

# Royal Heights Elementary

## Community News Flash #2

September 13<sup>th</sup>, 2021

### ***Important Dates***

Friday, September 24 <sup>th</sup>	- Terry Fox Run
Monday, September 27 <sup>th</sup>	- Pro D Day - <b>No School</b>
Wednesday, September 29 <sup>th</sup>	- Orange Shirt Day
Thursday, September 30 <sup>th</sup>	- Truth and Reconciliation Day - <b>School Closed</b>

### ***Class Organization Update***

Over the past week, registrations for new or returning students to Royal Heights have been taking place. Our total population is approximately 195 students which is slightly lower than last year. The Surrey School District management team and School Board has approved our class organization plan and students will be placed into their classes on Monday, Sept 13.

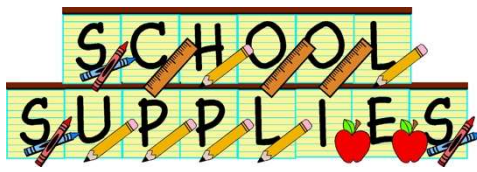
As students settle into their new classrooms, we are often asked how decisions are made regarding the organization of classes. We consider each child's placement carefully based on the following criteria:

- Intellectual development
- Social/Emotional development
- Students with exceptionalities
- Known student history e.g. previous class placements
- Compatibility of students
- The match between student and teacher
- Study/work habits
- Program characteristics
- Learning Style
- B.C. teacher class size and composition requirements

As much as possible, attempts are made to have balanced classes. The placement of students is determined through school-based professional decisions. We feel confident that your child will be placed appropriately.

Most children are excited about being in a new class! However, some children may feel anxious about their placement. Generally, our experience is that children easily adjust within the first few days. If your child is finding the change difficult, please let them know it is typical to feel anxious in new situations, but that soon their new classroom will feel like home!

Thanks for your support with this process and for helping us begin another wonderful year together at Royal Heights!



## School Supplies

School supply lists have been posted on our website. If you ordered supplies on-line, they have been delivered to the school and will be handed out to students on Monday, Sept.

13. If you have your supplies at home, you are welcome to send them with your child on Monday as well. **If the cost of supplies is too much for your family, please speak with your child's teacher or the Principal, Mrs. Stark, and we will be happy to help.**

## Medical Alerts

Parents should ensure that the school is informed of any medical conditions which require emergency response. **There are forms at the office for students with life threatening allergies, asthma, seizures etc. Please make sure that all information is up to date and any medication that is needed is labeled and all information is current.**



When a child needs medications at school, particular District policies must be followed. Please make sure to see the office if this pertains to your child.

## Student Attendance

We ask that families ensure that children attend school on time, during scheduled hours, and minimize any mid-day interruptions, whenever possible. If your child is going to be away from school, please call us at 604-594-8838. This is important for student safety and really helps our morning office routine.



## Parent Handbook / Student Planners

All students in Grades 2-7 are expected to purchase a planner for \$5.00. **Money will be collected by classroom teachers once students are put in to classrooms. If this cost is too much for you, please let your teacher or Mrs. Stark know and we will be happy to help.**

## Breakfast Club at Royal Heights Elementary!

**Who:** open to any Royal Heights student grades K-7

**What:** students are invited to come enjoy a free healthy breakfast

**When:** drop in schooldays from Mondays to Fridays 8:00-8:25am

**Where:** students may enter the school office doors and proceed to the multipurpose room (107)

## Health and Safety

More detailed information will be coming to families during the coming days and weeks from the Surrey District and B.C. Government. Most importantly we'll continue to:

- **Check Up:** Every day, check to see how you are feeling, and stay home if you aren't feeling well. If you have symptoms, get tested.
- **Back Up:** Be mindful and considerate of others' personal space. Try to keep your hands to yourself and only play with your friends.
- **Wash Up:** Wash or sanitize your hands regularly, including after playing outside, going to the bathroom, when putting on or removing your mask, and before and after eating. Be sure to wash your hands for at least 20 seconds.
- **Mask Up:** All K-12 staff, and Grade 4-12 students must wear a mask indoors. K-3 students are encouraged to wear a mask. Ensure your mask is clean and dry, is a good fit, and covers your nose and mouth fully. And remember, don't touch your face or play with your mask.
- **Vax Up:** Anyone over the age of 12 is eligible to be vaccinated. Getting vaccinated is an effective way to reduce infections and transmission of coronavirus

## Optional Student Accident Insurance

Did you know that the Surrey School District does not insure expenses for student injuries that happen on school grounds or during school activities? You are responsible for these expenses as a parent or guardian.

Several companies offer accident insurance. Parents who would like to purchase accident insurance for their child are advised to choose an insurance provider and plan that suits your family's individual needs. For your convenience Surrey Schools has made available information on student accident insurance through [Insuremykids](https://www.insuremykids.com), and [studyinsuredstudentaccident.com](https://www.studyinsuredstudentaccident.com).

### Some plan features:

- Provides coverage **365 days a year**, 24 hours a day, in or out of school.
- Covers expenses that are limited or **not** insured under MSP, private or group insurance plans, for example, private tutors, lump sum payment for fractures and dislocations, counselling and much more.
- Covers injury related **Dental** (including future expenses).
- Covers Ambulance fees
- Covers injury related **Eyeglasses (limits may apply)**.
- **Low** annual premiums from \$13 - \$33 per student.  
(Discounts available for families with 3 or more children).

For more information, or to purchase directly online, please visit [Insuremykids.com](https://www.insuremykids.com) or [studyinsuredstudentaccident.com](https://www.studyinsuredstudentaccident.com).



# DAILY HEALTH CHECK

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	<p><b>If yes to 1 or more of these symptoms:</b> Stay home and get a health assessment.</p> <p>Contact a health care provider or 8-1-1 about your symptoms and next steps.</p>
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	<p><b>If yes to 1 symptom:</b> Stay home until you feel better.</p>
Loss of appetite	
Headache	<p><b>If yes to 2 or more of these symptoms:</b> Stay home for 24 hours.</p> <p>If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.</p>
Body aches	
Extreme fatigue or tiredness	
Nausea and vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<p><b>If yes:</b> All students and staff who have travelled outside of Canada are required to <a href="#">self-quarantine</a> for 14 days after arrival under both provincial and federal orders.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should plan to arrive in Canada at least two weeks before they are scheduled to attend school to adhere to the self-quarantine orders. Additional information is available <a href="#">here</a>.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	<p><b>If yes:</b> Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes harder to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to [www.bccdc.ca](http://www.bccdc.ca). If you develop severe symptoms, such as

difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department. Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.