

February Kindness Calendar 2019

CINDRICH ELEMENTARY

☺ Sunday	☺ Monday	☺ Tuesday	☺ Wednesday	☺ Thursday	☺ Friday	☺ Saturday
<p><i>"No Act of Kindness, no matter how small, is ever wasted"</i></p> <p>3</p> <p>Tell a family member how special they are</p>	<p>4</p> <p>Kindness is for everyone! Say "Hello" to 5 friends or family members and make their day!</p>	<p><i>"Throw kindness around like confetti"</i></p> <p>5</p> <p>Be kind to the environment by keeping the school grounds clean.</p>	<p>6</p> <p>Encourage someone to keep trying so they won't give up.</p>	<p>7</p> <p>Share your supplies with a friend.</p>	<p>1</p> <p>Write a friendship letter to a classmate.</p>	<p>2</p> <p>Help out a senior or elder from your family or community.</p>
<p>10</p> <p>Have fun and play at the park with a friend or a family member.</p>	<p>11</p> <p>Find a way to help out your teacher today!</p>	<p>12</p> <p>Help take out the garbage at home.</p>	<p>13</p> <p>Play or hang out with someone NEW!</p>	<p>14</p> <p>Say "HAPPY VALENTINE'S DAY" to 14 people. </p>	<p>15</p> <p>Help start the day for others by complimenting at least 3 people.</p>	<p>16</p> <p>Help clean up a part of your house without being asked.</p>
<p>17</p> <p>Spend time with family members and play a board game.</p>	<p>FAMILY DAY</p> <p>18</p> <p>Wish everyone in your family a "HAPPY FAMILY DAY!"</p>	<p>19</p> <p>Help someone with their school work (a friend, schoolmate, or sibling).</p>	<p>20</p> <p>Do an act of kindness of your choice.</p>	<p>21</p> <p>Give 5 people a hug today!</p>	<p>PRO-D DAY</p> <p>22</p> <p>Pick up garbage around your neighbourhood.</p>	<p>23</p> <p>Help your parent/guardian with the groceries.</p>
<p>24</p> <p>Help your parent/guardian or sibling make their lunch.</p>	<p>25</p> <p>Draw a picture for someone special.</p>	<p>26</p> <p>Read a book with a friend or sibling.</p>	<p>PINK SHIRT DAY!</p> <p>27</p> <p>Wear your pink shirts and SPEAK OUT against bullying!</p>	<p>28</p> <p>Your parents/guardians work very hard. Say a big "THANK YOU" to them for their love!</p>		<p>#KINDNESSMATTERS</p>