CELEBRATE SAFELY and UNDER HEALTH GUIDELINES THIS WEEKEND!



As provincial health restrictions have been extended indefinitely, the district wants to remind parents, students and staff to stay safe this long weekend while celebrating Lunar New Year and Family Day.

It is important that everyone continues to follow the provincial health guidelines for the Fraser Health region while celebrating Lunar New Year and Family Day, namely limiting social interactions to your immediate household (it is called *Family* Day after all!). The Provincial Health Officer defines immediate household as a group of people who live in the same residence.

Social gatherings of any size are not permitted with anyone other than your immediate household, such as friends or extended family. This includes gathering outdoors and at restaurants.

The BCCDC's <u>Safe Celebrations and Ceremonies page</u> has a number of ways to celebrate safely and stay safe, such as:

- Connect virtually through a video call or by phone with extended family, friends and loved ones.
- Wear a mask when shopping for celebrations. If you aren't feeling well, ask someone you live with to shop for you.
- Avoid sharing food. If you are preparing meals for your household, place food on separate plates for each person.
- Do drop-off or physically distanced doorstep gift exchanges.

The district also reminds staff, parents and students to continue other provincial health and safety recommendations, such as maintaining physical distance of two metres from others, staying home and away from others when you feel sick, wearing a non-medical mask, and practicing good hand hygiene and appropriate cough etiquette.

The safest thing to do is stay home – there are other ways to celebrate, and parents are encouraged to get creative with at-home Lunar New Year and Family Day activities.

Stay safe, have a great Family Day, and Gung hay fat choy