



Week of October 3-7, 2022

### Week at a Glance

Monday

- Pickleball continues

Tuesday

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Wednesday

- Fire Drill 1 p.m.

Thursday

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Friday

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### Weekly information

#### **1. BC School Fruit and Vegetable Nutritional Program**

Our school is involved in a province wide healthy living initiative. One of our goals is to encourage healthy eating by providing fresh BC fruits and vegetables to our children during class time. Our students will receive these healthy treats 13 times over the school year. Yesterday the children had the option of eating/trying blueberries.

To ensure every student's health and safety, please let your child's teacher know of any allergies to fruits and vegetables. If you do not wish your child to participate in the BC School Fruit and Vegetable Program, please let your child's teacher know in your child's planner.

#### **2. Hot Lunches-Message from PAC. A special thank you to all the parents who volunteer their time and efforts in organizing, picking up, and handing out orders. We could not do this without your support!**

Hot lunches will be every Wednesday. We have four suppliers this term which we will be rotating through

- Panago Pizza
- Maguro Sushi
- Cora
- Subway

You can order for the week, month or entire term.

All orders must be placed online through Munchalunch.

<https://munchalunch.com/schools/fraserwood/>

### 3. Terry Fox Run

Thank you to our entire community for supporting our Terry Fox fundraiser. We raised \$1124 for cancer research. We reached our goal!

A special thank you to the families who came out to volunteer. Your time is very much appreciated.

### 4. Staff Parking Lot/Parking Signage

The safety of our children is our first priority. Our ask is that families use our drop off and pick up area.

The staff parking lot is out of bounds. Please follow signage around the school and respect private property.

### 5. Litterless Lunches

Please send your child to school with a litterless lunch. The definition of a litterless lunch is simple. No garbage, no trash, no rubbish, no litter is left behind at school by students or staff. Please send a separate bag for composting and recycling in your child's lunch kit.

Thank you in advance for supporting this initiative.

### 6. Bell Schedule 2022-2023

Supervision Bell	8:20 a.m.
Welcome Bell	8:30 a.m.
Morning Session 1	8:35 – 10:15 a.m.
Recess	10:15 – 10:30 a.m.
Morning Session 2	10:30 – 11:45 a.m.
Lunch	11:45 a.m.
Afternoon Session	12:30 – 2:30 p.m.
End of Day Bell	2:30 p.m.
Supervision Ends	2:45 p.m.

### 7. 2022-2023 Calendar

<u>2022</u>	September 29	Orange Shirt Day
	September 30	Truth & Reconciliation Day – School Not in Session
	October 10	Thanksgiving – School not in Session
	October 11 - 14	Interim Report #1 – Informal Communication with Parents
	October 19	Individual Photos
	October 21	Non-Instructional Day – School Not in Session
	October 31	Halloween Parade – 1:45 p.m.
	November 9	Remembrance Day Assembly
	November 10	Non-Instructional Day – School Not in Session
	November 11	Remembrance Day – School not in Session
	December 5 - 9	Student Progress Report #1

	December 13	Early Dismissal @ 1:30 p.m. – Parent Teacher Conferences
	December 16	Pyjama Day
		Last Day of Classes before Winter Break
<u>2023</u>	January 3	School Re-opens
	January 16	Early Dismissal – 1:30 p.m.
	January 20	Lunar New Year Parade – 1:45 p.m.
	February 20	Family Day – School Not in Session
	February 22	Pink Shirt Day and Pink Shirt Day Run
	February 24	Non-Instructional Day – School Not in Session
	March 6 - 10	Student Progress Report #2
	March 10	Last Day of Classes before Spring Break
	March 27	School Re-opens
	April 7	Good Friday – School Not in Session
	April 10	Easter Monday – School Not in Session
	April 18	Ready, Set, Learn – 1 p.m.
	May 4	Student Led Conferences – Early Dismissal 1:30 p.m.
	May 5	Non-Instructional Day – School Not in Session
	May 16	Parent Appreciation Tea
		Welcome to Kindergarten – 1 p.m.
	May 22	Victoria Day – School Not in Session
	May 29	Non-Instructional Day – School Not in Session
	June 16	Activity/Sports Day
	June 19	Activity/Sports Day Rain-out Date
	June 21	Summer Fun Run
	June 23	Year End Assembly – 9:00 a.m.
	June 26	Grade 7 Ceremony – 10:40 a.m.
	June 29	Final Summative Report
		Last Day of School – Early Dismissal @1:30 p.m.

## 6. PAC

Did you know we have a Fraser Wood Elementary Parent Advisory Committee (PAC) mailing list? It is different than this one and you need to subscribe to get the latest information like:

- When the next PAC meeting is happening so you can voice any suggestions/concerns?
- Get a copy of the PAC meeting minutes which include updates on health and safety, fundraising plans, money distributions to support extra-curricular activities, ...
- How you can get involved in the PAC and volunteering opportunities.
- The latest status of the playground fundraising efforts.

Click on the link [Parent Advisory Council Mailing List](#) to subscribe.

PAC MEETING: October 19<sup>th</sup> † 6 p.m.

All parents are welcome to attend online at:

ZOOM Meeting ID: 946 9592 2953

ZOOM Passcode: 371777

ZOOM Meeting LINK: <https://zoom.us/j/94695922953?>

## **7. Daily Health Check**

Staff, other adults entering the school, parents, caregivers and students should not come to school if they are sick. It is critically important to complete a daily health check.

A daily health check means a person checking daily to ensure they (or their child) are not experiencing any symptoms of illness (including but not limited to COVID-19 symptoms) before coming to school.

Nobody should come to school if they are sick or otherwise directed to self-isolate by public health.

## **8. Dress for the Weather**

Fresh air and play is a very important part of your child's learning at school. It is also a wonderful opportunity for physical activity that helps brains to grow and learn. As much as possible, kids will be outside at recess and lunch, rain or shine so please ensure they have appropriate clothing.

## **9. Fraser Wood Elementary Spirit Wear!**

10% of purchase price is donated to Fraser Wood Elementary PAC.

<https://fwe.entripyshops.com/>

- Free Shipping to your home (orders over \$85)
- Ability to select great products and fully customize
  - Choose colours
  - Logo position and size
  - Add a name
  - Add a number

There are products for Men, Women, and Youth! We hope you enjoy the new spirit wear and look forward to seeing your children and the parents sporting some cool gear around the neighbourhood. Feel free to share the site: <https://fwe.entripyshops.com> - anyone can order and help support your children's school.