Counselling Procedures and Expectations

Access to Counsellors will be based on the following flow chart:

Are you hoping to......

discuss courses/course changes?



discuss post secondary options?



receive personal counselling?



get support with an emotional crisis?



resolve issues of personal safety?



Email your Counsellor or make an appointment with them on calendly.com (see counselling webpage)

Make an appointment with your Counsellor on calendly.com (see counselling webpage) Make an appointment with your Counsellor on calendly.com (see counselling webpage)

See Counsellor (no appointment needed)

See Counsellor (no appointment needed)