

hYnrI bos AYlImYNtrI skUl

sdwcwr jwbqy dy inXm

dieAwvwn bxo

siqkwrXog bxo

ijMmyvwr bxo

su`riKAq rho

sdwcwr dy inAmwN dw mu`K audyS isiKAw Aqy kwrj prnwI nUM ie`k suriKAq, suc`jI sMBwl qy AnuSwSn dI pwlwv krn vwly vwqwrn nUM sQwpq krnw hY [

sdwcwr jwbqy dIAwN aumIdwN

dieAwvwn bxo

- dUijAwN nwl Aijhw vrqwE kro ijdwN dw qusI Awpxy leI cwHuNdy ho [
- dUijAwN dI mdd kro [
- vMfxwN isKo [
- dUijAwN nUN nwl lY ky c`lo [
- cMgw soco [
- sdw hsdY rho [
- sB dw iDAwn rKo [
- dUijAwN dw auqSwh vDwE [

siqkwrXog bxo

- dUijAwN nwl Aijhw vrqwE kro ijdwN dw qusI Awpxy leI cwHuNdy ho [
- mqByd dI kdr Aqy siqkwr kro [
- shI BwSw dI vrqoN kro [
- dUijAwN nUM iDAwx nwl suxo [
- inmrqw nwl rho [
- AwpxI vwrI dw ieMqzwr kro [
- dUijAwN dy iekwNq dI kdr kro [
- in`JI Aqy skUl dI jwiedwd dI Tik FMg nwl sMBwl kro [
- stwP dy inrdySw dI pwlxw kro [
- FukvyN kpiVAwN dI vrqoN kro [
- AMdr phuMc ky topI auqwr ide [

ijMmyvwr bxo

- Awpxy vrqWE leI qusI Awp ijMmyvwr ho [
- smyN isr AwE [
- Awpxw smwn mOjUd Aqy iqAwr rKo [
- kMm Kqm hox qoN bwAd AwpxI QwN swP kro [
- Awpxy vloN pUrI koiSS kro [
- loV pYx qy shwieqw leI bynqI kro [
- iemwndwr bxo [
- kUVw-kr`kt gwrbyz ibn jwN muV vrqx Xog bxwaux vwly Fol iv`c
pwE [

su`riKAq rho

- Awpxy h`Q, pYr, srIr Aqy cIzw nUM SMBwl ky rKo [
- aup`krx Aqy smwn dI shI FMg nwl vrqoN kro [
- hOLI hOLI clo [
- skUl Aqy AwpxI klws dy su`riKAw inXmwN dI pwlxw kro [
- inrDwirq QwN qy rho [
- SwqmeI FMg nwl s`misAwvwN dw h`l kro [
- K`qry vwli s`iQqI dI stwP nUM qurMq sucnw idE [

nwmnjUr jwbqy dIAwN kuJ audwrwxwN

- nkli jwN Asli hiQAwr dw kol hoxw [
- lVweI-lVweI Kyfxw jwN lVxw [
- Srwb, nSillIAwN vsqwN jwN isgrt dI vrqoN krxw [
- swV PUK, AwiqSbwzI, ivsPotk pdwrQ, lwietr jwN mwics dI vrqoN
krxw [
- JUTI A`g dw Alwrm vjwauxw [
- corI jwN qoV BMn krxw [
- gwlwN kFwx [
- dUijAwN dw mzwk aufwauxw, qMg krxw Aqy frwauxw [

****not**** - swry nwmnjUr jwbqy auprli ilst iv`c nhIN drswey
gey [

cMgIAwN AwSvwN

ijvyN ijvyN ividAwrQIAwN dI aumr vDdI hY qy AglIAwN SRyxIAwN pws
krdy hoey hor pirpk s`mJ dy DnI ho jwNdy hn qy jwbqy dy AwdrSw nUM
vI cMgI qrwN s`mJdy hoey aunwN pwsoN pwlwN dI aumId vI b`JdI hY [

nqIjw

ividAwrQIAwN nUM aunwN dy durivhwr dy pirxwm vjoN auhnwn dI aumr dI pirpkqw, idSw inrdsW dI aulMgxw dI imkdwr Aqy auhnwn dIAwN Kws loVwN nUM idAwx iv`c riKAw jwvygw [

ieh sjwvwn rokQwm qy punr sQwpqI rUp iv`c hoxgIAwN nwik dMf vjoN [

AnuSwSn islislyvwr FMgwN qy qrIikAwN Anuswr lwgU kIqw jwvygw [

1. pihlI vwr: ividAwrQI nwl glbwq kIqI jwvygI [aus nwl Ku`lky ArQpUrn qy inAwN pUrbk ivcwr vtwnDrw kIqw jwvygw [
2. dUjI vwr: ividAwrQI dy mwipAwN nUM sUcq kr idqw jwvygw [pihlI vwr vwNg glbwq jwrI r`KI jwvygI [
3. qIjI vwr: aupr drsweIAwN ivcwrwN Aqy hor SMBwvwnvwn ijvyN mwipAwN nwl mIitMg, ie`k idn Gr rihxwN jwN skUl nw AwauxwN jwN muA`ql krnw Awid..

not: ikxy vyly jykr pRbMDk nUM XkInn sMgIn durivhwr dw pqw lg jwNdw hY qwN auh sKq AnuswSnI kwrvweI leI aupr drswey kdmwn nUM AKoN proKy kr skdw hY [

ie`k jwN ie`k qoN v`D kwrvweI kIqI jw skdI hY :-

- ividAwrQI nUM slwh- mSvry leI hwjrI dI jrUrq hY [
- ividAwrQI syvwwN nwl sbMD joVn dI loV hY [
- blddI siQqI iv`c r`Kxw [
- pUils nwl sMprk riKAw jwxw [
- skUl borf dI sur`iKAw kmytI nUM irport krnw [

mnu`KI AiDkwrwN dy Gyry iv`c AwauNdy msly

ikxy nsl, rMg, Kwndwn, jnm sQwn, Drm, ivAwH dw ruqbw, pirvwrk hYisAq, srIrk qy idmwigI Apwhj hoxw, ilMg, ilMgByd sbMDI, BwSw, pihrwv jwN ikxy ienswn jwN gr`up jwN SRyxI dy ADwr qy koeI srIrk, mOiKk jwN ilKqI Sbdwvli ijs krky ikxy ienswn dw Apmwn krnw, mKOL aufwauxw jwN iGrxw dw iejhwr krnw ikxy qrwn vI brdwsq nhI kIqw jwvygw [

ijMmyvwrIAwN dI AiDsUcnw

skUl krmcwrI vrg dI kwnUMnI ijMmyvwrI hY ik auh sdwcwr jwbqy dI aulMGxw krn vwly nUM smy smy isr slwh mSvrw dyvy [ies ijMmyvwrI nUM inBwaux leI skUl ijLHw AiDkwrI, pUils qy hor dUjIAwN eyjMsIAwN ijvyN b`cy Aqy pirvwr minstrI nUM kwnUMnI qOr qy Swml krn dI loV hY [gMBIr Gtnw iv`c aulJy b`icAwN dy dovyN iDrwn dy mwipAwN nUM b`icAwN dI su`riKAw bwry sUicq kIqw jw skdw hY [

jvwbI ieljwmbwji dI rokQwm

jykr koeI ividAwrQI sdwcwr jwbqy dI aulMGxw bwry iSkwieq krdr hY
qwN skUl Aqy skUl borf AiDkwrI jvwbI ieljwmbwjI dI rokQwm leI
munwisb kwrvweI krngy [