

Career and Life Education 10 Outline



This course is to provide support to students on the process of becoming successful, educated citizens by providing them with opportunities to explore a variety of careers and options for their future. The hope is that by the end of this course, the students have further refined their understanding of the links between personal development and their career decisions. Students will reflect on and understand career possibilities through planning, practice and application of the competencies and knowledge.

Big Ideas : UNDERSTAND

Finding a balance between work and personal life is essential to good physical and mental health.

A network of family, friends and community members can support and broaden our career awareness and options.

Learning how to learn prepares us to be lifelong learners who can adapt to changing career opportunities.

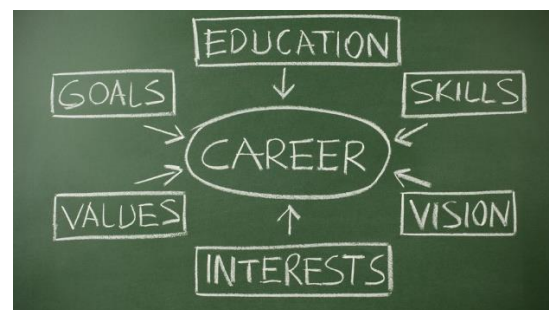
Effective career planning considers both internal and external factors.

The global economy affects our personal, social and economic lives and prospects.

Successful career and education paths require planning, evaluating and adapting.

“ Choose a job you love, and you will never have to work a day in your life. ”

– Confucius



Curricular Competencies- DO	Content- KNOW
<p>Consider the impact of personal and career choices on themselves and others</p> <p>Recognize the need for a healthy balance between school and other activities</p> <p>Recognize the influence of their communication skills and digital footprint on job-seeking</p> <p>Consider the need for ethical behaviour, equality and equity within a work environment</p> <p>Appreciate the importance of safety skills and workplace safety in specific careers and occupations</p> <p>Use entrepreneurial and innovative thinking to solve problems in their personal life and community</p> <p>Recognize and explore diverse perspectives on how work contributes to our community and society</p> <p>Locate and apply local-to-global career trends and appreciate their impact on the individuals, communities, workplaces and career opportunities</p> <p>Appreciate the role of personal networks in choosing and advancing their career paths</p> <p>Begin to effectively use personal networking and marketing strategies to promote themselves</p> <p>Make connections between community-based career related experiential learning and potential career paths</p> <p>Use self-assessment and reflection to consider their graduation and post-graduation goals</p> <p>Create an initial career and education plan considering financial implications</p>	<p>Personal Development</p> <ul style="list-style-type: none"> • Self-assessment for career research • Goal setting-SMART principles of goal setting • Lifelong learning: Awareness, exploration and experience • Graduation requirement: new curriculum • Personal financial planning • Workplace etiquette • 2017/18 last yr. of Healthy Living: Health information and media literacy, healthy relationships, health decisions and their effects • sexual decision making, HIV/AIDS, substance abuse, road safety <p>Connections to Community</p> <ul style="list-style-type: none"> • Global trends and economy <p>Career Life Plan</p> <ul style="list-style-type: none"> • Essential career skills: reading, writing, thinking, numeracy, oral communication, working with others, continuous learning, computer and document use. • Employability skills: fundamental, personal management and teamwork skills • Post-graduation opportunities-schools, programs, tuition and costs, scholarships, bursaries, residency • Employment standards: BC Employment Standards Act • Labour and market trends: WorkBC • Workplace safety and attitudes: WHIMIS, PPE, Safety training WorkSafeBC

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| | <ul style="list-style-type: none">• Injury prevention and safety protocols• Work experience opportunities: job shadowing, volunteering, mentorship, employment, apprenticeship and entrepreneurship |
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