

# Frost Road Elementary January 2021 Newsletter



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## A Message From The Principal and Vice-Principal



Welcome back parents/guardians and students of our Frost Road Community,

For a few moments this week it started to feel like Spring is on it's way and then quickly we are reminded that it is still Winter when the snow starts to fall. We live in a beautiful part of the world and encourage everyone to get outside and enjoy physical activities which supports healthy bodies and minds.

A critical factor that affects your child's learning at school is his/her 'SCREEN TIME'. This includes any video and computer games, television and the use of social media sites. Given the increased need for technology in our daily lives it is becoming increasingly important to monitor the amount of screen time. Researchers report that screen time can adversely affect the quality of sleep. Bedtime routines are important for children who require 9-12 hours of sleep each night. Establishing and maintaining good sleep habits help your child fall asleep, stay asleep, and wake up rested and refreshed. It may also prevent future sleep problems.

Reminders to everyone to continue to complete the daily health checks and remain vigilant and hopeful during this continuing pandemic.

During this time the students' cannot use the water fountains to drink from, but they can use the water bottle filler part of the fountain. So please send a water bottle with your child's name on it to the school for daily use.

It is a wonderful time of the school year as our students are halfway through this school year and are continuing to work hard to do their best every day. Term 2 reporting will be available on March 5th. It is important to acknowledge the learning progress of your child(ren).

Celebrate your child's learning progress and focus on all the gains they are making with both learning academics and socially. Thank you for continuing to support their learning at home.

All students have continued to develop their reading, writing and math skills. Sharing books, talking about the content, learning new words together and connecting the events of the story to your own lives are critical reading strategies and we appreciate the time parents take in doing this.

Thank you to our PAC who are paying for Frost Road T-Shirts for all students. Forms for sizes and colors will be coming home soon. This will be something really great for all our students and promote Frost Road 'spirit'.

We look forward to upcoming events such as PJ day, Colors day, Valentine's day, Tessa Beauchamp Foundation week, and Pink Shirt day.

Take care, stay healthy and happy.

Sincerely,

Mrs. E. Bertholm and Mrs. V. Deol

## Kindergarten Registration for 2020-2021



Registration for children who were born in 2016 birth year, so will be 5 years of age during 2021 has started. To register, please go to <u>www.surreyschools.ca</u> home page click, green scroll bar, and follow the link. Please ensure that you register 'As Soon As Possible' to guarantee your child's placement. If you are planning on sending your child to a Program of Choice, you MUST register your child at their home school first. The Choice Programs available are French Immersion, Fine Arts, Montessori or Traditional Schools. More information is posted on the district website.

### Safe Valentine's Day during COVID-19



Safe Valentine's Day during COVID-19

Activities that can go ahead:

• Student/staff exchange of paper cards

#### Activities that can't occur:

• Sharing of food of any kind (includes, but not limited to, individual exchange or communal sharing of chocolates, cupcakes, candy, treats that come with Valentine's day cards, treats that are prepackaged and are individually wrapped, pancake breakfasts, etc.

• Crafts that involve baking, or items intended to be consumed, even if prepared by the teacher and students are provided with individual kits.

• Exchange of items wrapped in plastic or made of plastic, such as treat wrappers or plastic bags.

## **Tessa Beauchamp Foundation**



**Tessa Day Fundraiser** 

Friday, February 12th will be our 8th annual Tessa Day Fundraiser. Tessa Beauchamp, a Frost Road student from grade 1 to 7, passed away from a rare form of brain cancer after graduating from high school. The Tessa Beauchamp Foundation (<u>www.tessabeauchamp.org</u>) which raises money for scholarships, to build basketball courts and to support children in third world countries, was established in her name. Unfortunately, we are not able to have our wonderful cupcake sale this year, but we will be having some other fun events to raise funds for the charity.

Stay tuned! More information will be emailed out next week.



## Weather-related closures

Weather-related closures, cancellations and delayed school openings. The decision to close or delay opening schools district wide will be made by 7:00 am at the latest, based on the best information available at that time. It is imperative that you are aware of how to know if the school is open or closed.

Calling the school to ask if we are open or closed is not one of the options.

Families always have a choice - student safety is our first priority and a shared responsibility. Parents may choose to make other arrangements if they don't feel it's safe to travel to school. Students absences under these circumstances will be excused. Parents should contact the school if a student will not be attending.

There are many ways for you to check on whether or not classes are in session:

- check the district website <u>www.surreyschools.ca</u>
- listen to local News 1130 (1130 AM); CKNW (980 AM); CBC Radio (690 AM); Red-FM (93.1 FM); CTV News Vancouver; Global News BC
- check our website surreyschools.ca/frostroad

## COVID-19 daily health checks and/or absences and/or lates



A reminder to please do a COVID-19 'Daily Health Checks protect our schools', which can be found at www.surreyschools.ca/frostroad

Please call or email our school office if your child is absent for any reason. Your cooperation is required in reporting to the school, not just the teacher, when your child is going to be late or absent from school. Our telephone has an answering machine that is on from 3:15 pm to 7:45 am, so we ask that you please give us a call before 9:00 am to advise us if your child will be absent or late. The office staff calls all those students who are away and whose parents we have not heard from. We appreciate your co-operation.

Thank you.

## **School Cash Online**



Dear Parents,

We are very excited to announce that Frost Road now offers *School Cash Online*, which provides you with the convenience of paying online for school items such as student agendas, field trips and spirit wear. *School Cash Online* is a great way to pay without the need for cash or cheques!

#### To register online:

#### Step 1: Visit our school website at: (www.surreyschools.ca/frostroad)

Step 2: Click on the "Parent" tab and select "Pay Fees Online".

Step 3: Register by selecting the "Get Started Now" and follow the steps.

## Step 4: After you receive the confirmation email, select the "click here" option, login in and add each of your children to your household account.

Once you have registered your child, you will be able to see when they have a new item posted online for purchase. You also have the option to be notified whenever your child has a new school expense due, so you don't have to worry about missing the deadline.

\*\* If you require assistance please contact parent Helpdesk at parenthelpdesk@schoolcashonline.com or 1-866-961-1803 or call Frost Road at 604-572-4050

#### Which payment methods are accepted?

Credit Card, Debit Card or eCheck (an electronic version of a paper check used to make payments online. Anyone with a

checking or savings account can pay by eCheck on SchoolCashOnline.

myWallet – An online wallet that can be loaded to hold funds and then used to pay for your child's fees on SchoolCashOnline. myWallet allows you to allocate funds to pay for school fees at a later date. To use myWallet:

- 1. Go to your district's SchoolCashOnline portal (<u>https://surreyschools.schoolcashonline.com</u>)
- 2. Click the Sign Into Your Account: button and enter your email and password to access your account.
- 3. Select the myWallet tab, click "Add Funds to myWallet" and use eCheque to load funds into your myWallet account (may take up to 7 days for funds to become available.
- 4. Then add all items to the shopping cart, select check out option and select myWallet payment method.

## Calendar



#### Important Dates for 2020-2021

#### February

- Feb. 3 (PJ Day)
- Feb. 8-11 (Tessa Day events more information to follow)
- Feb. 12 (Tessa Day) (Wear Pink, Red, Purple, White)
- Feb. 15 (Family Day STAT School not in session)
- Feb. 16-18 and Feb. 22-26 (FSA's Grades 4 and 7)
- Feb. 19 (Pro-D Day school not in session)
- Feb. 24 (Pink Shirt Day, wear pink to support anti-bullying)

#### March

- Mar. 5 (Report cards go home)
- Mar. 11 (Early Dismissal at 1:30 pm)
- Mar. 12 (Last day of classes before spring break)
- Mar. 13-28 (Spring break and School Closure Days)
- Mar. 29 (First day back after spring break and school closure days)

#### April

- Apr. 2 (Good Friday)
- Apr. 5 (Easter Monday)

#### \*\* Please note some of these dates may change.