

South Surrey/White Rock Learning Centre #13-2320 King George Blvd., Surrey, BC V4A 5A5 Phone: 604-536-0550 | Email: whiterocklc@surreyschools.ca

COMMUNITY UPDATE!

June 11, 2021

Website: surreyschools.ca/schools/whiterocklc
Download our APP - Raven's Nest | Follow us on Twitter@RavensWrlc

Building Resiliency through Self-Regulation, Hope, & Belonging

This week at school....

• Grade 12's presenting their final Capstone Projects! #HOPE



Quotes from our 2021 graduates

"Hope is trying to do the best I can to get to where I wish to be in the future." - Kylie

"Hope is a very important part of life. It keeps me moving forward and pursuing my dreams." - Eli





"The Bell" The Bell is a long standing tion at the White Rock Learni

tradition at the White Rock Learning
Centre. It serves as a reminder to our
end goal - Graduation.



Congratulations Maddie & Eli!!!

Wednesday we had some fun remembering the '90s!!!









Looking forward...

- June 14-23 Graduation Assessments
- June 15 Graduation Commencement at 2 pm
- June 17 Last Day of Regular Classes
- June 21&22 Completion Days

You will also find information regarding...

• Summer School

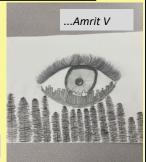
• "Indigenous Beats" Info

AND...Career Education Information - SEE SUSAN...

- Training in Restaurant & Retail Industries, & Construction Trades
- Food Safe & Serving It Right

Art PICs of the Week









2021—2022 DRAFT CALENDAR

~ South Surrey/White Rock Learning Centre School Calendar ~ 2021-2022

Office Opens for Registrations/Inquiries August 31 School Opens September 7 First Day for New Students September 8 First Day for Returning Students September 13 First Evening Class September 13 Non-Instructional Day - no classes September 27 Thanksgiving Day Holiday October 11 Non-Instructional Day - no classes October 22 Go Card Pictures October 27 Graduation Assessment November 2 - 5 November 11 Remembrance Day Holiday Non-Instructional Day – no classes November 12 End of Term 1 – Formal Report Card #1 to follow November 12 Early Dismissal – Student Interim Day/Parent Conferences November 18 Last Day of Classes before Winter Break December 17 Winter Break December 20 - December 31st School Reopens after Winter Break January 3 End of Term 2 - Formal Report Card #2 to follow January 28 **Graduation Assessments** January 24 - 28 Family Day Holiday February 21 Non-Instructional Day - no classes February 25 Last Day of Classes before Spring Break March 11 Spring Break March 14 - 18 District School Closure Days March 21 - 25 School Reopens after Spring Break March 28 Good Friday - Classes Not in Session April 15 Easter Monday - Classes Not in Session April 18 End of Term 3 - Formal Report Card #3 to follow April 14 Early Dismissal – Student Interim Day/Parent Conferences April 21 **Graduation Assessments** April 25 - 29 Non-Instructional Day - no classes May 6 Victoria Day Holiday May 23 Non-Instructional Day – no classes May 30 Year End Celebration & Graduation June 9 June 13 - 17 Graduation Assessments Last Day of Regular Classes - End of Term 4 June 16 Completion Days June 20 - 21 Formal Report #4 June 23 Administrative Day and School Closed June 24

> www.surreyschools.ca/schools/whiterocklc Telephone: 604-536-0550

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COMING UP...

If you have LIBRARY BOOKS or TEXTBOOKS that aren't being used for a current class, please return them.

Thank you!





IN THE KNOW PROVIDES
EXPERT SPEAKERS ON TOPICS
IMPORTANT TO FAMILIES.
CONNECT AND LEARN WITH
OTHER FAMILIES FOR AN
ONLINE DISCUSSION,

JOIN BY ZOOM.

SUMMER STRATEGIES – HELPING THINGS GO BETTER

Things can look different for families like ours, and summer activities are no exception. When mental health is in the picture, sometimes our energy can fluctuate, and it can be the same for our kids. Whether you are struggling a little bit or a lot, there may be something in this conversation that could help things go better this summer.

Let's talk together about ways we can adjust activities to match our family's capacity at the moment. And we'll have a summer bingo card, just for fun!

Communities: Surrey/Delta/White Rock
Cost: Free of Charge
Date: Wed., June 9, 2021 at 4:30 pm

What to do next:

- Registration Required! Please let us know you are coming! Register at: www.familysmart.ca/itk
- ONE-ON-ONE: If this time/date doesn't work for you OR you
 would like to talk one-on-one with a Parent in Residence,
 we are happy to meet with you at a time that works for
 your schedule. Please let us know.

LET'S KEEP OUR SCHOOLS SAFE



The Surrey School District recognizes the importance of face-to-face learning and is committed to ensuring our students can continue to learn as safely as possible by following all appropriate measures to limit the spread of illness.

With the final quarter of the school year beginning and cases increasing in our community, it is so important that we continue to remain vigilant.

Staff and students should continue to follow health and safety protocols, including:

- Check up: Do a daily health check and stay home if you are unwell. And if you have symptoms get tested.
- Back up: Maintain physical distance where possible, Including within your cohort.
- Washup: Wash or sanitize your hands regularly.
- Mask up: All K-12 staff and students in grades 4-12 must wear a mask in all indoor areas. Students in Kindergarten and grades 1-3 are encouraged to wear a mask.
- Wear your mask safely ensure it is clean and dry, is a good fit, covers your nose and mouth fully, and remember, don't touch your face or play with your mask.





Our schools have remained open through the pandemic. Keeping schools open keeps children and youth active and connected to their peers, which is vital to their well-being.

Our ability to remain open is a testament to the fact that our staff and students are protecting each other and following protocols consistent with public health guidelines and recommendations.



Over 90% of our school-based staff have received their first dose of vaccine.



Summer Learning 2021

Registration Revised :April 26, 2021

Registration opens May 3 at 8:00 am

- the online link will be available at <u>www.surreysummer.ca</u> on May 3
- · all current Surrey Schools students and students who attend other schools can register online
- Students from all other school districts, including all independent schools, even if it is in Surrey, need their PEN and need to upload the following 2 documents to register:
 - Proof of residency (driver's license, cable, hydro, or gas bill)
 - Proof of ID (BCID, Can Birth Cert, Passport, Landed Immigrant, or PR card)

Not all courses are available at all sites. Please check www.surreysummer.ca for more details

Full Credit

July 5 - August 6, 2021

8:15 - 11:35 am or 12:10 - 3:30 pm

Locations

Clayton Heights Secondary
 Earl Marriott Secondary
 Enver Creek Secondary
 Fraser Heights Secondary
 Guildford Park Secondary
 Panorama Ridge Secondary
 Princess Margaret Secondary
 7003 - 188 Street
 15751 - 16 Avenue
 14505 - 84 Avenue
 16060 - 108 Avenue
 10707 - 146 Street
 13220 - 64 Avenue
 Princess Margaret Secondary
 12870 - 72 Avenue

Remedial

July 12 - 30, 2021

8:30 - 11:10am or 11:40 - 2:20 pm

Locations

Clayton Heights Secondary
 Enver Creek Secondary
 Guildford Park Secondary
 14505 – 84 Avenue
 10707 – 146 Street

Remedial courses contain partial course content and are only for students who have taken the course already and want to increase their knowledge or get a better mark. Marks are graded on a scale. Maximum mark 80%.

Trades Exploration Courses

July 5 - 30, 8:30 - 12:30 am

www.surreysummer.ca

Automotive

An introduction to automotive mechanics including hybrid power configuration and modern electronic control systems. Open to students entering grades 10-12. Register online.

Location: Frank Hurt Secondary

Culinary, Baking, Meatcutting

An introduction to 3 trades in the hospitality industry in a fully operational commercial kitchen. Open to students entering grades 10-12. Register online.

Location: Enver Creek Secondary

Carpentry, Electrical, Plumbing, Welding

An opportunity to experience a hands-on introduction to 4 construction trades. Students must be able to work independently. Open to students entering grade 10. Register online

Location: Princess Margaret Secondary

Fee Paying International Students

Fee-paying International students register online and then forward your confirmation email to CEDU-Office@surreyschools.ca with your phone number and we will call you to take your payment by Visa or MC over the phone. The cost for each Full Credit Course is \$900 and each Remedial course is \$500. Refunds only given if withdrawn before July 9, 2021 at 4:00 pm.

Contact Us

www.surreyschools.ca

Our office is closed to the public. Please email us for the fastest response.

FOR YOUR INFORMATION...

NEWS RELEASE! NEW FOUNDRY BC APP FOR ACCESSING MENTAL HEALTH SERVICES!

(Foundry offers young people ages 12-24 health and wellness resources, services and supports – online and through integrated service centres in communities across BC.)

Youth and their caregivers around British Columbia now have faster, easier access to mental health and substance use services and supports through the new Foundry BC app.

- Co-created by youth for youth, the Foundry BC app offers young people aged 12 to 24 and their caregivers
 access to integrated health and wellness services through their mobile device or an online web portal:
 www.foundrybc.ca/virtual
- Services offered through the app and web portal include drop-in and scheduled counselling, primary care, peer support and group sessions.
- At a time when in-person services have been reduced due to COVID-19 safety measures, the Foundry BC app and web portal will allow young people and their caregivers to schedule virtual appointments in advance, access same-day support through messaging, audio or video sessions, join group sessions with peers, and access web-based tools and resources.
- As with all Foundry services, no referrals are required, and services are free and confidential. For youth and
 caregivers who have limited or no access to the internet, Foundry's provincewide virtual services team also
 provides support by phone at 1 833 FOUNDRY (1-833-308-6379).
- The Foundry BC app is available for download through the Apple Store and Google Play store.

·FOUNDRY·

WHERE WELLNESS TAKES SHAPE



INDIGENOUS BEAT

For more information, talk to Georgia or Kama.

MENTAL HEALTH SUPPORTS FOR STAFF AND STUDENTS

- Healing & wellness resources | Indian Residential School History & Dialogue Centre (ubc.ca). This link provides self-care strategies, several embedded links for students, survivors & family members, community members & Indigenous peoples. https://irshdc.ubc.ca/for-survivors/healing-and-wellness-resources/
- First Nations Health Authority. Comprehensive supports varying from traditional healing, mental wellness, tips guides & resources. fnha.ca
- Mental Health Supports for Métis People in BC Métis Nation British Columbia. Pilot program providing Métis youth & adults in B.C. with funding for counselling. mnbc.ca
- PUBLICATION-Mental-Health-and-Resiliency-Supports-2020-05-01b.pdf. Comprehensive list of Mental Health & Resiliency supports from FNESC. fnesc.ca
- Hope for Wellness Help Line. Open to all Indigenous Peoples across Canada, & offers 24-hour mental health counselling, via phone 1-855-242-3310 or chat Line: https://chat.fn-i-hopeforewellness.ca/
- Call 310-6789 (no area code needed) toll-free anywhere in BC to access emotional support, information & resources specific to mental health & substance use issues. Available 24 hours a day.
- KUUS-US: The KUU-US Crisis Line Society. Operates a 24-hour provincial Aboriginal Crisis line for: adults, elders & youth. https://www.kuu-uscrisisline.ca/
 - ♦ Adult/Elder Crisis Line: 250-723-4050
 - ♦ Child/Youth Crisis Line: 250-723-2040
 - ♦ BC Wide Toll Free: 1800-KUU-US17 (1800-588-8717)
 - ♦ Métis Crisis Line BC Toll Free: 1833-MétisBC (1833-638-4722)
- Indian Residential School Survivors Society. (IRSSS) provides essential services to Residential School Survivors, their families, & to those dealing with intergenerational trauma. Call toll free: 1-800-721-0066.
- First Nations Health Authority Mental Wellness & Counselling Support. Offers a list of providers registered with health benefits at www.fnha.ca/benefits/mental-health or call 1-855-550-5454.

WE INVITE YOU TO JOIN US IN FUNDRAISING FOR OUR CURRENT GRADS, AND FOR THE 2021-2022 SCHOOL YEAR!

You can help by using our phone # (604-536-0550) when you return your refundable containers to Return-It Express.



Here's how it works:

- 1. Put your containers in clear plastic bags, no sorting needed!
- 2. At the Express depot, use the phone # of your organization (604-536-0550) to log in at the kiosk and print your bag labels, remember one label per bag.
- 3. Put a label on each of your bags and drop them off.
- We'll sort your containers and credit your organization's Express account with your refund within 10 business days.

Accepted Containers

Express accepts beverage containers that are a part of the Return-It system - other recyclables are not accepted.



Use multiple bags for heavy returns

Heavy or overfilled bags can break open and are difficult to handle - this may cause the contents of your bag to break or go missing. If your bag has more than 12 glass bottles in it, it is likely too heavy. Please split overfilled bags into 2 separate bags.



No Sorting Required

Simply bring your labelled bags filled with unsorted containers to an Express Depot and we'll do the rest.



Bag containers in clear bags

Transparent recycling bags or clear trash bags are available for purchase at many grocery stores, drug stores, or hardware stores.



Are you a youth or know a youth who is interested in diving deeper into your own potential? Are you interested in getting to know more about yourself?



Join our Workshop on Sunday, June 27 via Zoom

ABOUT THE WORKSHOP:

This workshop is hosted by Youth Empowering Youth (YEY) from Low Entropy Foundation. In this workshop we aim to make connections, share stories, and encourage discovery and curiosity. Our intention is for youth to take small steps forward to discover more about themselves and the world around them. This is an amazing opportunity for youth to grow in their leadership, especially for those already part of YEY.

REGISTRATION:

- This workshop, "Taking Small Steps Towards Growth", is for ages 13+.
- To be held on Sunday, June 27 from 4:30-5:30 pm via Zoom.
- Will be led by two Youth Facilitators.
- To register, go to https://linktr.ee/youthempoweringyouth, fill out the form, and submit it.

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- For more info contact Channpreet Kaur, Workshop Coordinator at <u>channpreet@lowentropy.org</u>.





- Vine Youth Clinic is reopening for appointments only on Wednesday, June 2, 2021 at 2 pm.
- No patients will be seen without an appointment no drop-ins.
- All appointments will be over the phone unless a staff member instructs otherwise.
- For more info, please check out their website at https://vineyouthclinic.com/



JUNE

THE YOUTH SPACE IS A SAFE, SOBER, AND INCLUSIVE SPACE FOR YOUTH

AGED 10 - 24 YEARS IN THE SOUTH SURREY-WHITE ROCK AREA

The Dental Van will be returning to the Youth Space on June 1, 2021 from 1:30 - 3:30 pm and will be there on a bi-weekly basis.





They will be seeing youth on a first come first serve basis.

Rainbow Drop-In Drop-In Connection 19 - 24 vrs 19 - 24 vrs 13 - 18 yrs 3:30 - 5:30PM Creating 12:30 - 2:30PM 12:30 - 2:30PM Drop-In Youth Space Youth Space Connections 13 - 18 yrs 10 - 12 yrs 3:00 - 7:00PM 3:00 - 5:30PM Creating Park Pop-Up Drop-In Connections 13 - 18 yrs 3:00 - 7:00PM 10 - 12 yrs 3:00 - 5:30PM 3:00 - 5:30PM



To connect with a Youth Worker

Text or call: 778-239-5960 Email: reconnect@alexhouse.net Instagram: @youthservices.alexhouse

Support with individual goals and needs including employment, life skills, family & peer relationships & connecting to resources



Free, confidential supports and services for youth in South Surrey/White Rock

Self and community referrals welcome





Alexandra Neighbourhood House Youth & Family Programs

Free, confidential and voluntary services in South Surrey/White Rock. Self-referrals and inquiries welcome, referrals accepted year-round.



YOUTH SERVICES

- One-to-one support for youth in South Surrey/White Rock
- Areas of support may include:
 - Employment
 - Housing
 - Education 0
 - Mental Health and Wellness

- Communication and Conflict Resolution
- Coping Skills
- Life Skills 0
- Community Resources
- One-to-one support for parents and caregivers of youth ages 13-18
- Parent-Teen mediation (MCFD referral only) for families experiencing conflict with youth ages 13-18
- Referrals accepted from youth, families, MCFD, schools and community
- Call: 604-538-5060 ext.23
- Email: reconnect@alexhouse.net
- Text: 778-239-5960
- Instagram: @youthservices.alexhouse

YOUTH SPACE

- Safe, sober, inclusive space for youth ages 13-18 & 19-24 to create, connect and innovate
- Creating Connections group for ages 10-12 to support social skills
- Youth Collective leadership group and volunteer opportunities
- Activities and events are youth-led and reflect the interests of youth in the community
- Current groups include Rainbow Connections, Drop-In, Creating Connections, and more.
- Call: 778-545-9188
- Website: www.theyouthspace.com
- Text: 604-376-0582
- Instagram: @sswryouthspace

SUPPORT FOR PARENTS

- One-to-one parenting support for families with children ages 0-13 and 13-18 who reside in South Surrey/White Rock
- Referrals accepted from parents, MCFD, schools and community
- Areas of support may include:
 - Child & Youth Development
 - o Family Communication
 - Problem Solving

- Challenging Behaviours
- Effective Limit Setting
- Community Resources

PARENT EDUCATION

- ✓ Call: 604-538-5060 ext.23 √ Email: referrals@alexhouse.net
- Online Positively Parenting Workshop Series starting in 2021 for families with children ages 6-12 Additional groups may be offered throughout the year, see website or contact for current schedule
- Call: 604-538-5060 ext.23 √ Email: referrals@alexhouse.net

CAREER EDUCATION INFORMATION

Talk to our Career Facilitator, Susan Martin, for more information about the opportunities below.

Email: martin susan@surreyschools.ca Phone: 604-536-0550, ext. 3103

Summer Learning Courses Surrey Schools LEADERSHIP IN LEARNING



The Surrey School District and Simon Fraser University have partnered to deliver two innovative courses at Kwantlen Park Secondary this summer.

The two courses are:

Film Making and Audio Design



Both courses are open to students currently in grade 9, 10, and 11.

For more info. please talk to Susan.

Summer Learning Courses

We have been informed that there are still open seats in the following Summer Learning courses.

- **Construction Trades at Princess Margaret** (Carpentry, Electrical, Plumbing and Welding)
- **Culinary Trades Exploration at Enver Creek** (Cooking, Baking, and Meat Cutting)
- Drafting 11 at LA Matheson

SEE SUSAN FOR MORE INFORMATION

Certificates Great job, Alex, Anthony,

completed! Antonio, Nikolai, Scarlett, & Paris!

Nick working on his WEX at Western Rubber



GREAT WAYS TO BUILD YOUR RESUME!



Trey & Aaron - Completing their level one Carpentry Foundation program



Paisley working on her WEX at Women's **Place**

Have a great weekend!

