



South Surrey/White Rock Learning Centre
 #13-2320 King George Blvd., Surrey, BC V4A 5A5
 Phone: 604-536-0550 | Email: whiterocklc@surreyschools.ca

COMMUNITY UPDATE!

January 8, 2021

Website: surreyschools.ca/schools/whiterocklc
 Download our APP - Raven's Nest | Follow us on [Twitter@RavensWrIc](https://twitter.com/RavensWrIc)

Building Resiliency through Self-Regulation, Hope, & Belonging

This Week at School...

Welcome Back and Happy New Year!!!

It was so good to see our students back at school this week. I hope the new year brings better times ahead for all of us. In the meantime, we will continue to work alongside our students to help facilitate their educational plans, and provide additional personal support as needed.

We had many students completing courses prior to winter break, and there are many more on track to complete by the end of January. This is fantastic! Report Cards will be published in a couple of weeks. More details to come.

Finally, I just want to reiterate the importance for all staff and students to continue to follow the health and safety protocols in place, necessary to keep our school safe and open. Thank you to everyone!

◆ Please complete a daily health assessment BEFORE you come to school. If you are not feeling well, stay home, monitor your health, and PLEASE call the school (604-536-0550) to let us know you will not be in. If your symptoms continue access the COVID on-line assessment tool, or call 811

- ◆ Before entering the school, please put on your mask
- ◆ Enter the school
- ◆ Sign in
- ◆ Sanitize or wash your hands
- ◆ Wear your mask at all times when you are not in your class

And.....we encourage you to wear a mask even when you are in class!!!

Sincerely, Janice

Looking forward...

- SS/WR LC Art Show - Jan 18 - Feb 4
- Teen Mindfulness Program Info Session - Jan 12
- Grad Assessments—Jan 26, 27, 28
- LC Intake #4—Feb 1

You will also find information regarding....

- Our community partner - Alex House
- SSWR Youth Space - Emergency Shelter
- Scholarships - See Gurj

AND.... Career Education Information....

- Food Safe & Serving It Right - See Susan
- Baristas Training Program - Jan 26-Mar 4 - See Susan
- Virtual Career & Post Sec. Ed. Event - Feb 1-5 - See Susan

"The Bell"

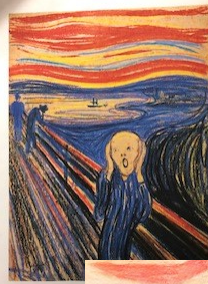
The Bell is a long standing tradition at the White Rock Learning Centre. It serves as a reminder to our end goal - Graduation.

When a student rings the Bell, it means that they have met all of the requirements for graduation. It is a big deal.



Congratulations Des!

Art PICs of the Week



By Eli



By Summer

Stunning...!

COMING UP...

SOUTH SURREY/WHITE
ROCK LEARNING CENTRE

ART SHOW 2021

JANUARY 11TH-FEBRUARY 1ST 2021

**SUBMIT ART
BASED ON WHAT
OUR SCHOOL
MEANS TO YOU!**

SUBMIT YOUR WORK TO KAMA OR
DESMOND BY DECEMBER 17TH 2020

January 18 - February 4, 2021



Y

alexandra
NEIGHBOURHOOD HOUSE

No cost
to participate!

BRITISH
COLUMBIA
Government of British Columbia

Ages 13-18

Learn to Cope with Stress

Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

Registration Contact is Yee Jim:
Email: yjim@alexhouse.net or Call: 604-538-5060, ext. 26

TEEN MINDFULNESS

Join this FREE group for Teens who want to learn skills to deal with stress and anxiety.

This program is for Teens ages 13 - 18 years who live in South Surrey/White Rock. It is run by trained, caring staff, in a safe, supportive environment.

Group Information Session:
Tuesday, January 12, 2021

Program Dates:
Tuesdays, Jan. 26 to Mar. 9/2021
from 4:00 - 5:30 pm

Location: Zoom

FOR YOUR INFORMATION...

INFORMATION FROM SSWR YOUTH SPACE...

8:00PM - 7:00AM until March 31st

Emergency Shelter Open

Peace Portal Alliance Church
15128 27B Avenue

Call 2-1-1 to check for availability

FOR YOUR INFORMATION...

Alexandra Neighbourhood House Youth & Family Centre is a great resource!

Services available for referral: (Talk to Gurj for more info.)

- One-to-One Youth Support (ages 13-18)
- Parent-Teen Mediation (ages 13-18) - Ministry of Children & Family Development Referral ONLY
- One-to-One Family Support (with children ages 13 and under)



Contact

RECONNECT Youth Services is located at

Alexandra Neighbourhood House Youth and Family Centre

#1 - 15455 Vine Ave
White Rock, BC V4B 2T3
(Near Peace Arch Hospital
Emergency Entrance)



Phone: 604-538-5060 ext. 23
Email: reconnect@alexhouse.net
Fax: 604-531-3873

What We Do

We work from a strength-based perspective to support youth in areas including:

- Housing
- Employment
- Education
- Life skills
- Mental health
- Substance use
- Family & peer relationships
- Financial resources
- Transition to adulthood
- Strengths and interests
- Volunteer opportunities
- Recreation
- Connecting to resources and more...

We also support parents to improve their relationship with their youth/teen:

- Individualized parenting support
- Parenting groups and workshops



www.alexhouse.net

About

Youth and Family Workers engage with youth ages 13-21 years to provide support, explore options and work towards their goals.

We also support parents looking to improve the relationship with their teen 13-18 years.

For families with children 0-12 years we also provide support in our *Services to Strengthen Families Program*



Connect with us on Facebook at [Reconnect Youth Services at Alexandra Neighbourhood House](https://www.facebook.com/ReconnectYouthServices)

Instagram: [@youthservices.alexhouse](https://www.instagram.com/youthservices.alexhouse)

Reconnect Youth Services is a program of Alexandra Neighbourhood House, whose mission is to build a vibrant, inclusive, caring society by strengthening individual, family and neighbourhood life through opportunities for people to gather, grow, and build a spirit of community together.

Alexandra Neighbourhood House has been in the South Surrey/White Rock community since 1894.

Services

One-to-One Youth Support
Youth Workers provide support for youth to reach their individual goals.

Outreach
Youth Workers connect with youth on the street, in schools and the community. They form positive connections, provide information, harm reduction, referrals, practical support and more.

Youth Agreements & Transition to Adulthood
Youth in and from care, on a Youth Agreement or transitioning to adulthood can obtain a range of support.

Youth Space
A safe, sober & inclusive space for youth to create, connect & innovate. Activities and groups for ages 13+ & ages 10-12. www.theyouthspace.com

Parent Support
Approaches to strengthen parent-teen relationships, increase knowledge and community connections. 1-1 support and groups may be available.

Resources & Referrals
Available for a wide range of topics.

Vine Youth Clinic
Free & confidential health care for youth aged 12-21. www.vineyouthclinic.com

FAQs

Who are services for?
Youth who reside in South Surrey/White Rock.

Parents and guardians of youth in South Surrey/White Rock.

Service is voluntary.

What does it cost?
These services are free.

Who can make a referral?
Youth and families can self-refer.

Community referrals, including school staff, social workers, counsellors, RCMP, other service providers and family members are also welcome.

Priority is given to MCFD referrals.

When are you open?
Monday to Friday, except holidays, with flexible hours, all year round.

Services available in person and virtually, as applicable.

How do I make a referral?
Call: 604-538-5060 ext. 23

Email: reconnect@alexhouse.net



About

Youth and Family Workers support families, parents and caregivers of children ages 0-13 to strengthen relationships and access information and resources to meet their unique goals.

For youth ages 13 and up, and their parents and caregivers, we also provide support in our *Reconnect Youth Services Program*.

"Warm, inviting atmosphere, with so many helpful tools and resources to take home and use again and again. Thank you for offering programs such as these!" -Parent Participant



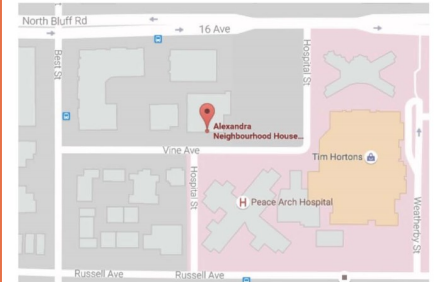
Services to Strengthen Families is a program of **Alexandra Neighbourhood House**, whose mission is to build a vibrant, inclusive, caring society by strengthening individual, family and neighbourhood life through opportunities for people to gather, grow and build a spirit of community together.

Alexandra Neighbourhood House has been in the South Surrey/White Rock community since 1894.

Contact

**Alexandra
Neighbourhood House
Youth and Family Centre**

**#1 - 15455 Vine Ave
White Rock, BC V4B 2T3**
(Near Peace Arch Hospital
Emergency Entrance)



Phone: 604-538-5060 ext. 23
Email: reconnect@alexhouse.net
Fax: 604-531-3873

Services to Strengthen Families

Programs and services
for families with
children ages 0-13

www.alexhouse.net

Services

One-to-One Family Support

For families with children ages 0-13

One-to-one support is available for families with children ages 0-13. Goals of service are created with each family to best meet their family's unique needs.

This service supports parents and caregivers to strengthen the parent-child relationship, increase understanding of behaviour and child development, problem-solve, and build community connections.

Support, information and long-term strategies are integral to our strengths-based approach.

"I appreciated your perspective on how what I did today with my daughter would also affect the dynamics between us when she becomes older. This perspective gave me a new awareness... to think more long-term, I won't have a young child forever."
-Parent Participant

Workshops

Positively Parenting Workshop Series

For parents of children and youth ages 6 and up

Informative and interactive workshops are designed so you can attend the entire series or just one or two. These workshops offer parents the opportunity to practice skills and network with other parents.

What's Love Got to Do With It?

Relationship and its connection to parenting

Why Are you Acting this Way? *Taking a look at the meaning of challenging behaviour and our response*

Listen to Me!

Listening, understanding and communicating with your child or youth

We Have a Problem...

Problem solving with your children, youth or family

"This was a fantastic workshop! I learned a lot and have more confidence going through this parenting journey."
-Parent Participant

FAQs

Who can get services?

One-to-one support is available to families who live in South Surrey and White Rock.

Workshops and groups are open to parents and caregivers from Surrey/White Rock and beyond.

Programs and services are voluntary.

What does it cost?

These services are free.

Who can make a referral?

Families can self-refer for services.

Community referrals from schools, social workers, counsellors, RCMP, other service providers and family members are also welcome.

Priority is given to MCFD referrals.

When are you open?

Monday to Friday, except holidays, with flexible hours, all year round.

Services available in person and virtually, as applicable.

How do I make a referral?

Call: 604-538-5060 ext. 23

Email: referrals@alexhouse.net

SCHOLARSHIP INFORMATION...

Grade 9-11 Canadian High School Academic Support Scholarship



Wize provides \$500 Academic Support scholarships to students Grades 9 - 11.

This scholarship will provide a student with resources that will make them a strong candidate for applying to college or university in the future.

The \$500 scholarship is split - provides the winner with free online tutoring, & free Wize access for their entire time in high school.

TO APPLY:

- 1) Make an account on Wize
- 2) Fill in the short form by clicking "Apply Now"
- 3) Follow the instructions to sign up for a Wize course (for free)

Applications Open on October 12, 2020

Deadline to apply is April 30, 2021

Open to Canadian Residents

Apply at... <https://wizedemy.com/scholarships/4>

**TALK TO
GURJ FOR
MORE
INFO!**

GR. 12 CANADIAN HIGH SCHOOL SCHOLARSHIP



Wize is offering a \$1000 cash scholarship in support of high school students amidst COVID-19.

This scholarship is for Canadian students currently in Grade 12, and is meant to support the transition to post-secondary life.

Simply fill in the scholarship form to apply, no essay required!

- **Applications Open on October 12, 2020**
- **Deadline to apply is May 31, 2021**
- **Open to Canadian Students**

Apply at... <https://wizedemy.com/scholarships/4>

TALK TO GURJ FOR MORE INFORMATION!

CAREER EDUCATION INFORMATION

Talk to our Career Facilitator, Susan Martin, for more information about the opportunities below.

Phone: 604-536-0550, ext. 3103

Email: martin_susan@surreyschools.ca

INTERESTED IN **FOOD SAFE OR SERVING IT RIGHT?** Please talk to Susan!

FOODSAFE LEVEL 1 is a food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. The course covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

SERVING IT RIGHT and **Special Event Server** are British Columbia's mandatory self-study courses that educate licensees, permittees, managers and servers about their legal responsibilities when serving and selling liquor.



BARISTAS TRAINING PROGRAM

Program Dates: Jan. 26 - Mar. 4, 2021
Tue., Wed., & Thu. From 1:00 - 4:00 pm

- 6 weeks of Virtual ZOOM Workshops + 5 Certificates (Foodsafe, Serving it Right, SuperHost, WHMIS, WCB)
- \$75 Weekly Training Allowance
- \$100 Certificate Completion Bonus
- Learn Life & Employment skills. Job Search Support.

Eligibility: 16 - 30 years old. Lives in the Lower Mainland.

Send resume & cover letter to baristas@pcrs.ca

See website for more details.

Website: www.pcrs.ca/baristas
(NOTE: Must have access to ZOOM with video)

QUESTIONS? TALK TO SUSAN!



VIRTUAL CAREER AND POST SECONDARY EDUCATION EVENT

EASILY ACCESSED FROM THE COMFORT OF YOUR OWN HOME!



**GET INSPIRED,
OBTAIN NEW SKILLS,
BUILD YOUR CAREER**

**Also explore many
opportunities for
Post Secondary
Education**

**Government ♦ Trades ♦ Medical
Technician ♦ Hospitality ♦ Retail
Warehouse ♦ Transportation
Construction ♦ Security
Social Services ♦ Financial Services
Trucking ♦ Administration
Accounting ♦ Housekeeping
Sales ♦ Veterinarian**



BC Corrections

Actively Hiring Now! Visit BC Corrections website.



knowledgefirst
FINANCIAL

IN PARTNERSHIP WITH

Register for webinars at events.blackpress.ca

Black Press Events

LocalWork.ca

@BLACKPRESSCAREERFAIR

FEBRUARY 1st - 5th, 2021

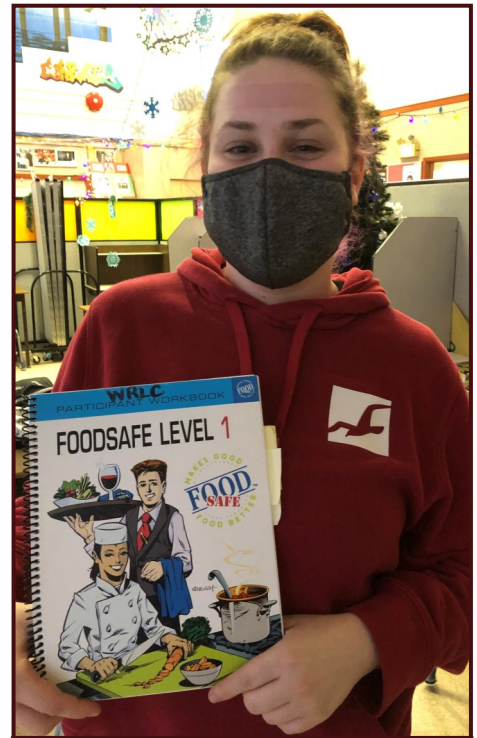
Featuring 40 of BC's top employers
and educational institutes!



**Work Experience:
Taylor at GRN
Pool and
Landscaping.**

**GREAT WAYS TO
BUILD YOUR
RESUME!**

**WEX! A GREAT
EXPERIENCE!
Are you working
or volunteering?
See Susan for
details on how to
get Work
Experience credit!**



**Food Safe
completed!
Congrats,
Maddie!**



SKILLS FOR TODAY'S WORKPLACE

This program is a free program for survivors of violence and/or abuse to gain skills training and find employment.

Start Date: Monday, March 8, 2021
Days/Time: Monday - Friday, 9:00 am - 4:30 pm
Where: #109-5577 153A St, Surrey

GET HELP WITH:

- Employment search support
- Career planning
- Occupational skills training
- Placement services

WHO IS ELIGIBLE?

- Legally entitled to work in Canada
- Resident of B.C.
- Not a full-time student

For more information, or to register, contact:

Phone: 604-262-4858 or
Email: eeinfo@sourcesbc.ca



Government of Canada

Program in partnership with Youth Employment Strategy



YOUTH THRIVE

A free program for youth to obtain skills training, paid work experience, and find employment. Are you between the ages of 15 - 30, unemployed, and looking for work? SourcesBC can help!

Start Date: Ongoing
Days/Time: Monday - Friday, 9:00 am - 4:30 pm
Where: #109-5577 153A St, Surrey

WE PROVIDE:

- Individual plans - build skills & get you working!
- Training allowance while attending
- Career exploration
- Job search strategies
- Occupational skills training/certification funding
- Paid work experience placement
- Job placement and job coaching

WHO IS ELIGIBLE?

- Between the ages of 15 - 30
- Legally entitled to work in Canada
- Resident of BC
- Unemployed
- Not a full-time student

ONGOING SUPPORT AS NEEDED

For more information, or to register, contact:

Phone: 604-262-4858 or
Email: eeinfo@sourcesbc.ca



Government of Canada

Program in partnership with Youth Employment Strategy



Have a great weekend!