



Week of September 19-23, 2022

Week at a Glance

Monday

- No school- Queen Elizabeth II Funeral

Tuesday

- Pickleball begins- 3 weeks

Wednesday

- PAC Meeting 6 p.m. All parents are welcome to attend online at:

ZOOM Meeting ID: 946 9592 2953

ZOOM Passcode: 371777

ZOOM Meeting LINK: <https://zoom.us/j/94695922953?>

Thursday

- Fire Drill #1 at 10 a.m.

Friday

- Terry Fox Run 1:30 p.m. Please join us in supporting Terry's Dream!

Weekly information

1. Terry Fox Run

Terry Fox is a Canadian Hero! His goal was to run across Canada to raise money for a cure for cancer. Students are being encouraged to bring a Toonie (or more) for the Canadian Cancer Foundation.

Our goal is to raise \$1000 to support Terry's dream. Every little bit helps! We are collecting donations next week, every day.

On April 12th, 1980 Terry Fox dipped his artificial leg into the Atlantic Ocean and began his Marathon of Hope to raise money for Cancer Research.

On Friday, September 23, we invite our entire community to run with us in support of Terry's dream. Please note that the Kindergarten route is different. Kindergarten parents wishing to volunteer are asked to contact a Kindergarten teacher.

"Anything is possible if you try!" Terry Fox said this during his Marathon of Hope. Let's continue Terry's dream to find a cure for cancer.

Bring a Toonie for Terry or Donate Online at
<http://www.terryfox.ca/FraserWoodElementary>

2. Hot Lunches

Hot Lunches are BACK!!! Hot lunches will be every Wednesday. We have four suppliers this term which we will be rotating through

- Panago Pizza
- Maguro Sushi
- Cora
- Subway

The first lunch will be on September 28th. Order cut off is 5 days prior to hot lunch (order cut off is Friday, Sept 23rd for Sept 28th lunch). You can order for the week, month or entire term.

All orders must be placed online through Munchalunch.

<https://munchalunch.com/schools/fraserwood/>

3. Staff Parking Lot/Parking Signage

The safety of our children is our first priority. Our ask is that families use our drop off and pick up area.

The staff parking lot is out of bounds. Please follow signage around the school and respect private property.

4. Health and Safety

Quarantine, Mask And Random Testing Restrictions For Students Returning From International Travel

As the sun sets on summer vacations, the district is reminding students and parents of the latest federal guidance for those returning from international travel, including information specific to children and youth.

School Attendance

Students may attend school upon returning from international travel, provided they adhere to the following requirements.

Unvaccinated and partially vaccinated children under 12 must wear a mask when in public spaces for the first 14 days after entry, including schools and daycares.

Unvaccinated and partially vaccinated youth 12 to 17 must complete the 14-day quarantine and all testing requirements for pre-entry, arrival and Day-8 tests, regardless of if they were accompanied by fully vaccinated travellers.

Unvaccinated and partially vaccinated students 18 and up must follow all testing and quarantine requirements. (See the [checklist of testing and quarantine requirements](#))

Mandatory Random Testing (MRT)

Students five and up and their parents, regardless of vaccination status, may be randomly selected for a mandatory arrival test:

- Unvaccinated or partially vaccinated children must be tested *if their accompanying parent is selected for mandatory random testing*.
- Children who qualify as fully vaccinated are not required to be tested *if their accompanying parent is selected for mandatory random testing*.
- Children who qualify as fully vaccinated must be tested if they are selected for mandatory random testing.

Students are not required to quarantine while waiting for their test results.

If a fully vaccinated traveller or unvaccinated child under 12 tests positive on their arrival test, they must isolate for 10 days and report their test results to the Public Health Agency of Canada (PHAC) by calling 1-833-641-0343.

If a fully vaccinated parent, step-parent, guardian or tutor has travelled with a child and they experience symptoms or test positive, unvaccinated children under 12 must quarantine for 14 days and monitor for symptoms.

Quarantine

Travellers who are under quarantine must avoid contact with anyone they did not travel with:

- Stay in separate rooms
- If sharing a bathroom, clean and disinfect after use
- Avoid sharing personal items
- Avoid interactions with others in the household

To qualify as a fully vaccinated traveller to Canada, you must:

- have received at least 2 doses of a vaccine accepted for travel, a mix of 2 accepted vaccines or at least one dose of the Janssen/Johnson & Johnson vaccine
- have received your second dose at least 14 calendar days before you enter Canada (For example, if your second dose was on July 1, then July 15 would be the first day that you meet the 14-day condition)

For more information on these and other federal guidance on travel, please visit travel.gc.ca/travel-covid

5. Litterless Lunches

Please send your child to school with a litterless lunch. The definition of a litterless lunch is simple. No garbage, no trash, no rubbish, no litter is left behind at school by students or staff. Please send a separate bag for composting and recycling in your child's lunch kit.

Thank you in advance for supporting this initiative.

6. Planners- Please pay at your earliest convenience

Planners were distributed this week. The cost of a planner is \$5.00. We encourage families to register on line with [School Cash Online](#). Families may also pay by cheque payable to Fraser Wood Elementary. Cash is no longer accepted. Please contact your child's teacher or the office to make other arrangements if these fees cause you any financial hardship.

7. Pickleball- (Notices were distributed this week)

Pickleball is coming to Fraser Wood! All classes will be participating during the regular school day from September 19- October 7th.

Pickleball is a racket/paddle sport that was created by combining elements of several other racket sports. Two or four players use solid paddles to hit a perforated polymer ball over a net. The ball is much like a Wiffle ball, with 26–40 round holes. A pickleball court is similar to badminton, with a net similar to tennis, and the paddles are similar to those in table tennis.

The cost of this activity is \$9.45 per child. We encourage families to register on line with [School Cash Online](#). You may also send a cheque payable to Fraser Wood Elementary.

No child will miss participating in an activity due to an inability to pay fees. Please contact your child's teacher or the office to make other arrangements if these fees cause you financial hardship.

8. Bell Schedule 2022-2023

Supervision Bell	8:20 a.m.
Welcome Bell	8:30 a.m.
Morning Session 1	8:35 – 10:15 a.m.
Recess	10:15 – 10:30 a.m.
Morning Session 2	10:30 – 11:45 a.m.
Lunch	11:45 a.m.
Afternoon Session	12:30 – 2:30 p.m.
End of Day Bell	2:30 p.m.
Supervision Ends	2:45 p.m.

9. 2022-2023 Calendar

<u>2022</u>	September 6	School Opens 10:00 – 11:00 a.m. PAC Welcome for all caregivers in the gym 10-11 a.m.
	September 23	Terry Fox Run
	September 26	Non-Instructional Day – School Not in Session
	September 28	Meet the Teacher 2:30 – 4:00 p.m.
	September 29	Orange Shirt Day
	September 30	Truth & Reconciliation Day – School Not in Session
	October 10	Thanksgiving – School not in Session
	October 11 - 14	Interim Report #1 – Informal Communication with Parents
	October 21	Non-Instructional Day – School Not in Session

October 31	Halloween Parade – 1:45 p.m.
November 9	Remembrance Day Assembly
November 10	Non-Instructional Day – School Not in Session
November 11	Remembrance Day – School not in Session
December 5 - 9	Student Progress Report #1
December 13	Early Dismissal @ 1:30 p.m. – Parent Teacher Conferences
December 16	Pyjama Day
	Last Day of Classes before Winter Break

<u>2023</u>	January 3	School Re-opens
	January 16	Early Dismissal – 1:30 p.m.
	January 20	Lunar New Year Parade – 1:45 p.m.
	February 20	Family Day – School Not in Session
	February 22	Pink Shirt Day and Pink Shirt Day Run
	February 24	Non-Instructional Day – School Not in Session
	March 6 - 10	Student Progress Report #2
	March 10	Last Day of Classes before Spring Break
	March 27	School Re-opens
	April 7	Good Friday – School Not in Session
	April 10	Easter Monday – School Not in Session
	April 18	Ready, Set, Learn – 1 p.m.
	May 4	Student Led Conferences – Early Dismissal 1:30 p.m.
	May 5	Non-Instructional Day – School Not in Session
	May 16	Parent Appreciation Tea
		Welcome to Kindergarten – 1 p.m.
	May 22	Victoria Day – School Not in Session
	May 29	Non-Instructional Day – School Not in Session
	June 16	Activity/Sports Day
	June 19	Activity/Sports Day Rain-out Date
	June 21	Summer Fun Run
	June 23	Year End Assembly – 9:00 a.m.
	June 26	Grade 7 Ceremony – 10:40 a.m.
	June 29	Final Summative Report
		Last Day of School – Early Dismissal @1:30 p.m.

6. PAC

Did you know we have a Fraser Wood Elementary Parent Advisory Committee (PAC) mailing list? It is different than this one and you need to subscribe to get the latest information like:

- When the next PAC meeting is happening so you can voice any suggestions/concerns?

- Get a copy of the PAC meeting minutes which include updates on health and safety, fundraising plans, money distributions to support extra-curricular activities, ...
- How you can get involved in the PAC and volunteering opportunities.
- The latest status of the playground fundraising efforts.

Click on the link [Parent Advisory Council Mailing List](#) to subscribe.

PAC MEETING: September 21st at 6 p.m.

All parents are welcome to attend online at:

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7. Daily Health Check

Staff, other adults entering the school, parents, caregivers and students should not come to school if they are sick. It is critically important to complete a daily health check.

A daily health check means a person checking daily to ensure they (or their child) are not experiencing any symptoms of illness (including but not limited to COVID-19 symptoms) before coming to school.

Nobody should come to school if they are sick or otherwise directed to self-isolate by public health.

8. Dress for the Weather

Fresh air and play is a very important part of your child's learning at school. It is also a wonderful opportunity for physical activity that helps brains to grow and learn. As much as possible, kids will be outside at recess and lunch, rain or shine so please ensure they have appropriate clothing.

9. Fraser Wood Elementary Spirit Wear!

10% of purchase price is donated to Fraser Wood Elementary PAC.

<https://fwe.entripyshops.com/>

- Free Shipping to your home (orders over \$85)
- Ability to select great products and fully customize
 - Choose colours
 - Logo position and size
 - Add a name
 - Add a number

There are products for Men, Women, and Youth! We hope you enjoy the new spirit wear and look forward to seeing your children and the parents sporting some cool gear around the neighbourhood. Feel free to share the site: <https://fwe.entripyshops.com> - anyone can order and help support your children's school.