

Royal Heights Elementary Community News Flash #6

December 9, 2021



Important Dates

Friday Dec. 17	- Last day of school before winter break - Spirit Day - Pajama Day
Monday Jan 3	- School reopens


We wish you all a fun and restful winter break. May you have lots of time for family, friends and festive food! Stay safe and healthy, and we will see you back Monday, January 3rd.

***There is no PAC meeting scheduled for December. Thank you to all the families that supported PAC with the recent Purdy's holiday order and hot lunches. Total funds raised for the school through Purdy's was over \$600. Hot pizza lunch is happening today. This is our last fundraiser of 2021. Your support is greatly appreciated and your time is just as valuable as money. Please consider volunteering for the PAC in the New Year.

Moving?

If you are planning a move over the holidays or into January, please call the office and let us know your new address. If you are changing schools, we need to know as soon as possible.

Kindergarten Registration

Please open link for information on Kindergarten registration information.  [K Registration flyer.pdf](#)
K registration begins on January 11, 2022.

French - Late Immersion opportunity for Grade 5 students - click on this link for more info

<https://www.surreyschools.ca/departments/EDSC/CurriculumInstruction/FrenchImmersion/Documents/Late%20French%20Immersion%20Documents/Late%20French%20Immersion%20Qr%205%20letter%20rev%202021.pdf>

Travel During Winter Break

The health and safety of our school communities is our top priority. **Anyone who is not fully vaccinated is not permitted to attend school for 14 days following arrival back to Canada from international travel (including the US).** There is an exemption for cross-border custody agreements as outlined in the fact sheet linked below. For more information, see this [International Travel & School Fact Sheet](#).

Report cards

Reports went home today. The report is yours to read and keep for your records. **Please sign and return the cover page with your child on Monday.**

Illness

There are a lot of students coming to school feeling unwell. Please do your health checks every morning and keep your children home if they are sick. We want to avoid making others sick before the holidays. Also, please remember to send masks to school with your child and wash them regularly. It is not healthy or helpful to wear a dirty mask. Our disposable masks are getting low and they are for emergencies only. Daily masks should be coming from home.

Student Attendance

Please ensure that your children are arriving at school on time. It is disruptive for them and the class when students arrive after the bell. If your child is going to be away from school, please call us at 604-581-7622. This communication is important for student safety.

Lost and Found

We have accumulated a lot of items in our lost and found. If you are missing an article of clothing, please ask your child to look in the bin outside the gym. Any unclaimed clothing will be donated before the winter break.

Breakfast Club at Royal Heights Elementary!

Who: open to any Royal Heights student grades K-7

What: students are invited to come enjoy a free healthy breakfast

When: drop in schooldays from Mondays to Fridays 8:00-8:25am

Where: students may enter the school office doors and proceed to the multipurpose room (107)

Health and Safety

Most importantly we'll continue to:

- **Check Up:** Every day, check to see how you are feeling, and **stay home if you aren't feeling well.** If you have symptoms, get tested.
- **Back Up:** Be mindful and considerate of others' personal space. Try to keep your hands to yourself and only play with your friends.
- **Wash Up:** Wash or sanitize your hands regularly, including after playing outside, going to the bathroom, when putting on or removing your mask, and before and after eating. Be sure to wash your hands for at least 20 seconds.
- **Mask Up:** All K-12 staff, and Grade 4-12 students must wear a mask indoors. K-3 students are encouraged to wear a mask. Ensure your mask is clean and dry, is a good fit, and covers your nose and mouth fully. And remember, don't touch your face or play with your mask.
- **Vax Up:** Anyone over the age of 12 is eligible to be vaccinated. Getting vaccinated is an effective way to reduce infections and transmission of coronavirus



DAILY HEALTH CHECK

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	<p>If yes to 1 or more of these symptoms: Stay home and get a health assessment.</p> <p>Contact a health care provider or 8-1-1 about your symptoms and next steps.</p>
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	<p>If yes to 1 symptom: Stay home until you feel better.</p>
Loss of appetite	
Headache	<p>If yes to 2 or more of these symptoms: Stay home for 24 hours.</p> <p>If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.</p>
Body aches	
Extreme fatigue or tiredness	
Nausea and vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<p>If yes: All students and staff who have travelled outside of Canada are required to self-quarantine for 14 days after arrival under both provincial and federal orders.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should plan to arrive in Canada at least two weeks before they are scheduled to attend school to adhere to the self-quarantine orders. Additional information is available here.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	<p>If yes: Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes harder to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca. If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department. Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.