

GOLDSTONE PARK ELEMENTARY



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यह बहुत ज़रूरी नोटिस है एसका हिन्दी मे अनुवाद काकाईये।

ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਸੂਚਨਾ ਦਾ ਅਨੁਵਾਦ ਕਰਵਾਓ।

Ito ay importanteng impormasyon. Mangyaring isalin ito sa Tagalog.

Thu, Nov 4 th	Diwali	Fri, Nov 12 th	Pro-D Day – No School
Sun, Nov 7 th	Daylight Savings	Mon, Nov 15 th	PAC Meeting – 7:00pm in Library
Wed, Nov 10 th	Remembrance Day Assesmbly	Wed, Nov 17 th	Individual Photo Retakes
Thu, Nov 11 th	Remembrance Day – School Closed	Tue, Nov 23 rd	Family Smart – Virtual Event

Diwali

We want to wish all our families celebrating Diwali this week a very happy new year.

Wishing everyone an abundance of happiness!



Daylight Savings



Daylight savings ends on Sunday, November 7th. Remember to move your clocks back one hour this weekend!

Dress for the Weather

As the wet weather continues and starts to get colder, please send your child with outdoor clothing they can stay dry and comfortable.

Rain boots, and waterproof jackets for Primaries.

Waterproof jackets for Intermediates.

As we live in a temperate rainforest, rain is expected, and we send the students outside. Children need lots of fresh air and outdoor movement to be able to focus in class for the day.

Thank you for sending them in gear that lets them play in comfort.



Individual Picture RETAKES – Wed, November 17th

Bright and solid colours will make for the best photos. No green as it affects the screen. Long-sleeves are preferred.

[Click Here](#) to visit "Frequently Asked Questions" (FAQ) about Photo Day.

For further assistance, you can email Mountain West Customer Service department at coordinator@mountainwest.ca

Family Smart - Virtual Event

Registration: [FamilySmart Beyond Behaviours: When Is It More? What it Looks Like Ages 13+](#)

Date: **November 23rd 6:30pm to 8:00pm**

Please see the poster to follow with more information.

'intheknow'
Information and Support
For families and caring adults who are parenting a child or youth with mental health challenges.

Every month, we host events for families called 'in the know'. We watch a video, or listen to a speaker, and share experiences and strategies that help in the hard moments. We help focus on strengthening our understanding and connection with our kids.

Beyond Behaviours: When Is It More? What It Looks Like Ages 13+

Why can it feel so tricky to tell if our kids are on track, going through a phase, as opposed to struggling with something more, or beyond behaviours? In this video conversation, a parent and counsellor talk about the developmental stages of children who are 13 years of age and older.

Communities: Surrey/Delta/White Rock
Cost: Free of Charge
Date: November 23, 2021 at 6:30pm

Registration Required:
familysmart.ca/events

Events are facilitated by Parent Peer Support Workers.

familysmart.ca

FamilySmart
 Ministry of Children and Family Development
 here to help

PAC Newsletter

The PAC is trying to help the school purchase computer equipment and needs your help. A set of 10 computers is \$15,000.00! There are so many opportunities available... Please take some time to read the various options below and consider supporting the PAC and your child's school!

Neufeld Farms

Holiday Favourites Fundraiser including fun appetizers, gourmet entrees, quick & delicious meals, frozen meats, cookies and baked goods all locally made!

Order online through our hot lunch website <https://goldstonepark.hotlunches.net/admin/>.

Orders must be placed by Friday, November 19th! Pick up will be Wednesday, December 1st at 7:30pm. Please remember we will not be able to hold any orders due to not having access to freezer space.

HotLunch Volunteers

If you are available to volunteer for hotlunch please sign up [here](#).

Purdy's

Order your favourite holiday chocolates online through the Purdy's website:

<https://fundraising.purdys.com/1311606-88259>

Orders must be in by Saturday, November 27th. Pick up will be Friday, December 10th.

Community Holiday Help

We know the holidays can be a difficult time for some families in our school community and our PAC would like to offer an opportunity for our community to offer help. A donation option has been added to the hot lunch website for anyone wanting to make a donation towards providing holiday hampers to our families in need.

Domino's Raise the Dough Fundraiser Week

Dates will be announced shortly for an upcoming pizza take out or delivery from our local Domino's in both November and December.

Cobs Bread

When shopping at our local Cobs Bread at Panorama Marketplace (57th & 152) at any time during the school year please remember to mention Goldstone Park PAC and they will donate a portion of your purchase to us.

General Donation

If you would like to support our PAC but are not interested in participating in any of our fundraising, we have set up a general donation option on our hot lunch webpage for anyone wanting to still support PAC.

PAC Meetings

We will be meeting in the library, face to face, masked, sanitized and distanced. Meetings are 7:00pm please sign in at the front door when entering the school.

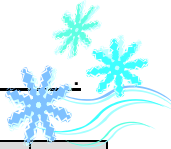
November 15	March 7
December 13	April 11
January 17	May 16
February 7	June 2

There are positions open for individuals wanting to take on an active role in the school. Please let the office know if you are interested or email PAC directly at goldstonepac@gmail.com.

Don't forget to follow us on Facebook @GoldstoneParkPAC to keep up to date with upcoming news!



Thank you for supporting **Goldstone Park Elementary PAC**
 Please make cheques payable to 'Goldstone Park Elementary PAC'
 Sellers Name _____ cell # _____ email _____



Order Deadline – Friday Nov. 19th, 2021 Delivery Date – Wednesday Dec. 1st at 7:30 p.m. @ the school	Customer Name											TOTAL CASES
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Unbaked Cookie Dough ~ 49 preformed 1oz. bake & serve pucks. **Sugar cookie** comes in a pail so you can roll out & use cookie cutters!

Chocolate Chip	\$15											
Oatmeal Raisin	\$15											
White Chocolate Chunk Macadamia	\$15											
Oatmeal Chocolate Chip	\$15											
Reese's Pieces Peanut Butter	\$15											
Circus Circus (Real M&M's)	\$15											
Cranberry Oatmeal Pecan	\$15											
Double Chocolate Chip	\$15											
Sugar Cookie (Pail, makes 49/1oz cookies)	\$15											
Butter Shortbread	\$16											
Wendel's Chocolate Chip (Certified Gluten Free & Vegan)	\$22											

Baked 9" Fruit Pies ~ Gourmet Deep Dish & filled with real fruit! **Baked 7" Turnovers** ~ Just thaw & serve! A real treat!

Apple	\$14											
Pumpkin	\$14											
Bumbleberry (Strawberry, Apple, Raspberry, & Blueberry)	\$14											
Strawberry Rhubarb	\$14											
Peach	\$14											
Apple Caramel Crumble	\$14											
Blackberry Peach Crumble	\$14											
Wendel's Apple Pie (Certified Gluten Free, 8" baked)	\$14											
Cinnamon Apple Turnover (4 Turnovers)	\$14											
Cherry Apple Turnover (4 Turnovers)	\$14											
3" Tart Shells (48 shells, unbaked, unsweetened)	\$14											

Sugarplum 8" Cheesecakes ~ Creamy baked cheesecakes made with real Philadelphia Cream Cheese! Securely boxed. Thaw & serve.

New York (Baked to perfection with golden edges!)	\$15											
Turtle (NY with caramel & chocolate drizzle topped with pecans!)	\$15											
TOTAL Money Collected												

Goldstone Park Elementary

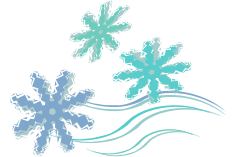
Holiday Favorites Fundraiser

Including Fun Appetizers, Gourmet Entrées
& our 'Quick & Delish' selection



ORDER DEADLINE – Friday Nov. 19th, 2021

**DELIVERY DATE – Wednesday Dec. 1st at 7:30 p.m.
@ the school**



Sellers are responsible for their customers' orders

**Just in time for Christmas! Order today, and enjoy the Holiday Season!
Pass along an order form to family & friends!**

FROZEN PRODUCT

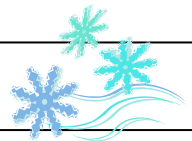
CASE SIZE

COST

APPETIZER - HANDPICKED CROWD PLEASERS

1. Sea Salt & Cracked Pepper Wings – Just bake until crisp! Awesome in your air fryer!	2 kg.	\$ 40.00
2. Honey Garlic Wings – Fully cooked, lots of marinade. Packed with flavor! Simply delish!	2 kg.	\$ 40.00
3. Mini Vegetable Spring Rolls – Just bake in the oven until light and crispy, and serve with Thai Chili sauce. An excellent addition to your appetizer menu! The best Spring Rolls around!!	40 pcs.	\$ 29.00
4. Tempura Battered Shrimp, tail on – Authentic light tempura style batter on a stretched Pacific white shrimp. Crispy & golden, oven friendly.	2.5 lbs.	\$ 34.00
5. Potato Scoops – A delicious new loadable potato snack with a thick-cut center made to handle any dip! Perfect for dipping, dunking and scooping! Pair with chili for a fun meal!	6 lbs.	\$ 21.00
6. Mini Potato and Cheddar Perogies – Bite size Perogies, make a great addition to your appy or brunch menu. Serve with sautéed onions, bacon & sour cream!	2/1.8 kg.	\$ 23.00
7. Vegetable Pakora – Get a little taste of India in these savory Pakora fritters. Filled with a mix of vegetables and ethnic spices. Use as a snack or appy. Approx. 60 pieces.	60 pcs.	\$ 26.00
8. Mini Vegetable Samosas – Bite-sized samosas generously stuffed with carrots, peas potatoes, and cilantro. They are oven ready and perfect for any occasion. Mildly spiced.	60 pcs.	\$ 38.00
9. Cheese Bites – Crispy tempura mini Italian style Mozzarella sticks. Serve with a bold red pepper jelly for the adults or marinara sauce for the kids! A fun appie or after school snack!	2 kg.	\$ 36.00
10. Pork Dry Ribs – Fully cooked rib pieces. Pub Style. Heat in oven or deep fry. A family favorite.	3 lb.	\$ 28.00
11. Pickle Spears – Brined pickles cut into wedges and lightly coated in a tangy dill breading. Awake your senses with this fun bold flavor & crunchy texture, perfect for dipping!	5 lb.	\$ 26.00
12. Bacon Wrapped Scallops – These make an elegant appetizer without the fuss. They are already skewered, so you just brush with a little BBQ sauce & bake! Great without sauce too!	2 lbs.	\$ 35.00
13. Crispy Tempura Zucchini Sticks – Oven ready, just bake and serve as a yummy appetizer or light snack! Awesome with Ranch or Parmesan dip! Try them in your air fryer.	5 lb.	\$ 24.00
14. Seasoned Beef Meatballs – Fully cooked 1/2 oz. beef meatballs lightly seasoned. These are the perfect size for appies or serve with smothered in marinara sauce on spaghetti.	2.27 kg.	\$ 34.00
15. Lobster Cakes – Taste the delicate sweet flavor of North American Cold Water Lobster in these gourmet homestyle seafood cakes. A tasty appetizer or serve with a salad for lunch.	13/3 oz.	\$ 35.00
16. Chicken Breast Nuggets – Juicy 100% white meat breaded and ready for dipping! Not just for the kids! Add a platter to your appy buffet with assorted dips and watch them disappear!	2.72 kg.	\$ 32.00
17. Mini Assorted Quiche – Flaky pastry filled with rich creamy savory fillings. Fully cooked. Assortment contains 10 each: Mushroom, Onion, Spinach, and Vegetable.	40 pcs.	\$ 24.00

GOURMET ENTREES - HOME FOR THE HOLIDAYS



18. Turkey Breast Fillets - The tenderloin of the turkey! Low stress, High Flavor! Try these oven roasted or use your Instant Pot, you're going to love them! Seasoned, boneless skinless.	2 kg.	\$ 26.00
19. Festive Turkey Cordon with Sage & Cranberry Stuffing - Turkey dark meat hand rolled with moist sage & cranberry stuffing. Lightly seasoned & breaded. A festive meal without the fuss!	12/6 oz.	\$ 38.00
20. Chicken Ala Neptune – Full muscle breast hand rolled around shrimp, scallops & garlic Butter. Lightly seasoned & breaded. Serve with steamed veg & wild rice for a decadent dinner!	12/6 oz.	\$ 45.00
21. Crème Brie, Apple and Cranberry Cordon – Moist breast meat stuffed with crème brie, apples & Cranberries. Lightly breaded. Impress your guests, this is a top seller!!	12/7 oz.	\$ 46.00
22. Cordon Swiss 'Country Style' – Breast meat hand rolled with Swiss cheese and smoked ham. Lightly seasoned and breaded. Makes a delicious but easy entrée. Oven ready.	32/4 oz.	\$ 56.00
23. Crispy Chicken Breast Fillet – Full muscle chicken breast, seasoned in a crispy coating and prebrowned. Just oven bake for a tender and flavourful entrée. Great as a burger too!!	4 kg	\$ 44.00
24. Breaded Veal Cutlets- Fork tender veal, hand coated in savory breadcrumbs. Oven ready for an easy weeknight dinner. Serve with mushroom sauce, gravy, or in your veal parmigiana!	16/4 oz.	\$ 36.00
25. Chicken Breasts, boneless skinless – Tender & juicy every time. Individually frozen, free run, and hormone free. Perfect for all of your chicken recipes. Our top seller! Seasoned.	4 kg.	\$ 46.00
26. Heritage Breasts, boneless skinless – Specialty grain fed, all vegetable diet, free run, non-medicated (no antibiotics), and hormone free. Individually Quick Frozen. Seasoned.	4 kg.	\$ 54.00
27. Clucks Chicken Fingers –These tender strips are our favorite! Just bake and serve with your favorite dipping sauce. Seasoned breading, they have a nice peppery bite to them!	4 kg.	\$ 58.00
28. Chicken Breast Fingers GLUTEN FREE –Yum! These breaded chicken strips are tender on the inside, crispy on the outside! Loved by adults & kids alike! New & improved!	2 kg.	\$ 42.00
29. Souvlaki Satays – Chicken breast marinated in a Greek marinade & woven onto a wooden Skewer. Serve with pita, tzatziki dip & Greek salad. Packaged tightly, may need to separate.	2 kg.	\$ 44.00
30. Thighs, boneless skinless – Fall in love with chicken thighs! They are more succulent and flavorful than chicken breasts. Your options with these are endless... switch things up!	2 kg.	\$ 33.00
31. Turkey Breakfast Sausage – A very lean and flavorful breakfast sausage. Packaged tightly, frozen in layers; liners between allow them to be pulled apart. May appear frosty.	2.27 kg.	\$ 23.00
32. N.Y. Striploin Steaks – There's nothing better than a delicious, juicy, mouth-watering steak!	9/8 oz.	\$ 63.00
33. Gourmet Halibut Burgers –Wild Alaskan full muscle fillets, lightly seasoned and Panko breaded for a crisp finish. Gourmet! These are at the top of the seafood burger line!	8/4.5 oz.	\$ 36.00
34. Shaved Prime Rib – Just thaw & simmer in beef jus (not included) and serve on a crusty roll for a deliciously tender beef dip! Stir fry with peppers for a Philly Cheesesteak. Yum!	12/5 oz.	\$ 44.00
35. Lean Ground Beef – Very lean ground beef, packaged in 1 pound chubs. No hormones.	10/1 lbs.	\$ 48.00
36. Maple Pork Breakfast Sausage – A great breakfast sausage with a hint of maple. Perfect for your family breakfast or brunch menu. Natural pork casing. 55 sausages. So good!!	2.27 kg	\$ 28.00
37. Ground Turkey, Lean – Make a heart healthy choice! Great for burgers, spaghetti, tacos, Turkey chili and more! Your options are endless! Comes packaged in 1 pound chubs.	8/1 lb.	\$ 30.00
38. Wild Coho Salmon Fillets – Caught in the pristine waters of the Pacific Ocean. Skin on. Mild flavor and high in anti-inflammatory, sustainable seafood.	8/6 oz.	\$ 49.00

QUICK, DELICIOUS & ALL LOCALLY MADE

39. Traditional Shepherd's Pie – Homemade goodness!! Made with beef, veggies and gravy topped with buttery mashed potatoes and cheddar cheese. Comfort food for rainy days!	4/850 gr.	\$ 46.00
40. Savoury Salmon Hand Pie – Puff pastry generously stuffed with wild salmon and creamy spinach & artichoke filling. This handmade pastry makes a gourmet meal, serve with a salad!	18/100 gr.	\$ 36.00
41. Helmi's Premium Homemade Perogies – 2 bags of potato, cheddar cheese & onion, and 2 bags potato, bacon and onion. Serve with sautéed onions, bacon & sour cream. (24 per 1 kg)	4/1 kg.	\$ 33.00
42. Chicken Pot Pies - Chicken, potatoes, veggies and gravy in a gourmet crust.	12/4 inch	\$ 36.00
43. Creamy Bacon Pasta Combo - 2 trays of Five Cheese Macaroni with Bacon and 2 trays of Creamy Pasta with Turkey Sausage & Bacon! Enjoy with a side salad & garlic toast!	4/1.13 kg.	\$ 36.00
44. Pizza Variety Pack - Individual 6 inch pizzas. 6 pepperoni, 6 ham and pineapple, 6 cheese.	18/6 inch	\$ 38.00
45. Meat Lasagna with 4 Cheeses – Fresh pasta layered with meat sauce, mozzarella, cottage, Romano, and parmesan cheeses! Personal size serving trays (330 gr).	8/330 gr.	\$ 30.00
46. Breakfast Burrito – A hearty burrito filled with scrambled eggs, ham, bacon, veggies & Cheese! Microwave or bake for your breakfast on the go!	16/135 gr.	\$ 38.00

Please circle items ordered on this sheet and keep for your records

Goldstone Park Elementary PAC Order Form - Name _____

Phone number day of delivery _____ Email _____



Please make cheques payable to 'Goldstone Park Elementary PAC'												Neufeld Farms Fundraising	
Products	Size	Price										TOTALS	
1	Sea Salt & Cracked Pepper Wings	2 kg.	\$40.00										1
2	Honey Garlic Wings	2 kg.	\$40.00										2
3	Mini Vegetable Spring Rolls	40 pcs.	\$29.00										3
4	Tempura Battered Shrimp	2.5 lbs.	\$34.00										4
5	Potato Scoops	6 lbs.	\$21.00										5
6	Mini Potato and Cheddar Perogies	2/1.8 kg.	\$23.00										6
7	Vegetable Pakora	60 pcs.	\$26.00										7
8	Mini Vegetable Samosas	60 pcs.	\$38.00										8
9	Cheese Bites	2 kg.	\$36.00										9
10	Pork Dry Ribs	3 lbs.	\$28.00										10
11	Pickle Spears	5 lbs.	\$26.00										11
12	Bacon Wrapped Scallops	2 lbs.	\$35.00										12
13	Zucchini Sticks	5 lbs.	\$24.00										13
14	Seasoned Beef Meatballs	2.27 kg.	\$34.00										14
15	Lobster Cakes	13/3 oz.	\$35.00										15
16	Chicken Breast Nuggets	2.72 kg.	\$32.00										16
17	Mini Assorted Quiche	40 pcs.	\$24.00										17
18	Turkey Breast Fillets	2 kg.	\$26.00										18
19	Festive Turkey Cordon	12/6 oz.	\$38.00										19
20	Chicken Ala Neptune	12/6 oz.	\$45.00										20
21	Crème Brie, Apple & Cranberry Cordon	12/7 oz.	\$46.00										21
22	Cordon Swiss, Country Style	32/4 oz.	\$56.00										22
23	Crispy Chicken Breast Fillets	4 kg	\$44.00										23
24	Breaded Veal Cutlets	16/4 oz.	\$36.00										24
25	Chicken Breasts, boneless skinless	4 kg.	\$46.00										25
26	Heritage Breasts, boneless skinless	4 kg.	\$54.00										26
27	Clucks Chicken Fingers	4 kg.	\$58.00										27
28	Chicken Breast Fingers, Gluten Free	2 kg.	\$42.00										28
29	Souvlaki Satays	2 kg.	\$44.00										29
30	Thighs, boneless skinless	2 kg.	\$33.00										30
31	Turkey Breakfast Sausage	2.27 kg.	\$23.00										31
32	N.Y. Striploin Steaks	9/8 oz.	\$63.00										32
33	Gourmet Halibut Burgers	8/4.5 oz.	\$36.00										33
34	Shaved Prime Rib	12/5 oz.	\$44.00										34
35	Lean Ground Beef	10/1 lb.	\$48.00										35
36	Maple Pork Breakfast Sausage	2.27 kg.	\$28.00										36
37	Ground Turkey, lean	8/1 lb.	\$30.00										37
38	Wild Coho Salmon Fillets	8/6 oz.	\$49.00										38
39	Traditional Shepherd's Pie	4/850 gr.	\$46.00										39
40	Savoury Salmon Hand Pies	18/100 gr.	\$36.00										40
41	Helmi's Homemade Perogies	4/1 kg.	\$33.00										41
42	Chicken Pot Pies	12/4 inch	\$36.00										42
43	Creamy Bacon Pasta Combo	4/1.13 kg	\$36.00										43
44	Pizza Variety Pack	18/6 inch.	\$38.00										44
45	Meat Lasagna with 4 Cheeses	8/330 gr.	\$30.00										45
46	Breakfast Burrito	16/135 gr.	\$38.00										46
	Total Cases												
	Total Money												



RED CROSS STAY SAFE COURSE

1 Day | Youth 9-13 years | \$65 including GST

NOW ONLINE!

Do you or your parents want to feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation?

Interactive and fun! Covered in this course:

- healthy choices
- my time: scheduled and leisure activities
- expecting the unexpected
- first aid

Enter Code
GoldstonePAC
for your school
to earn
\$8 from your

WHERE: Online, from the comfort of your home!

WHEN:

- Various one day sessions
- Various after school sessions
- Various weekend sessions

TIME: Varies! Pro-D day, weekend or afternoon sessions available. Visit our website for details!

COURSE SUPPLIES: will be mailed directly to each student prior to the course date

Students must have their camera on during the course and remain respectful to the instructor and other students.

HOW TO SIGN UP:

Online – Please follow the registration link online at www.firstaidhero.com and use promo code **GoldstonePAC** for your group to earn \$8 from your registration!

Mail – please fill out the registration form on the reverse of this page and mail along with your payment to the address on the other side of this form. Registration is not confirmed until payment is received.

ABOUT FIRST AID HERO: Authorized Red Cross Training Partner, First Aid Hero specializes in Babysitting, Stay Safe and other recognized First Aid courses for children. All instructors of First Aid Hero are experienced and qualified!



RED CROSS BABYSITTING COURSE

1 Day | Youth 11-15 years | \$65 including GST

NOW ONLINE!

So you want to be a babysitter? Or, your parents want you to take this course so they feel confident leaving you at home alone?

Different from all other babysitting courses! Babysitting with First Aid Hero emphasizes first aid and learning through real life scenarios. Covered in this course:

- exploring the business of babysitting
- creating safe environments
- safely caring for ages 0-12
- first aid skills

Enter Code
GoldstonePAC
for your school
to earn
\$8 from your

WHERE: Online, from the comfort of your home!

WHEN:

- Various one day sessions
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