

# 'intheknow'

education + networking sessions

## SURREY/WHITE ROCK/DELTA COMMUNITY SITE



'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

**Location tbd**

**Email [nicole.taylor@familysmart.ca](mailto:nicole.taylor@familysmart.ca) for details**



'in the know' webinars and  
guest speaker presentations  
are free of charge.

all are welcome!

## “The ADHD Brain: A User's Guide”

*(webinar)*

**Wednesday, March 28, 2018**

**6:30pm – 8:30pm**

**Please RSVP by phone or email to:  
[nicole.taylor@familysmart.ca](mailto:nicole.taylor@familysmart.ca) / 604.878.3400**