



SWIM  FOR ALL

**SWIMMING IS A SKILL
FOR LIFE!**

AT, Kensington and Fred Randal POOL

In BURNABY and

GUILDFORD POOL

In SURREY



**WITH OUR PROGRAMS YOU
NEVER FAIL IN SWIMMING**

**YEAR ROUND AND SUMMER
PROGRAMS FOR ALL**



KENSINGTON POOL BURNABY

Monday, Wednesday, Friday
4pm to 6pm

FRED RANDAL POOL

Sunday 6am to 8am

GUILDFORD POOL SURREY

Saturday 1pm to 4pm

Sunday 1pm to 3pm

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Register on Dynamo Website:

dynamoswimclub.net

**A World Class Program
WE WILL TEACH YOU TO SWIM
ALL 4 STROKES, STARTS AND
TURNS**

Our swim practices operate to the

highest possible standards to ensure that your child will develop through the various progressive stages at the appropriate level and acquire the essential aquatic skills that remain for life.

Invest in Swimming for:

SAFETY ~ be sure that your child will be safe in and around water: in the pool, by the river, at the seaside.

FUN ~ Enjoy family fun, games in the pool and lots of water sports.

FITNESS ~ Swimming is universally recognized as the most effective way of improving all round body fitness without fear of injury

CALL: 778-866-6604

Swim School programs are design to teach you to swim faster than any other program.

Stroke correction and improvement.

Our high-qualified coaches will give you the most efficient techniques to master the Olympic swimming strokes (Freestyle, Backstroke, Breaststroke, Butterfly) starts and turns.

Adults Programs: swim with your kids.

Stroke clinic for Triathletes, Ironman and Adults lessons.

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