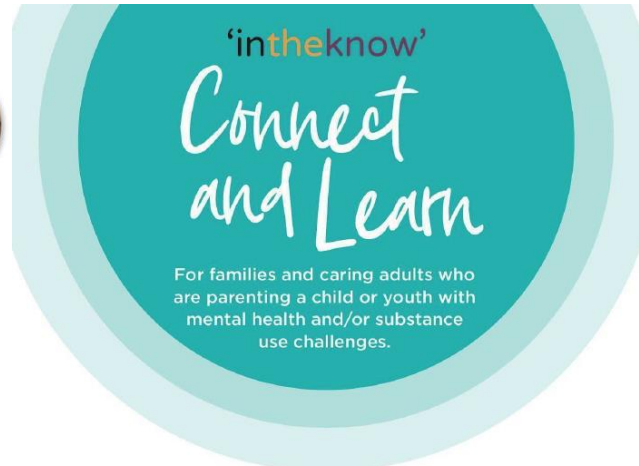
Solving problems together creates connection and allows our children to be a part of finding solutions to what is causing their concerning behaviour. Dr. Greene's work reminds us that things go better for everyone, when we solve problems together and that kids do well if they can.

DATE: Thursday, May 4, 2023

TIME: 6:00pm - 8:00pm (PST)

REGISTRATION REQUIRED: familysmart.ca/events

This event is part of FamilySmart's National Child & Youth Mental Health Day celebrations, for more info and resources go to: may7icare.ca



For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Understanding, Supporting and Connecting with Teens with Depression

Mood rollercoasters are a part of normal development for our teens, but sometimes something more is going on with their mental health. How can we tell the difference? At what point should we intervene? Join us for a conversation with a mental health therapist who supports teens and families, to understand how depression shows up in teens and learn ways of journeying with them through it.

Cost: Free of Charge

Date(s):

Monday April 3, 2023 9:30-11am (PST)
Thursday April 13, 2023 6:30-8pm (PST)
Tuesday April 18, 2023 12-130pm (PST)
Wednesday April 26, 2023 5-630pm (PST)
Thursday April 27, 2023 630-8pm (PST)

Registration required:
www.familysmart.ca/events



PAC (Parent Advisory Council) - Hot Lunches

As always, a special thank you to all the parents who volunteer their time and efforts in organizing, picking up, and handing out orders. Thanks to the parents that assisted with Hot Lunch this week! We could not do this without your support!

Reminder that hot lunches are every Wednesday. We have four suppliers this term which we will be rotating through.

- Panago Pizza - Maguro Sushi - Cora - Subway

You can order for the week, month or entire term. All orders must be placed online through Munchalunch. <https://munchalunch.com/schools/fraserwood/>

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- Monthly PAC Meeting

Did you know we have a Fraser Wood Elementary Parent Advisory Committee (PAC) mailing list? It is different than this one and you need to subscribe to get the latest information like:

- The date of the next PAC meeting happening so you can voice any suggestions/concerns?
- Get a copy of the PAC meeting minutes which include updates on health and safety, fundraising plans, money distributions to support extra-curricular activities, ...
- How you can get involved in the PAC and volunteering opportunities.
- The latest status of the playground fundraising efforts.

Click on the link [Parent Advisory Council Mailing List](#) to subscribe.

**VIRTUAL PAC MEETING: Wed. March April 26, 2023 at 6 pm on-wards .
All parents are welcome to attend online at:**

ZOOM Meeting ID: 946 9592 2953

ZOOM Passcode: 371777

ZOOM Meeting LINK: <https://zoom.us/j/94695922953?>

On-going fundraiser reminders from PAC!

Bottle Drive: Bring your bottles/cans to a **Return-It Depot** near you! Simply provide the school's phone number (604-589-6442), print off labels and funds automatically get deposited to our school account.

Fraser Wood Branded Clothing: Order customizable clothing with our Fraser Wood logo! Sweaters, t-shirts, hats, joggers, and more! 10% of all purchases goes to our school. To order, visit: <https://fwe.entripyshops.com/>

Litterless Lunches

Please send your child to school with a litterless lunch. The definition of a litterless lunch is simple. No garbage, no trash, no rubbish, no litter is left behind at school by students or staff. Please send a separate bag for composting and recycling in your child's lunch kit. Thank you in advance for supporting this initiative.

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Bell Schedule 2022-2023

Supervision Bell	8:20 a.m.
Welcome Bell	8:30 a.m.
Morning Session 1	8:35 – 10:15 a.m.
Recess	10:15 – 10:30 a.m.
Morning Session 2	10:30 – 11:45 a.m.
Lunch	11:45 a.m.
Afternoon Session	12:30 – 2:30 p.m.
End of Day Bell	2:30 p.m.
Supervision Ends	2:45 p.m.

2022-2023 Calendar

April 18	Ready, Set, Learn – 1 p.m.
May 4	Student Led Conferences – Early Dismissal 1:30 p.m.
May 5	Non-Instructional Day – School Not in Session
May 16	Parent Appreciation Tea
	Welcome to Kindergarten – 1 p.m.
May 22	Victoria Day – School Not in Session
May 29	Non-Instructional Day – School Not in Session
June 16	Activity/Sports Day
June 19	Activity/Sports Day Rain-out Date
June 21	Summer Fun Run
June 23	Year End Assembly – 9:00 a.m.
June 26	Grade 7 Ceremony – 10:40 a.m.
June 29	Last Day of School – Final Summative Report - Early Dismissal @1:30 p.m.