



Cougar Creek Connection 2021/22 Issue #1

Principal's Message

Hello Parents, Students, & Families,

As we begin the third week of school, it has been wonderful to see students settling in to their classes, building connections with teachers and their classmates, and rekindling and forming friendships.

This week, we will be celebrating and learning about Terry Fox, and students are encouraged to bring in a Toonie for Terry. All money collected will go directly to the Terry Fox Foundation for cancer research. Thank you for your support!

A reminder that there will be no school on Monday, September 27 as this is a professional development day, as well as no school on Thursday, September 30th as we recognize National Day for Truth and Reconciliation.

Kind Regards,

Mrs. Jennifer Tarnowski, Principal

tarnowski_j@surreyschools.ca

Ms. Nimarta Pattar, Vice Principal

pattar_n@surreyschools.ca

Important Dates

September 21 - 24	Toonies for Terry (bring in a cash donation)
September 24	Terry Fox Run
September 27	No School for Students / Professional Development Day
September 29	Orange Shirt Day - wear orange
September 30	National Day for Truth and Reconciliation / No School
October 4	Only One You Day - dress to best represent yourself and share your hobbies and interests
October 7	Photo Day
October 11	Thanksgiving / No School
October 22	No School for Students / Professional Development Day
October 29	Hallowe'en Celebrations - wear costumes or orange and black

From the PAC

Each school in Surrey has a Parent Advisory Council. This is a group of parents that come together to support our students in a variety of ways. Our PAC organizes hot lunches, ensures that our school receives the gaming grant, and helps to support initiatives such as the Book Fair and other school activities. Some of the parents who were involved in the PAC last year have moved out of the area to different schools, or their child has moved on to high school, so your help is needed. Please reach out

to Mrs. Tarnowski or the PAC at cougarcreekpac2017@gmail.com to learn more. Many hands make for lighter work and the time commitment is very minimal.

COUGAR CREEK ELEMENTARY

PARENT ADVISORY COUNCIL

There will be Elections for the PAC Executive Positions at the AGM to be held in October. New Parent Nominations are welcome.

Following is the current status and opening of PAC positions-

1. PAC President –Rani Golar (willing to continue, but new Nominations are welcome to step in.)
2. Vice President -Vacant (New Nominations are welcome to step in.)
3. Treasurer - Kiran Azam (unable to continue)
4. Secretary – Vacant (New Nominations are welcome to step in.)
5. Hot Lunch Co-ordinator – Vacant (New Nominations are welcome to step in.)

Interested Parents can contact the School office or PAC email to send their Nominations and questions at cougarcreekpac2017@gmail.com

Daily Health Check



Please do not enter the workplace if you answer YES to any of the following questions:			
International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
Confirmed Contact	Have you been contacted by Public Health and identified as a confirmed contact of a person with COVID-19?	YES	NO
	Has Public health instructed you to self-isolate?	YES	NO
Are you experiencing any of the following new or worsening symptoms?			
Key Symptoms of illness	Fever or Chills	YES	NO
	Cough	YES	NO
	Loss of sense of smell or taste	YES	NO
	Difficulty breathing	YES	NO
	Sore throat	YES	NO
	Loss of appetite	YES	NO
	Extreme fatigue or tiredness	YES	NO
	Headache	YES	NO
	Body aches	YES	NO
	Nausea or vomiting	YES	NO
Diarrhea	YES	NO	

*Check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up-to-date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to the school/district site when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to the school/district site until COVID-19 has been excluded and your symptoms have improved.

Contact Us

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604-591-9098

email: cougarcreek@surreyschools.ca

website: <https://www.surreyschools.ca/schools/cougarcreek/Pages/default.aspx>